

ANUPAMA RAJU UAE M.O.H

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Mail4anupamaraju@gmail.com

M Sharjah UAE

B.Sc. NURSING

- Rajiv Gandhi University of Health Science, Karnataka
- Vikram College of Nursing

HIGHER SECONDARY

- **Board of Higher Secondary** Examination, Kerala, India
- Meenagady, Govt. Higher Secondary School, Meenagady, Wayanad
- 2009

SSLC

- Board of Public Examination, Kerala, India
- Fr, G KMHS Kaniyaram Manathavady, Wayanad
- 2007

COMPUTER PROFICIENCY

MS Office **Basic Operations Internet & Email**

Dedicated and compassionate nurse with 8 years of experience in medical and surgical ward settings, specializing in pre-operative and post-operative nursing care. Skilled in providing comprehensive patient care throughout the surgical journey, assessing patient needs, and coordinating care plans. Strong knowledge of surgical procedures, wound care, and infection control practices. Excellent communication and interpersonal skills, dedicated to delivering high-quality care and ensuring patient comfort and safety.

KEY SKILLS

Team Work Work Ethic Wound care Vital Signs Monitoring **ECG** interpretation **Chest Tube Management Patient Assessment Patient care Infection Control Blood Transfusion IV Therapy**

STAFF NURSE | 11 Sep 2018 - 17 Jul 2023 KING SAUD HOSPITAL, UNAIZAH SAUDI ARABIA (MINSTERY OF HEALTH KSA, ACCREDITED BY CBAHI (Central Board Of Accreditation for Health Care Institution) and Plane Tree Certification for Excellence in person- Centered Care (Silver).

Department : Surgical Ward Bed capacity: 294 bedded

STAFF NURSE | 19 OCT 2015 - 03 Jun 2018 MAX SUPER SPECIALITY HOSPITAL SAKET, DELHI ACCREDITED BY JCI, NABH AND NURSING EXCELLENCE FROM NABH

Department : RESPIRATORY AND GASTERO WARD

Bed Capacity : 532 bedded

KEY RESPONSIBILITIES

- Assessing and evaluating patients' health status and developing care plans.
- Administering medications and treatments as prescribed by physicians.
- Administering pre op- operative and post-operative medications as prescribed.
- Assisting patients with activities of daily living such as ambulation and hygiene.
- Monitoring patients' vital signs and symptoms, and reporting any changes to the healthcare team.
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- Collaborating with healthcare professionals, such as physicians, therapists, and social workers, to ensure a coordinated approach to patient care.
- Developing discharge plans and ensuring a smooth transition to the next level of care.

PERSONAL DOSSIER

Gender : Female

Date of Birth : 17/04/1991

Nationality : Indian
Marital Status : Married

Permanent Address

MURUPPEL House Poroor, Wayanad PO., Wayanad, Kerala, India

Pin: 670644

LANGUAGES KNOWN



INTERESTS







Songs

Travelling Reading

REFERENCE

Dr. Mohammed Ibrar FCPS
 (CONSULTANT GENERAL
 SURGERY) KING SAUD
 HOSPITAL UNAIZAH KSA
 CONT:00966581229669

Mrs. Mintu E Varghese (Nursing Supervisor) KING SAUD HOSPITAL UNAIZAH KSA CONT:009665773772451 - Participating in quality improvement initiatives to ensure the delivery of safe and effective patient care.

Implementing evidence-based practices to improve patient outcomes.

ACHIEVEMENTS

Honored with the Best Nurse Award at King Saud Hospital in Unaizah. (2022)

EQUIPMENTS HANDLED

- Blood pressure monitors
- EKG machines
- Pulse oximeters
- Ventilators
- Cardiac monitors
- Syringes
- > IV pumps
- Catheters
- Feeding tubes
- Nebulizers
- Suction Apparatus
- BiPAP
- Bladder scanner
- Under water seal drain and chest tube

PASSPORT DETAILS

Passport Number : V4882548

Date of Expiry :16/12/2031

Place of Issue :Kozhikode

Visa status :Visit visa (05/11/2023)

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

ANUPAMA RAJU