



PROFILE

DOB: **28-07-1993**
Gender: **Male**
Marital status: **Married**
Address: **PK Mart Building,
Muwailah Commercial Sharjah**
Visa type: **Visiting Visa**

CONTACT

PHONE:0545145814
Email: afzalmohamed2426@gmail.com

EXECUTIVE SUMMARY

Registered physiotherapist with 5
years of experience
DHA License Number:
04603895-06[JUNE 2022]

SKILLS

Interpersonal skill
Assessment
Taping
Ability to work in a team
Computer literate
Leadership

AFZAL MOHAMED NIZARUDEEN

PHYSIOTHERAPIST

CAREER OBJECTIVE

Aim to associate with a progressive organization that gives scope to apply my knowledge in the area of Physiotherapy with the latest trends and to be a part of the team that dynamically works towards the growth of the organization

EDUCATION

Bachelor of physiotherapy

Kerala University of health and allied sciences [2016], India

WORK EXPERIENCE

ANOOP ORTHOCARE HOSPITAL

From 2017 – 2020 (Head of Physiotherapy dept)

- Assess patient's structural and functional issues.
 - Compare with patient's medical history and documented it.
 - Formulating prognosis and recommending best course of intervention.
 - Handled and treated orthopaedic, post-traumatic, post-surgical conditions, ICU management and paediatric cases...
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HOBBIES & INTEREST

Volunteering
Travel
Sports
Singing

ACHIEVEMENTS

Got opportunity to serve
as sports physiotherapist
in the 10th Hockey senior
women National
Championship in 2020

LANGUAGE

English
Hindi
Malayalam

D-MULTIFIDUS – SPORTS REHAB CLINIC

From 2020 to 2022:

- Perform patient's structural and functional evaluation and recommending the best course of intervention.
- Accurately document and report patient treatment and progress utilize outcome, measurements.
- Setting and delivering individual and group Physiotherapy treatment programme.
- Discharging patients after achieving appropriate results.

PAIN CARE PHYSIOTHERAPY CLINIC

From 2017 to 2022- Chief Physiotherapist

- Self owned clinic for five years.

COURSES AND WORKSHOPS

- **Jan 2014**, workshop on Total Knee Replacement.
- **Jan 2015**, workshop on Advanced Clinical Core stability management.
- **April 2015**, National Physiotherapy summit.
- **Nov 2015**, National Conference on evaluation and management of fascial dysfunction.
- **April 2016**, Workshop on Muscle palpation and trigger point therapy.
- **Dec 2016**, International Physiotherapy Conference – Physio summit 2016.
- **Aug 2017**, Course on shoulder rehabilitation.
- **March 2018**, Workshop on Balls, Bands and Tubes.
- **Fed 2020**, Attend as a sports Physiotherapist in the 10th Hockey Indian senior women national champion ship.
- **June 2022**, Course of clinical Taping.

DECLARATION:

I hereby declare that the above information are truly correct to the best of my knowledge and belief. I hope that my qualification will meet your requirements.

Regards,

Afzal Mohamed Nizarudeen