

PERSONAL INFORMATION



Fathima Junaidha KM

📍 Ajman, UAE
📞 0558256546
✉️ junujunaidha@gmail.com

Date of Birth : 17/03/1993
Marital Status : Married
Nationality : Indian
Known Languages : English, Hindi, Tamil, Malayalam

CAREER OBJECTIVE

To render the best of Optometric service to humanity through acquired knowledge and professionalism and to work in a challenging environment with determination, hard work and professionalism. Holding a valid DHA eligibility letter.

EXPERIENCE

Sankara Netralaya (Internship)

15/04/2014 - 25/06/2015

Intern/Optometrists

- Taking detailed patient history. ○ Doing manual refraction and cyclopaedic refraction if needed.
- Slit lamp examination
- IOP measurement ○ Anterior segment evaluation if needed. ○ Referring to ophthalmologist in need. ○ Other tests like pachymetry, dry eye tests, petacam, corneal topography, A scan.
- Specialised diagnosing procedures like perimetry or field testing, ERG, OCT. ○ Dealing patients in low vision care clinic and rehabilitation centre. ○ Working experience in Binocular vision clinic and Vision therapy clinic.
- Handling paediatric patients and doing complete vision assessment in nonverbal children too. ○ Dealing patients with computer vision syndrome in Computer Vision clinic.
- Contact lens clinic - taking measurements, fitting and explaining patients about contact lens hygiene regime.
- Optical service - fitting spectacles, taking IPD measurements, explaining to patients about all kinds of lenses and new types of spectacles according to their occupation needs.
- Troubleshooting and solving all doubts and issues with new spectacles or contact lenses. ○ Entering all details and test results in electronic medical records.

Medical eye glasses

10/07/2015 - 30/12/2015

Optometrist

- Doing refraction and prescribe spectacles or contact lens as per patients need. ○ Explaining patients about types of lenses and their uses. ○ Managing sales and dispensing. ○ Troubleshooting and solving issues with adaptation to new lenses

- Taking accurate and detailed patient history.
- Doing manual and automated refraction.
- Checking anterior eye with slit lamp.
- Paediatric vision assessment.
- Binocular vision assessment.
- Cycloplegic refraction.
- Perimetry/ field testing.
- Contact lens assessment and fitting.
- IPD measurements.
- Recording all patient evaluation and test results in EMR.

Ayn optics and eye clinic

05/02/2018 - 02/10/2018

Senior Optometrist

- Taking detailed patient history.
- Doing refraction manually
- Doing other needed tests like NPA & NPC, torch light examination, cataract evaluation.
- Explaining patients about the need of spectacles especially in myopic and early presbyopia patients.
- Counselling patients
- Dispensing spectacles and contact lens.
- Troubleshooting issues with adaptation to new lenses.
- Writing prescriptions
- Helping patients choose ideal spectacle frame according to their face shape.
- Explaining patients about new types of lenses according to their occupation and needs like types of progressive lenses
- Sales and dispensing of spectacles
- Managing all records of patients.

EDUCATION

Elite School of Optometry/ Birla Institute of Technology and Science	2015	BSc.
Optometry	5.60	
St. Joseph's Girls Higher Secondary School	2011	
HSE- Plus two	80%	
Mount Tabor English School	2009	
SSLC/CBSE	83%	

TECHNICAL SKILLS

- Precise and detailed history taking
- Accurate refraction Slit lamp examination IOP evaluation
- Binocular vision assessment
- Paediatric vision assessment
- Experience with diagnosing procedures like Perimetry, ERG, OCT, A-scan, Corneal Topography, Pachymetry, Pentacam.

- Good knowledge and practical experience in specialised clinics like low vision care and rehabilitation, squint clinic, vision therapy, contact lens clinic.
- More than a year experience with retail optical services handling sales and management of spectacles and contact lenses
- Dispensing contact lenses and spectacles
- Troubleshooting
- Expert in dealing with multicultural and multilingual society
- Good knowledge in using computers and experience with electronic medical records.
- Good communicating skills in more than 3 languages - English - fluency in speaking and writing. Hindi - speaking fluency, Tamil - speaking fluency, Malayalam - mother tongue

PROJECTS

Non induced transient myopia

3 months

Comprehensive project work and literature review on non-induced transient myopia.

MEMBERSHIPS

Member of the Optometry Council of India.

ACTIVITIES

Conferences and workshops attended

- 13th Dr. E Vaithilingam memorial scientific session in 2014.
- 12th Dr. E Vaithilingam memorial scientific session in 2013
- EIVOC (ESO international vision science and optometry conference) in 2015
- Participated in many vision screening, cataract screening, diabetic retinopathy and refraction camps and screened around 4000 people.
- Industrial visits as a part of occupational optometry to Regional labour institute Chennai, Chennai Petroleum Corporation Limited Chennai Lucas-TVS Padi Chennai
- Presented and participated in various seminars and in house CME programmes during the Optometry course 2011 - 2015.

DECLARATION

I hereby declare that the details furnished above are true to the best of my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Fathima Junaidha KM