

AHSON RAZA KHAWAJA

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D.O.B: 14-12-1991



OBJECTIVE

I aspire to work with a collaborative team of talented medical professionals and produce work that serve to functionality and fulfill the needs of patients. As part of this team I will continue to seek out knowledge of the field that complements my education.

AFFILIATIONS

- Registered with Dubai Health Authority – DHA ID: 77231589
- Member of Pakistan Physical Therapy Association – PPTA 3317

SELECTED CONTRIBUTIONS

- Excelling as a Physiotherapist for the past 5 years, supporting patients in restoring original functions and lessening disabilities associated with afflictions including traumatic and non-traumatic events, Parkinson's disease, Stroke and Cerebral Palsy.
- Evaluating, planning, developing and administering comprehensive therapeutic treatments for patients while collaborating closely with physical therapists and other health care providers.
- Performing diagnostic tests to examine muscle, nerve, joint, and functional capabilities.
- Organizing various treatments as appropriate, such as therapeutic exercise programs encompassing active and passive ROM, muscle reeducation, massage, and heat/water/ice/electrical/light stimulation.
- Participating in wound-care treatment and helping patients adapt to the use of wheelchairs, braces, canes, crutches and prosthetic/orthotic devices.

WORK EXPERIENCE

Physiotherapist

June 2018 – Present, Najaf Clinic, Hyderabad

Home Care Physiotherapy Services Facilitator

Jan 2015 – Present, Hyderabad

Physiotherapist

May 2016 – May 2018, Family Care Clinic, Karachi

Rehabilitation House Officer

Jan 2015 – Jan 2016, Isra University Hospital, Hyderabad

Trainee Physiotherapist

Dec 1st – 31st 2013, Jijal Maau Physiotherapy and Rehabilitation Centre, Hyderabad

ACADEMIC QUALIFICATION

Examination Passed	Board / University	Year
DPT (Doctor of Physical Therapy)	ISRA UNIVERSITY, HYDERABAD	2014
Intermediate (Pre-Medical)	B.I.S.E HYDERABAD	2009

RESEARCH

- Final Year Research Project “PREVALENCE OF SMOKING INDUCED COUGH AMONG MEDICAL STUDENTS OF ISRA UNIVERSITY, HYDERABAD”
- Co-author, “AWARENESS OF GOOD POSTURE AND COMPUTER ERGONOMICS AMONG MEDICAL STUDENTS OF ISRA UNIVERSITY” *International Journal of Physiotherapy*, 2(6), 987-991.
- Co-author, “PERCIVED STRESS AMONG PHYSICAL THERAPY STUDENTS OF ISRA UNIVERSITY” *International Journal of Physiotherapy*, 3(1), 35-38.

CERTIFICATION

- One Day Workshop on “SPSS” organized by Dept: of Community Medicine, Isra University Hyderabad.
- One Day Hands On Workshop on “Upper Quadrant Neuro Dynamics, A Manual Therapy Approach” by Physio Education Pakistan.
- One Day Seminar and Workshop on “Musculoskeletal Disorders” organized by Imran Rehabilitation Centre at Karachi.
- Organized a Seminar on “Movement for Life” at IPRS, LUHMS Jamshoro held in Collaboration with PPTA.
- One Day Symposium on “Quality in Health Care” at Isra University Hyderabad.

KEY SKILLS AND COMPETENCIES

- Pain Management
- Manual Therapy (Mobilizations, Trigger Point Release Therapy)
- PNF and Bobath Approach Techniques
- Kinesio Taping
- Basic Life Support
- ACBT and Postural Drainage
- Post Operative Rehabilitation
- Ergonomics and Sports Physio
- Application of PT Equipment and Devices
- Strong Communication and Interpersonal Skills
- Planning and Time Management
- Empathy and Bedside Manners
- Patient Education
- Computer Literacy
- Bilingual: English and Urdu