## **Tahira Irshad**

#### Senior Sonographer

LINCS Radiology, Lahore, Pakistan

Cell:+92 333 4333217

Email: <a href="mailto:student.brad@gmail.com">student.brad@gmail.com</a>

**Profile:** HCPC/DHA-licenced sonographer/ultrasound technologist with over 7 years of dedicated experience in utilising advanced technologies to provide high-quality diagnostic ultrasound services in the leading teaching hospitals and health care industry. I excel at working in fast-paced, slave-driven environments demanding strong organisational, leadership, technical, and interpersonal skills. Strengths also include being detail-oriented, efficient, resourceful, and effective at multitasking.

Experienced, certified, and committed sonographer for precision and accuracy, Works closely with radiologists and sonologists. Has trained radiology residents, sonography trainees, and radiologic technology interns. collaborating effectively within multidisciplinary teams and maintaining the highest standards in patient care. a proven track record of enhancing efficiency and accuracy in the diagnostic process and continuous professional growth through education and training. Reflecting experience through advanced knowledge of examinations in the abdomen, small parts, colour doppler, vascular, OB/GYN, and ultrasound-guided procedures

#### **Professional Qualification:**

- Bachelor of Science in Medical Imaging Technology (5 Years Hons Degree) University of Lahore, Punjab Pakistan. (2012-2017)
- Post Graduate Certificate In Advance Ultrasound and Colour Doppler
- Basic Life Support Trained Certificate
- Current and up to date state registration through a regulatory body

DHA (Dubai) ID: 86734522 Expiry - 06-09-2024 HCPC (UK) ID: RA092544 Expiry-28-02-2026

#### **POCUS Ultrasound & Practical Proficiencies**

■ OB/GYN Basic	■ TVS & TAB Ultrasound	■ 3D/4D Anomalies Scan
■ Basic Abdomen	■ Hepatobiliary/Spleen	<ul><li>Renal Genitourinary</li></ul>
<ul> <li>Assists US Guided Biopsies</li> </ul>	■ Breast Screening	■ Thyroid screening
■ Doppler Ultrasound Basic	■ DVT/Varicose	■ Carotid Ultrasound

#### **Essential Clinical & Non Clinical Skills:**

- Provide a high-quality professional experience for patients, supporting them throughout the process from referral
  to results.
- Independently provide general abdominal, pelvic, and small parts ultrasound scanning services.
- Independently produce a clinical report according to high standards, for each completed scan.
- Participate in matters concerning clinical governance, clinical audits and quality assurance.
- Undertake administrative duties ensuring patient information systems are up to date and maintained.
- High self awareness, understanding own strengths, emotions limitations
- Ability to teach and mentor different levelled staff.
- Excellent team and personal organisational skills
- Quality assurance
- Data Protection Act
- PACS and RIS System working Knowledge
- Ability to work under pressure
- Ability to work on own initiative
- Experience of quality assurance, research and audit.
- Excellent oral and written communication skills
- Strongly believe and have an understanding of commitment to Equality, Diversity and Inclusion
- Strongly believe in practice under international health care values of patients and people focussed, Respect, Integrity, Dedication and Excellence.

# **Professional Experience**

Senior Sonographer (2021-Todate)

#### **LINCS Radiology Shadman Lahore**

#### **Key Contributions and Responsibilities:**

- Fully responsible at all times for the patients' welfare and comfort.
- General scan, gynaecology, abdomen, kub, aorta surveillance scanning, and cirrhosis surveillance.
- Fully accountable for the ultrasound scans with a high degree of professional autonomy in decision-making in order to improve patient outcomes.
- Use judgement skills to acquire the optimum information in each examination performed and provide a timely, accurate, and comprehensive diagnostic report with further management.
- Time management skills, as all cases are booked in 10–25 minute slots, in which preparing the patients and scanning and writing the reports have to be done.
- Effective interpersonal communication skills working under a senior radiologist.
- Accurately followed departmental guidelines and protocols for every
- Correlate clinical history with ultrasound findings and document all information in a report.
- Efficiently utilise appropriate lines of communication for problem solving and conflict management.
- Transferred and verified image data in PACS and other digital and reporting systems providing necessary medical history and information for Radiologist interpretation.
- As part of my current job duties as a senior sonographer, I am handling the following tasks on a daily basis,
  - Performing 20–25 (9 a.m.–5 p.m.)
  - General Scans (Abdomen, Kub): 30–40 % of work load
  - Gynae Scans 30–40 % of work load
  - Screening 10-20 % of work load

#### Sonographer

(Feb 2020-March 2021)

## Radiology PAF Teaching Hospital Sargodha

#### **Key Contributions and Responsibilities:**

- Performed a variety of ultrasound exams in a fast-paced environment, including abdomen, OB/GYN, and vascular ultrasound.
- Assisted in thoracentesis, endometrial biopsy, and thrombolytic therapy, and conducted breast and thyroid biopsies.
- Utilised and produced adequate sonograph on different models of different company machines.
- Provides care to neonate, paediatric, adolescent, adult, and geriatric patients.
- Promotes professionalism with the department, hospital, and community; acts as a role model
- Demonstrates proficiency in performing all exams according to protocol.
- Maintains the physical environment of the department in a clean, well-stocked, orderly manner.
- Ensuring that the patient was provided with the relevant information to allow informed choice and awareness of their condition and management.
- Ensured patient, visitor, and environmental safety. Reported safety events immediately including those that are a near miss.

#### Jr.Sonographer

(Sep 2017-March 2020)

#### **TEAMS Diagnostics**

### **Key Contributions and Responsibilities:**

- Practiced abdominal, Obs and gynae sonography, assisting senior sonographers in the diagnostic process.
- Collaborated on a research study that aimed to improve the diagnostic accuracy of specific ultrasound markers.
- Took the initiative to improve equipment sterilization procedures, reducing contamination cases by 20%.
- Performed general and vascular ultrasounds in a hospital setting under supervision.
- Reviewed the patient's order and gathered all relevant information necessary for the exam.
- Used highly skilled techniques to provide optimal images to assist in the diagnosis of the patient.
- Prepared detailed preliminary reports and corresponded findings to the physician.
- Assisted the radiologist in thoracentesis, paracentesis, and biopsy procedures.

References: Will Be provide on request.