



MOHAMED ARSHADH YSK

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PROFESSIONAL SUMMARY

Dedicated Multi-Dimensional Healthcare professional with over 8 years hands-on experience in physiotherapy department and medical environments. Extensive knowledge in developing, managing, and training staff, with successful track record of managing personnel, finances and facility operations while ensuring patients are provided with the highest quality care.

ACHIEVEMENTS

- ◆ Improved profit margins by 20% by introducing staff's incentive system
- ◆ Increased patient retention rate by 50% by introducing a caution deposit program and regular follow-ups.
- ◆ Introduced individual clinical guidelines to help each patient.
- ◆ Increased productivity by 25% within few months in my role as In-charge Physiotherapist
- ◆ Successfully achieved yearly KPI for consecutive years
- ◆ Awarded as Best Employee in 2021

WORK HISTORY

- ★ **Head of Physiotherapy Department (In-charge)** 03/2017 - 03/2022
AL ESSA MEDICARE - Farwaniya, Kuwait
 - ◆ Manage and direct a staff of physical therapists, physical therapy assistants, and physical therapy aides who work with patients who have a physical or mental disease or injury.
 - ◆ Set priorities, delegate tasks, and solve problems within the department.
 - ◆ Build the departmental budget and manage it throughout the year.
 - ◆ Create and evaluate the effectiveness of departmental programs.
 - ◆ Maintain excellent standards of physical therapy.
 - ◆ Direct and maintain records and reports that comply with all applicable laws,
 - ◆ Establish policies and practices to coordinate physical therapy with other disciplines, including occupational therapy, speech and other health services.
 - ◆ Oversee subordinate supervisors on issues such as hiring, promotions, and departmental moves, and conduct performance evaluations.
 - ◆ Make the final decisions to resolve problems within the department, including employee utilization, grievances, and disciplinary actions.
 - ◆ Develop training and educational programs for onboarding new staff members.
 - ◆ Ensure a high level of patient care.
 - ◆ Create reports to upper management.
 - ◆ Involved in Budget preparedness, Clinical Excellence and Strategic Planning and Implementation
- ★ **Chief Physiotherapist** 12/2012 - 06/2014
PHYSIO CARE- India
 - ◆ Assesses and evaluates the patient prior to treatment.
 - ◆ Formulates appropriate and individualized treatment for patients.
 - ◆ Conducts patient's treatment evaluation progress regularly and reports it to the referring physician.
 - ◆ Modifies patient's physical therapy management based upon the result of the evaluation.
- ★ **Chief Physiotherapist** 06/2009 - 01/2012
AL AMAN HOSPITAL- India
 - ◆ Provides physical therapy services prescribed by the physician to patients of different musculoskeletal and orthopedic conditions.
 - ◆ Performs initial evaluation and provides progress notes/re-evaluation notes for all patients seen.

- ◆ Coordinates with the physician with regards to the patient's condition during therapy.
- ◆ Provides proper documentation of patient's records and treatment progress.

SKILLS

- ◆ Good communication and interpersonal skills.
- ◆ Able to work under pressure in demanding situations
- ◆ Excellent ability to manage and lead effectively.
- ◆ Experience in recruiting, orientation, and increasing employee retention.
- ◆ Outstanding computer skills, including Microsoft Office.
- ◆ Knowledge of the practices and principles of healthcare management and the operation of a healthcare organization.
- ◆ Ability to motivate and inspire peers to achieve higher levels of performance.
- ◆ Good communicator, capable of writing and presenting reports.

EDUCATION

- ❑ ***Master of Business Administration (Healthcare)*** **04/2014**
Indian School of Management - INDIA, India
- ❑ ***Master of Science: Sports Physiotherapy*** **06/2016**
Lithuanian Sports University - Lithuania (Europe), Lithuania
- ❑ ***Bachelor of Science: Physiotherapy*** **09/2008**
SRM College of Physiotherapy - INDIA, India
- ❑ ***FIFA Diploma: Football Medicine*** **07/2020**
FIFA – Online

CERTIFICATES

- ❑ Certificate of Training - Kinetic Control –UK
- ❑ Internship Program-Charles University, **Czech Republic**
- ❑ **BLS** - American Heart Association valid till 9th Feb 2024 Projects

AFFILIATIONS

- ◆ Life Member in Indian Association of Physiotherapy – 24105L
- ◆ **L**icensed Practitioner in Lithuanian physiotherapist association KTo02216
- ◆ Member of Rural Health syndicate –M980
- ◆ MOH - Kuwait – 66970

REFERENCE

1. Jessie Chacko - "Al Essa Medicare Care Kuwait" Operational Manager
JessieChacko@VirtusKuwait.com +96560013405
2. Anish Nair - "Al Essa Group" Deputy GM
AnishNair@AlessaKuwait.com +96599691431
3. Dr. JB Ashraf Ali - "JB Trust and Hospital" Managing Director +919841640600