

#### CONTACT

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#### **SKILLS**

- · Critical Thinking
- Communication
- Compassion
- Time Management
- Technical Competence

## **ACHIEVEMENTS**

- Basic Life Support (BLS) Certification
- UAE MOH Reference Number 306848

#### PROCEDURE ATTENDED

- Bone Marrow Aspiration
- Lumbar Puncture
- Urinary Catheterization
- Ryles Tube Insertion
- Ascitic and Pleural Tapping
- PICC Line and Central Line Dressing

## **EQUIPMENT HANDLED**

- Thermometer and BP Apparatus
- ECG Machine
- Syringe Pump and Infusion Pump
- Glucometer and Pulse Oximeter
- Suction Apparatus
- Nebulizer
- Ambu Bag and Crash Cart

# **LANGUAGES KNOWN**

- English
- Malayalam
- Tamil

# REGISTERED NURSE AMRUTHA AJAYAN

Dedicated and compassionate Registered Nurse with over two years of experience in patient care. Proficient in administering medications, wound care, and monitoring patient vitals. Committed to ensuring the well-being and comfort of patients through effective communication and teamwork. Adept at collaborating with interdisciplinary teams to deliver comprehensive healthcare solutions, with a strong emphasis on empathy and clinical expertise. Focused on making a positive impact on patients and their families every day.

# **EXPERIENCE**

# Staff Nurse | Aamri International Hospital

#### AUG 2023 -MAY 2024

- Participated in cancer research, contributing to the development of improved treatment protocols.
- Conducted daily patient assessments and monitored health conditions.
- Specialized in the care of patients at risk of falls, providing targeted support and education.
- Educated patients and their families on cancer etiology and treatment options.
- Delivered compassionate palliative care to enhance patient comfort.
- Collaborated with interdisciplinary teams to optimize patient outcomes.
- Implemented evidence-based nursing interventions and maintained accurate medical records.

## Registered Nurse | VPS Lakeshore

# MAY 2022 - AUG 2023

- Administered cancer treatments with precision and adherence to protocols.
- Assisted in the development and implementation of individualized pain management strategies.
- Monitored and assessed patient vitals and conditions, promptly addressing any changes or complications.
- Provided empathetic support to patients and families during challenging times.
- Safely administered blood transfusions and medications, following strict protocols.
- Supported physicians during treatments and diagnostic procedures with thorough assistance.
- Engaged in continuous professional development to enhance nursing skills and knowledge.

#### **EDUCATION**

# 2021 RAJEEV GANTHII UNIVERSITY

**BSc Nursing** 

# 2012 BOARD OF PUBLIC EXAMINATION KERALA

**Higher Secondary** 

# 2010 BOARD OF PUBLIC EXAMINATION KERALA

Secondary School