ANAS WARDAT General Surgery Specialist

Jordanian General Surgery Board DOH / Abu Dhabi - General Surgery MRCS Part A

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Medical Education and Training

General Surgery Specialist

Jordanian Royal Medical Services September 2021 – Present

General Surgery Residency Program

Jordanian Royal Medical Services January 2016 – June 2021

Bachelor's Degree in General Medicine and Surgery

Faculty of Medicine / Jordan University of Science and Technology 2006 – 2012

Postgraduate Training

Internship

Princess Basma Teaching Hospital – Ministry of Health September 2012 – September 2013 Irbid – Jordan

General Practitioner (GP)

Dair Abu Sa'eed Major Health Care Center – Ministry of Health October 2013 – August 2014 Irbid – Jordan

Jordanian Royal Medical Services

August 2014 – December 2015

Surgical Training Program at the Jordanian Royal Medical Services

This is an intensive training program to prepare the candidate for the Jordanian Board Examination in General Surgery, which is also recognized by the Royal College of Surgeons of England.

I joined the 5-year program as a general surgery resident (January 2016 – June 2021), during which I attended in the general surgery departments and its subspecialties at the below hospitals of the Jordanian Royal Medical Services:

Junior General Surgery Resident

Prince Ali Military Hospital January 2016 – May 2016 | Al Karak -Jordan

Junior General Surgery Resident

Prince Zaid Bin Al-Hussein Military Hospital

June 2016 – December 2016 | Al Tafileh -Jordan

Junior General Surgery Resident

King Hussein Medical Center

January 2017 – December 2017 | Amman – Jordan

- Breast and Endocrine Surgery Team (6 months)
- Emergency and Casualty Department (3 months)
- ICU Junior Resident (6 weeks)
- Thoracic Surgery Rotation (6 weeks)

Junior General Surgery Resident

King Hussein Medical Center

January 2018 – December 2018 | Amman – Jordan

- Vascular Surgery rotation (3 months)
- Paediatric surgery rotation (3 months)
- Senior general surgery resident in the emergency and casualty department (6 months)

Senior General Surgery Resident

Prince Rashid Military Hospital

January 2019- May 2019 | Irbid – Jordan

Senior General Surgery Resident

Prince Zaid Bin Al-Hussein Military Hospital

June 2019- December 2019 | AL Tafileh – Jordan

Senior General Surgery Resident / Colorectal Surgery Department

King Hussein Medical Center

January 2020 – May 2020 | Amman – Jordan

Senior General Surgery Resident / Bariatric and Upper GI Surgery Department

King Hussein Medical Center June 2020 – October 2020 | Amman – Jordan

General Surgery ER Specialist / Accident and Casualty Department

King Hussein Medical Center November 2020 – August 2021 | Amman – Jordan

Jordanian Board Certificate Examination

September 2021 | Amman – Jordan

I passed the examination and obtained the Jordanian Board Certificate in General Surgery, and became a general surgery specialist from September 2021 until now.

Post-Training Experience

General Surgery Specialist / Hepatobiliary Surgery Team

King Hussein Medical Centre September 2021 – February 2022 | Amman- Jordan

General Surgery Specialist / General Surgery Department

Prince Rashed Bin Al-Hasan Military Hospital March 2022 – September 2022 | Irbid- Jordan

General Surgery Specialist / General Surgery Department Prince Hashem Bin Abdullah II Military Hospital October 2022 – Present | AL Aqaba- Jordan

Specific Surgical Experience

Gastro-intestinal System

- Laparoscopic abdominal surgeries: > 100 cases
- Appendicectomy: > 120 cases
- Minor ano-rectal conditions: > 75
- Hernia repair: > 150 cases
- Peptic ulcer surgery:
 - Simple closure of perforated DU: > 25 cases
 - Vagotomy and drainage: 12 cases
- Cholecystectomy + operative cholangiogram: > 75 cases
- Laparotomy: > 40 cases
- Bowel resection and anastomosis: > 35 cases
- Peritoneal toilet and drainage: > 100 cases
- Colostomy: > 12 cases

Respiratory System

- Tracheostomy: 2 cases
- Chest drainage: > 60 cases
- Thoracotomy: opening and closure: > 75 cases
- Lung Lobectomy: 2 cases
- Pneumonectomy: 1 case

Cardiovascular System

- Above Knee Amputation: 10 cases
- Below Knee Amputation: 20 cases
- Toes amputation: > 75 cases

Endocrine and Breast

- Breast Abscesses: > 40 cases
- Biopsy and Excision of Breast Lump: > 10 cases
- Simple Mastectomy: 2 cases
- Thyroidectomy: > 12 cases
- Excision of Submandibular Gland: one case
- Lymph Node Biopsy: > 20 cases

ICU

- Management of ITU patients
- Endotracheal intubation
- Venous access and central lines
- Defibrillation

Other Surgical Experience

During my training as a resident and specialist in General Surgery and its sub-specialties, I obtained a wide experience in the management of different surgical problems. I assisted the consultant in most major surgical procedures (e.g. Breast Surgery, Thyroid Surgery, GIT Surgery, Hepatobiliary and Pancreatic Surgery) and the other major procedures in different specialties.

