

# AKHILA G PILLAI

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Current Location : Dubai, UAE | DHA Register ID : 66165753 | Visa Status : Visit Visa

## HEALTHCARE PROFESSIONAL

An experienced and fully qualified Registered Nurse who is efficient, thorough and passionate about delivering the best levels of care to patients. Vast knowledge of using the latest state of the art medical equipment to treat, observe and record the condition of patients. Proficient in assessing both emergency room patients and developing and implementing prudent care plans. Adept in office procedures and practices, and dedicated to remaining up-to-date regarding industry and patient-care advancements. Committed to working towards positive patient experiences, by providing doctors with the support required.



## ACADEMIA

- **B.Sc Nursing** from V.S.P.M.s College of Nursing and Research Centre, Lata Mangeshkar Hospital, Nagpur affiliated Maharashtra University of Health Science, Nasik India in 2013
- **Registered License** - Dubai Health Authority - Registered Nurse | Reg DHA ID : 66165753  
The Karnataka State Nursing Council - Registered Nurse | 03/06/2016

## PROFESSIONAL EXPERIENCE

### PULSE MEDICARE HOSPITAL

THIRUVANANTHAPURAM, INDIA | 20 May 2020 – 12 July 2021

#### STAFF NURSE – SURGICAL INTENSIVE CARE UNIT (SICU)

- Identified patient health-related problems and risk states and develops nursing care plans accordingly. Assists other nurses in assessment, diagnosis, care planning, and evaluation of outcomes.
- Monitored the patient's health and general body condition and report changes and improvements to the doctor.
- Records patients' medical information and vital signs. Orders, interprets and evaluates diagnostic tests to identify and assess patient's condition.
- Provide basic bedside care for Pre and Post Surgical Patients; Assists other nurses in assessment, diagnosis, care planning and evaluation of outcomes.
- Takes samples for lab work, orders prescribed lab work and evaluates/interprets lab reports.
- Monitor and quickly attend to any signs of negative reactions to drugs and allergies.
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
- Monitor the patient's health and general body condition and report changes and improvements to the doctor.
- Educate patients on steps to take to manage pain and how to avoid post-surgical infections.

## CORE COMPETENCIES

Physical Assessment
Pre-operative & Post-operative Care
Disease Management
Vital Signs Monitoring
Patient Education & Support
Medication Administration
Pain Management
Patient Confidentiality
Treating Wounds
Records & Documentation

## PERSONAL DETAILS

Date of Birth	30 - 04 - 1990
Marital Status	Married
Nationality	Indian
Visa Status	Visit Visa
Languages Known	
English, Hindi, Malayalam, Kannada and Tamil	
Dubai Health Authority	
DHA Register ID : 66165753.	

## PREVIOUS COMMITMENTS AS STAFF NURSE

**SPARSH MULTI SPECIALITY HOSPITAL** BANGALORE, INDIA  
STAFF NURSE – SURGICAL INTENSIVE CARE UNIT (SICU) | 11 Feb 2019 TO 18 Mar 2020

**ADITYA BIRLA MEMORIAL HOSPITAL,** PUNE, MAHARASHTRA, INDIA  
STAFF NURSE - CATHLAB | 02 DEC 2013 TO 03 DEC 2014

## KEY ACCOUNTABILITIES

- Identified patient health-related problems and risk states and develops nursing care plans accordingly. Assists other nurses in assessment, diagnosis, care planning, and evaluation of outcomes.
- Monitored the patient's health and general body condition and report changes and improvements to the doctor.
- Established relevant, evidence-based and safe nursing interventions and priorities when providing nursing care, including administering of medications.
- Records patients' medical information and vital signs ;Orders, interprets and evaluates diagnostic tests to identify and assess patient's condition ; Takes samples for lab work and orders prescribed lab work.
- Monitor and quickly attend to any signs of negative reactions to drugs and allergies.
- Prepares and administers and records prescribed medications.
- Provided basic bedside care for Pre and Post surgical patients.
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
- Responding to life-saving situations, using nursing standards and protocols for treatment.

## PROFESSIONAL ENHANCEMENTS

- Attended trainings on Basic Life Support (BLS) & Advanced Cardiac Life Support(ACLS)
- Participated in Various Continuous Nursing Education (CNE) Programmes
- Participated in Community Level Rehabilitation Programmes, Oral Polio Vaccination Programs and health camps

## EQUIPMENTS USED

Infusion Pump | Syringe Pump | ECG machine | Defibrillator | Jet Nebuliser  
PulseOxymeter | Laryngoscope | BIPAP machine | CPAP Machine | Glucometer  
Cardiac monitor Nebuliser | Suction Apparatus | Radiant Warmer | NST Machine | Fetal Doppler

## REFERENCES

1. Mrs. Vidya Shikshan Prakash  
Nursin Superintendent  
Lata Mangeshkar College of Nursing and Research  
Centre, Digdoh Hills, Nagpur

2. Mrs..Jemimol  
Nursing Superintendent  
Sparsh Multi Speciality Hospital,  
Gorugondapalya,Bangalore, Karnataka

3. Dr. Akhil Raj V  
Managing Director  
Pulse Medicare Hospital,  
Thiruvananthapuram,Kerala