

SHABNA NIYAZ

Physiotherapist

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DHA Eligibility Reference:
DHA/LS/462018/819611

Career objective

To develop and apply my skills and knowledge in the field of physiotherapy, improving patient care, and pursue a challenging and growth-oriented career in an organization that offers opportunities to learn and grow by delivering the results.

Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

Duties

- Providing Physiotherapy treatment for both outpatient and inpatients.
- Responsible for managing a clinical caseload, Physiotherapy assessment and treatment plan to the highest standard in various conditions such as: Musculoskeletal, Neurological, Stroke Management, Geriatric Physiotherapy, Paediatric Physiotherapy, Orthopaedic and Sports Injuries

Key Skills & Competence

- Working with respiratory, orthopaedic, acute neurological and multi-pathology patients
- Team work skills developed while involved in teaching and managing physiotherapy assistants in the delivery of neurology treatment plans
- Prioritizing urgent referrals and emergency cases
- Responsible for managing a clinical caseload, providing physiotherapy assessment and treatment to the highest standard. Ensuring that equipment used in carrying out physiotherapy duties is safe
- Involved in ward rounds
- Excellent verbal and non-verbal communication skills
- Organizing & prioritizing own workload & delegating responsibilities accordingly
- Experience of dealing with emotional and stressful situations
- Ability to work independently in busy environment
- Can motivate others through effective communication skills
- Able to deal with hostility in the form of verbal and physical aggression

Professional Experience

Worked as Chief Physiotherapist from 11/01/2016 till 16/05/2018 at Sraddha Physiotherapy & sports medicine Clinic, Guruvayoor. Kerala.

Worked as a Physiotherapist from 13/10/2014 till 13/01/2015 350 Bedded Multispecialty Mother Hospital, Thrissur. Kerala.

Worked as Clinical Physiotherapist from 5/5/2014 till 11/10/2014 at Brain's Physiotherapy Centre, Thrissur. Kerala.

Educational Qualifications

- **Bachelor of Physiotherapy (BPT) - April 2014.**
Yenepoya Physiotherapy College
Yenepoya University, Mangalore, India,
- **GRADE +2, Higher Secondary Education (H.S.E) – March 2008.**
Focus Islamic English Higher Secondary School,
- **GRADE 10, (SSLC) - March 2006.**
Focus Islamic English Higher Secondary School,

Achievements

Awarded Gold Medal at University Level during Bachelor of Physiotherapy Got overall Distinction during Bachelor of Physiotherapy

Internship

- **Yenepoya Medical College Hospital**
850 bedded multi-specialty hospital with fully equipped Physiotherapy department.
Departments:
 - Orthopaedics and Sports Rehabilitation
 - Neurological Rehabilitation
 - Cardiopulmonary Rehabilitation
 - Community Rehabilitation**Responsibilities:**
 - Working with patients to identify the physical problem;
 - Developing and reviewing treatment programmes;
 - Assisting patients with joint and spinal problems, especially following surgery;
 - Writing patient case notes and reports;
 - Liaising with other healthcare personnel to ensure effective therapy;

BLS Provider

American Heart Association Certified BLS Provider for Health care professionals, CPR and AED program. (Date Completed:17-July-2019 – Expiration Date: July 2021)

Conferences / Workshops/ Seminars attended

- Workshop on Advanced Integrated Soft Tissue Techniques for Upper and Lower Quadrant, Yenepoya University.11-15th December 2012.
- National Level Conference Physio Accord 2014, Karnataka Physiotherapists, Bangalore 17th-18th January.
- Workshop on Radiology for Health Professional- Learn through Virtual Animation, Yenepoya University.23rd, 24th January 2014.
- Workshop on Evidence Based Practice in Health Sciences, Yenepoya University, 7th and 8th February 2014.
- CME Programmer on “Recent Trends in Psychiatric Rehabilitation”, Yenepoya University, 5th March 2014.

References

Prof. S Padma Kumar

Principal Yenepoya Physiotherapy College, Mangalore
<mailto:principalpc@yenapoya.edu.in>

Personal Details

Date Of Birth : 05/10/1989
Gender : Female
Religion : Muslim
Marital status: Married
Nationality : Indian
Passport No : M4271403
Visa Status : Husband Visa
AIAP Reg : 11794 B
DHA Eligible : YES

Declaration

I hereby declare that all the information stated in these curriculum vitae is true.
Any further clarifications regarding any of the above stated data shall be provided if necessary.

Yours truly,

Shabna Niyaz