Experience and Special Interests

I have good experience in management of all surgical emergencies including Trauma and War injuries. I have good experience in teaching undergraduate medical students and am actively involved in lectures preparation, seminars, morning reports, case presentation and journal club on a weekly basis. I am involved in teaching post-graduate doctors in our programme.

Qualifications

- Department of Health Abu Dhabi (DOH) Licensure Examination for General Surgery, January 2023
- MRCS part A (Membership of the Royal College of Surgeons of Ireland part A)
- Jordanian General Surgery Board, Jordanian Medical Council, September 2021
- ACLS (Advanced cardiopulmonary life support certificate)
- BLS (Basic Life Support Certificate)
- Basic Surgical Skills certification and course of the Royal College of Surgeon/UK.
- OET (Occupational English Test)
- Lecturer for the medical school students in the Jordan University of Science and Technology.
- MBBS (Bachelor Certificate in Medicine & Surgery) Faculty of Medicine / Jordan University of Science and Technology, 2006 – 2012

Conferences

27 – 29 October 2022

The 50th Annual Conference of Jordan Society of Surgeons (JSS) and the 10th Conference of Surgical Specialty / Ministry of Health (CSSMOH) with collaboration of the Pan Arab Association of Surgeons.

02 - 03 December 2021

The 49th Annual conference of Jordan Society of Surgeons (JSS) and the 8th Conference of Surgical Specialty in the Ministry of Health at Congress Center- Albasheer Hospital/MOH

Skills

- Ability to perform a large number of minor and major surgeries (open and laparoscopic procedures).
- Manual dexterity, hand-eye coordination, and visuospatial awareness.
- Excellent decision-making skills and communication with colleagues, patients and patients' families.
- Ability to work under pressure in a fast-paced environment
- Proficiency with Microsoft Office suite
- Fluency in written and spoken Arabic and English

Personal Information

- Date of Birth: March 23rd, 1988
- Nationality: Jordanian
- Marital Status: Single

About the Hospitals

KING HUSSEIN MEDICAL CENTRE

This is the main Teaching Hospital in Jordan, with a busy 720 beds for General Surgery and its specialities. It includes the King Hussein Hospital, Farah Rehabilitation Centre and Queen Alia'a Heart Institute. It is well equipped with Intensive Care Units and Radiological Units with Ultrasound, CT-scans and Magnetic Resonance Imaging Facilities. Good laboratory services are available.

King Hussein Medical Centre and its affiliated hospitals are well recognised by the Royal Colleges in the UK. It includes a Nursing College and it is the major Training and Teaching Centre for medical students and junior doctors and has an active Postgraduate Centre with several training courses in different specialties of surgery and medicine.

KING ABDULLAH UNIVERSITY HOSPITAL (KAUH)

I have trained for three years during the medical school during the clinical hospital, in all of its medical and surgical departments according to the faculty of medicine training program.

is the largest hospital in northern Jordan, serving the approximately one million inhabitants of the Irbid, Ajloun, Jerash, and Mafraq governorates. It is also the teaching hospital affiliated with Jordan University of Science and Technology (JUST), located within the JUST campus adjacent to the University's medical faculties.

King Abdullah University Hospital was the culmination of efforts inaugurated by the late King Hussein bin Talal to address the critical lack of central, advanced medical facilities serving the population of northern Jordan. Though King Hussein laid the cornerstone in a 1994 ceremony, he himself did not live to see the completion of the massive hospital, named after his grandfather, King Abdullah I. In November 2002. King Abdullah University Hospital opened with founding departments in ob-gyn, paediatrics, internal medicine, and general and special surgery, in addition to emergency facilities including a medevac heliport. JUST medical, dentistry, and nursing students complete laboratories, practicals, internship, and residency at or in close conjunction with KAUH and its extensive facilities.

KAUH is located near the northern Jordanian town of Ramtha; the hospital and the larger JUST campus are located 20 km east of Irbid and 80 km north of Amman. The hospital's main building, a modern 15-storey structure with a capacity of 683 beds, is a distinctive landmark in the region, impossible to miss from the main highway linking Irbid to Syria to the north, and even visible from Irbid city.

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