



## Physiotherapist

**MOH License No: T47736**

**Mobile: 0526903387/0529029646**

**email: [aathirarangaraj@gmail.com](mailto:aathirarangaraj@gmail.com)**

**Ajman – U.A.E**

### WORK EXPERIENCE:

- Al Hikma Specialised Clinic for Rehabilitation and Physiotherapy- **RAK, UAE** from 06/03/2018 to 15/03/2020.
- AdityaOrtho & NeuroSuper speciality Centre, **Thrissur - India** from 07/09/2015 to 15/12/2017.

### AREAS OF EXPERTISE:

- 1) Orthopaedics
- 2) Geriatrics.
- 3) Neurology.
- 4) Medico-surgical conditions.
- 5) Paediatrics.
- 6) Sports injuries.
- 7) Musculoskeletal disorder conditions.

# AATHIRA RANGARAJ K

### PERSONAL SUMMARY:

A highly motivated, confident individual with exceptional multi-tasking and organizational skills with more than 4 years' of experience. Excellent client facing skills and the ability to work closely with other health care professionals to assess patients' needs and devise suitable treatment plans for them. Ready and qualified for the next stage in a successful career and looking forward to making significant contribution as physiotherapist.

### KEY ROLE AND RESPONSIBILITIES:

- Assessing patients with impairments, pain, functional limitations, disabilities of other health related conditions using detailed history taking as well as through various evaluative procedures.
- Establishing treatment goals with the patients based on diagnosis and general health status.
- Evaluate, fit and adjust prosthetic devices, orthotic devices and recommended modifications to Orthoptist.
- Implementation of physiotherapy treatment programs related to the patient's condition which includes therapeutic exercises, massages, cryotherapy, gait training, electrical stimulation etc.
- Educates, instructs, council patients and their families about the condition and advice the patients on ways to prevent further potential health problems.
- Monitors and evaluates patient's health improvement and modifying treatment accordingly.
- Maintain and update patient's medical/clinical records periodically.

**PROFESSIONAL LICENSE DETAILS:**

- **MOH License Number:**  
T47736  
**Date of issue:**01/03/2018
- **Home country license No.:**  
2516 (Kerala Association for  
Physiotherapist's Co-  
ordination).  
**Date of issue:** 19/08/2017

**ACADEMIC QUALIFICATION:**

SSLC (2008)	St. Thomas Higher Secondary school, Engandiyoor, Thrissur, Kerala
HSE (2008-2010)	National Higher Secondary school Thrissur Enga Thrissur, Kerala.
<b>Bachelor of physiotherapy</b> (B.P.T) (2010-2014)	Medical Trust Institute of Medical Science, Ernakulum Kerala.

**PERSONAL DETAILS:**

Date of Birth :16/05/1993  
Sex : Female  
Age : 28 years  
Civil Status : Married  
Nationality : Indian  
Linguistic Ability : English,  
Hindi,  
Tamil &  
Malayalam  
Passport Number : R0539469  
Visa Status : Visit Visa

**INTERNSHIP:**

Facility: Medical Trust Hospital, M.G. Road, Ernakulum,  
(NABH Accredited and more than 750 bedded, super  
Specialty tertiary cares). Period: 26/01/2015 to 12/08/2015.

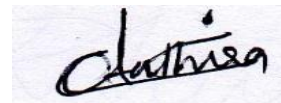
**OTHER EXPERIENCES:**

- Attended workshops on Evaluation & management  
of Fascial dysfunctions, Parkinson's disease,  
Brunnstrom's approach in stroke rehabilitation.
- Was a part of medical team for various State,  
District, and School level sports events held in  
Ernakulum.

**REFERENCE:** Available upon request.

**DECLARATION:**

I hereby declare that the above information given by  
me are true to the best of my knowledge and belief.



**Aathira Rangaraj Karuppadath**

**Ajman**