



# AFZAL MOHAMED NIZARUDEEN

## PHYSIOTHERAPIST

### PROFILE

DOB: **28-07-1993**  
Gender: **Male**  
Marital status: **Married**  
Address: **PK Mart Building,  
Muwailah Commercial Sharjah**  
Visa type: **Visiting Visa**

### CONTACT

**PHONE:0545145814**  
**Email: [afzalmohamed2426@gmail.com](mailto:afzalmohamed2426@gmail.com)**

### EXECUTIVE SUMMARY

Registered physiotherapist with 5  
years of experience  
DHA License Number:  
04603895-06[JUNE 2022]

### SKILLS

Interpersonal skill  
Assessment  
Taping  
Ability to work in a team  
Computer literate  
Leadership

### CAREER OBJECTIVE

---

Aim to associate with a progressive organization that gives scope to apply my knowledge in the area of Physiotherapy with the latest trends and to be a part of the team that dynamically works towards the growth of the organization

### EDUCATION

---

#### Bachelor of physiotherapy

Kerala University of health and allied sciences [2016], India

### WORK EXPERIENCE

---

#### ANOOP ORTHOCARE HOSPITAL

From 2017 – 2020 (Head of Physiotherapy dept)

- Assess patient's structural and functional issues.
  - Compare with patient's medical history and documented it.
  - Formulating prognosis and recommending best course of intervention.
  - Handled and treated orthopaedic, post-traumatic, post-surgical conditions, ICU management and paediatric cases...
-

## **HOBBIES & INTEREST**

**Volunteering  
Travel  
Sports  
Singing**

## **ACHIEVEMENTS**

**Got opportunity to serve  
as sports physiotherapist  
in the 10<sup>th</sup> Hockey senior  
women National  
Championship in 2020**

## **LANGUAGE**

**English  
Hindi  
Malayalam**

## **D-MULTIFIDUS – SPORTS REHAB CLINIC**

From 2020 to 2022:

- Perform patient's structural and functional evaluation and recommending the best course of intervention.
- Accurately document and report patient treatment and progress utilize outcome, measurements.
- Setting and delivering individual and group Physiotherapy treatment programme.
- Discharging patients after achieving appropriate results.

## **PAIN CARE PHYSIOTHERAPY CLINIC**

From 2017 to 2022- Chief Physiotherapist

- Self owned clinic for five years.

## **COURSES AND WORKSHOPS**

- **Jan 2014**, workshop on Total Knee Replacement.
- **Jan 2015**, workshop on Advanced Clinical Core stability management.
- **April 2015**, National Physiotherapy summit.
- **Nov 2015**, National Conference on evaluation and management of fascial dysfunction.
- **April 2016**, Workshop on Muscle palpation and trigger point therapy.
- **Dec 2016**, International Physiotherapy Conference – Physio summit 2016.
- **Aug 2017**, Course on shoulder rehabilitation.
- **March 2018**, Workshop on Balls, Bands and Tubes.
- **Fed 2020**, Attend as a sports Physiotherapist in the 10<sup>th</sup> Hockey Indian senior women national champion ship.
- **June 2022**, Course of clinical Taping.

## **DECLARATION:**

I hereby declare that the above information are truly correct to the best of my knowledge and belief. I hope that my qualification will meet your requirements.

Regards,

**Afzal Mohamed Nizarudeen**