



ALEENA FRANCIS

REGISTERED NURSE

0551450232

aleenathaikkootathil@gmail.com

Sharjah

DHA ID: 69050531

OBJECTIVE

Diligent and aspiring Registered Nurse with 4 years of experience in providing exceptional care to high risk post-operative patients. Proficient in providing high quality patient care, managing critical conditions, monitoring vital signs and administering specialized treatments and medications. Skilled in operating and managing sophisticated medical equipment's. Demonstrates excellent communication abilities and team work, with a proven adaptability to various healthcare environments. Dedicated to providing top quality care within multidisciplinary team environment.

PROFESSIONAL EXPERIENCE

NEW AHMADI HOSPITAL, KUWAIT

Registered Nurse- Surgical Ward (2022-2024)

- Provided direct patient care through assessment and identification of actual and potential problems, evaluation of health status, development of individualized care plans and implementation of nursing interventions.
- Maintained excellent communication and interpersonal relationship with patients and subordinates.
- Evaluated patient care plan and tailored it for better outcome.
- Provided advice and emotional support to patient family members during difficult situations.
- Delivered non-judgmental and non-discriminatory care sensitive to patient diversity, preserving dignity and rights.
- Maintained a safe environment by adhering to infection control guidelines and safety protocols.
- Assisted physicians with examinations, procedures and other medical tasks.
- Obtained specimens to run diagnostic tests and accurately interpret results.
- Administered medications, IV fluid and blood products with continuous monitoring for adverse reactions.
- Provided post-operative wound care aseptically.
- Participated in continuous nursing education program and in service education.
- Collaborated with the multidisciplinary team to provide an exceptional patient experience.
- Attended scheduled training programs every year.

MEITRA HOSPITAL, KERALA (JCI ACCREDITED)

Registered Nurse- Cardiothoracic Surgical ICU (2020-2022)

- Exhibited proficiency in hemodynamic monitoring, ventilator management, and advanced cardiac life support.
- Adept at performing diagnostic tests such as ECG, ABG, ACT and accurately interpreting results timely manner.
- Set up and monitored medical equipment and devices such as cardiac monitors, mechanical ventilators and oxygen delivery devices, transducers, and pressure lines.
- Assisted physicians with procedures such as bronchoscopy, endotracheal intubation, ICD insertion and elective cardioversion
- Mentored junior nurses on best practices for providing safe and efficient nursing care within the unit.
- Highly skilled in utilizing electronic medical records systems for documentation of patient data.
- Provided critical care to acutely ill patients in the intensive care unit.
- Assessed pain levels and provided appropriate interventions for management of acute pain.
- Documented patients' treatment plans, interventions, outcomes, or plan revisions.
- Collaborated with interdisciplinary healthcare teams to develop comprehensive care plans for critically ill patients.
- Assessed patients' psychosocial status and needs, including areas such as sleep patterns, anxiety, grief, anger, and support systems.

EDUCATION

Bachelor of Science (BSC): Nursing (2015-2019)
Rajiv Gandhi University of Health Sciences – Bangalore

SKILLS

- Direct patient care
- Clinical competence
- Health education
- Treatment planning
- Infection prevention
- Intravenous therapy
- Telemetry monitoring
- Emergency response
- Clinical documentation
- Medication management

REFERENCE

References available upon request

CERTIFICATIONS

- Basic Life Support (BLS)
- Wound Care
- IV Therapy
- Pressure Sore Management

ACHIEVEMENTS

- DHA Eligibility

LANGUAGES

- Malayalam - Native
- English - Fluent
- Arabic - Conversational
- Tamil - Conversational
- Kannada - Conversational

DECLARATION

I hereby declare that the above specified particulars are true and best of my knowledge.

Aleena Francis.