

# MOHAMED MUVAFFIK MOHAMED AADHIL



## Personal details



aadhil\_rc@yahoo.com



+971-522-479-588



Al-Fahidi, Dubai, UAE



[www.linkedin.com/in/aadhil-muvaffik-ba9686242](https://www.linkedin.com/in/aadhil-muvaffik-ba9686242)

## Languages

English ●●●●●

Sinhala ●●●●●

Tamil ●●●○○

Bengali ●●○○○

## Clinical Skills

- Elective and Emergency Intubation
- DC Cardioversion and Defibrillation
- Venepuncture and I/V Cannulation
- Arterial Blood Gas Sampling
- Collection of blood culture
- Blood Transfusion
- Thoracentesis
- Paracentesis

## Profile

I am an accomplished General Practitioner with a proven track record in general medicine and general surgery within hospital settings. With the ability to adeptly diagnose and manage a wide range of medical and surgical conditions and emergencies, I am committed to providing patients with the highest level of care. My empathetic and professional approach is complemented by a strong work ethic, allowing me to excel under pressure while collaborating seamlessly with other medical professionals.

## Education

- **M.B.B.S - University of Science and Technology**  
Chittagong, Bangladesh - (Sep 2012 - Jun 2018)
- **IELTS - International English Language Testing System**  
Overall Band Score 8.5 - (Apr 2022)

## Licences / Registrations

- **Sri Lanka Medical Council** - Reg No. 38698
- **Dubai Health Authority** - ID No. 96002792
- **Ministry of Health and Prevention (U.A.E)** - Ref No. 289896

## Accreditations / Certificates

- **Successfully completed Basic Life Support (BLS) by American Heart Association (AHA)** - (JUL 2023 - JUL 2025)
- **Successfully completed Advanced Cardiovascular Life Support (ACLS) by American Heart Association (AHA)** - (AUG 2023 - AUG 2025)

## Work Experience

**Medical Officer - Internal Medicine** - (Oct 2021 - Present)  
**Batticaloa Teaching Hospital** - 1200 Bed Hospital affiliated to the Eastern University of Batticaloa.

- Managed medical emergencies such as acute exacerbations of asthma/COPD, acute coronary syndromes, acute heart failures, cerebrovascular accidents, resuscitation of unconscious patients and cardiorespiratory failure as per ACLS guidelines, diabetic emergencies, hypertensive emergencies etc.

- Nasogastric tube insertion
- Interpretation of ECG and X-Ray
- Lumbar Puncture
- Urinary Catheterization
- Nasopharyngeal and oropharyngeal swabs for Covid testing
- Basic bed side Ultrasound Scan
- Suturing of wounds and suture removal
- Minor surgical procedures (Incision and drainage of abscesses, excision of lumps, wound debridement, applying POP cast for fractures)
- Assisting major surgeries and sample collection

## Soft Skills

- Leadership Skills
- Team Work
- Interpersonal Skills
- Attention to Detail
- Risk-Assessment
- Decision Making
- Communication Skills
- Empathy

- Examined patients, documented medical history, requested appropriate diagnostic tests, interpreted the results in order to develop treatment plans, performed ward rounds to monitor the progress of weekly average of 200 in- patients, documented the patient outcomes and referred to appropriate clinics.
- Conducted medical clinics with a team of 6 medical professionals bi-weekly for approximately 300 patients per clinic for Non-Communicable Diseases such as diabetes mellitus, hypertension, dyslipidemia, ischemic heart disease, chronic kidney disease, epilepsy, bronchial asthma etc.
- As part of my responsibilities, I collaborated with a diverse team of sub-specialists as needed to achieve optimal patient outcomes.
- Prepared and delivered medical presentations to an audience of approximately 150 medical officers and students.
- I participated in workshops organized by the hospital, and in monthly morbidity and mortality meetings which improved overall patient outcomes.
- Supervised, guided, and trained approximately 20 medical interns, and 100 students to ensure adherence to procedures and protocols. In addition, provided necessary skills and knowledge through training sessions.

### **Resident House Officer - OPD clinic - (Apr 2020 - Oct 2021)**

#### **Balapitiya Base Hospital - 450 bed Hospital in southern Province**

- Conducted medical clinics for an average of 75 patients on a daily basis with a team of 2 doctors for Non-Communicable Diseases such as diabetes mellitus, hypertension, dyslipidemia, ischemic heart disease, chronic kidney disease, epilepsy, bronchial asthma etc.
- Advised patients attending clinic on ways to improve their health and wellbeing through lifestyle changes and preventive care measures.
- Coordinated patient referrals to specialized and tertiary care hospitals for continuity of advanced medical treatment.
- Provided comprehensive care for COVID-19 patients admitted to the hospital's 20 bed isolation unit.
- Performed naso-pharyngeal and oro-pharyngeal swabs as a COVID-19 screening test for general public.

## Internships -----

### **Intern Medical Officer - General Surgery - (Apr 2019 - Oct 2019)**

#### **Balapitiya Base Hospital - 450 Bed Hospital in Southern Province**

- Managed patients with road traffic accidents, providing safe patient handling, wound suturing, fracture immobilization with plaster of Paris casts and back slabs, compression bandages to stop bleeding, and ATLS based resuscitation of unconscious patients.

- Documented medical history, conducted physical exams, ordered diagnostic tests, developed initial treatment plans, and performed ward rounds twice daily.
- Performed minor surgical procedures including carpal tunnel decompression, abscess incision and drainage, 4-layer compression bandage application, wound debridement, wound suturing, tendon repair, fracture reduction and plaster of Paris cast application.
- Assisted in surgical procedures including thyroidectomy, modified radical mastectomy and axillary clearance, emergency and scheduled laparotomy, anterior resection, abdomino-perineal resection, appendectomy, cholecystectomy and hernia repair etc.
- Conducted surgical clinics to provide post-operative care to patients.
- Functioned as a 24-hour on-call house officer, managed patient admissions, acute emergencies, monitored and evaluated patients, recognized early warning signs and sought advice from senior medical staff for developing management plans.

**Intern Medical Officer – General Medicine - (Oct 2019 - Apr 2020)**  
**Balapitiya Base Hospital - 450 Bed Hospital in Southern Province**

- Provided medical and emergency care to patients and developed individualized treatment plans to address their specific health needs.
- Documented patients' medical history, requested diagnostic tests, initiated treatment, and sought consultants' advice on further patient management.
- Conducted three ward rounds per day and reported pertinent findings to the consultant and senior physicians.
- Carried out procedures including lumbar puncture, venepuncture, thoracentesis, paracentesis, urinary catheterization, blood transfusions and IV cannulation.
- Analyzed diagnostic tests such as imaging, ECGs, blood and urine tests.
- Collaborated with senior medical officers in a team approach to address clinical issues, including history taking, examinations, investigations, development of initial treatment plans and performed ward rounds.
- Accompanied unstable patients during their transfer to tertiary care centers and facilitated the handover process.
- Participated in monthly lectures on continuous medical education.
- Provided medical care for follow-up patients during clinics and sought guidance from the supervising consultant by presenting and discussing their cases.
- Functioned as a 24-hour on-call house officer, managed patient admissions, acute emergencies, monitored and evaluated patients, recognized early warning signs and sought advice from senior medical staff for developing management plans.