

AHMED MAHMOUD ELTANTAWI

AHMAD1160@hotmail.com

+971-508757594

DHA eligibility letter

Date of birth: 15/6/1998

<https://eg.linkedin.com/in/ahmad-tantawi-57624415b>

PROFESSIONAL SUMMARY

Experienced Physiotherapist with a 2 years of expertise in pediatric rehabilitation, 2 years in neurological rehabilitation, sports injury and orthopedic treatment. Proficient in patient education, manual therapy and clinical research. Demonstrated success in developing personalized treatment plans and consistently achieving positive outcomes. Committed to ongoing professional development and providing exceptional care.

SKILLS

- basic life support
- orthopedic rehabilitation
- Electrotherapy and ultrasound management
- sports injury management
- joint mobilization Techniques
- massage therapy
- treatment planning
- post-surgical rehabilitation
- spinal manipulation
- orthopedic assessment
- orthotic prescription
- pediatric rehabilitation
- Dry needling
- cupping therapy
- myofascial Release
- pain management techniques
- balance training
- neuromuscular rehabilitation
- stroke rehabilitation
- ergonomic assessment
- acupuncture treatment
- therapeutic exercise prescription
- pelvic floor rehabilitation
- geriatric care
- Lymphedema management
- Scoliosis management

WORK HISTORY

Al-Safwa Physiotherapy central (2021- present)

- I worked with children with a variety of conditions (Cerebral palsy, spina bifida, Traumatic brain injury, Down syndrome, Developmental coordination disorder, muscular dystrophy, scoliosis, spinal muscular Atrophy).
- Assessment of flexibility, strength, posture, gait, sensory processing, balance, coordination and skill.
- Improves posture, integrates reflexes, gross motor skills, functional mobility, muscle balance, muscle strength, coordination, range of motion and gait training.
- Use different techniques and modalities in treating pediatric (NDT-CME-suit modification-orthosis)

El Mansoura Physiotherapy center (2022 - 2024)

- Collaborate with healthcare professionals to provide comprehensive care.
- Develop comprehensive treatment plans for various conditions including spine pain, stroke rehabilitation.
- Provide functional electrical stimulation, endurance exercises, proprioception training and plyometric training in sports injuries such as (ACL rehabilitation, ankle sprain, meniscal rehabilitation, post-surgical, muscle strain).
- Perform pelvic floor and core stability exercises in urinary incontinence, erectile dysfunction and pelvic dysfunction
- Implement massage therapy and cupping techniques improve the recovery of chronic injuries in sports players.
- Provide traction therapy, manual techniques and postural correction exercises for patient with spine pain.

Egyptian ministry of health (Belqas central hospital) (2023 - present)

- Followed all company policies and •procedures to deliver quality work.
 - Provide mobility care, postural drainage techniques, ROM exercises.
 - Successfully performed McKenzie's exercises (ELRAZZY rotation techniques) for lumbar disc prolapse patient, achieving full recovery..
 - Executed a range of physiotherapy techniques, including manual therapy, electrical muscle stimulation, and ultrasound, which resulted in a 60% improvement in patient recovery rates within 3 months.
-

EDUCATION

- Bachelor's degree in physical therapy 2016 — 2021
- Delta University of Science and Technology Diplomas
- FIFA Diploma in football medicine
- Clinical nutrition Diploma (medix , zewail city)

TRAINING AND COURSES

- Athar pediatric course for two month
 - manual therapy diploma (AIMS)
 - basic life support
 - workshop scoliosis management
 - workshop for cerebral palsy assessment & the treatment based on NDT
 - workshop challenging disability for physical therapy
 - functional Anatomy course
 - Dry needling course
 - cupping therapy course
 - The 1st international conference of faculty of physical therapy - the 2nd Delta canal association of diabetes
 - humans resources program course
 - businesses administration & marketing course
 - soft skills course
 - integrated completed ICDL course
 - professional educational course in integrated English program
-

LANGUAGES

Arabic: Native

English: very good