

CURRICULUM VITAE

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|--------------------------|---|----------------------------------|---|
| Name | : | ASHIK IBRAHIM KUTTY |  |
| Designation | : | OPTOMETRIST | |
| DHA Unique Id | : | 96800347 | |
| Mobile No (India) | : | +91 9605057273 | |
| Email Id | : | ashikibrahim007@gmail.com | |

Permanent Address

Sumayya Manzil
Kalanjoor P.O
Pathanapuram – 689694
Kollam (Dist) Kerala.

Passport Details

Passport No : S 1193013
Date of Issue : 18/05/2018
Date of Expiry : 17/05/2028
Place of Issue : Trivandrum

Languages known

English
Hindi
Malayalam

CAREER OBJECTIVE

Seeking a challenging career as an optometrist to reach the position which provides me avenues for learning and encourages individual growth and contribute to an organization of repute, both for professional as well as organizational goals.

EDUCATIONAL QUALIFICATION

| Course | Board/ University | Period of Study | No. of years of study |
|---|--|-----------------|-----------------------|
| MBA Hospital Managemnt | Bharathiar University Distant Education | 2017 - 2019 | 2 years |
| BSc Optometry Govt. Medical College, Trivandrum | Kerala University of Health Science | 2012 - 2017 | 4 years |
| Plus Two G.H.S.S. Kalanjoor | Kerala Board of Higher Secondary Examination | 2009- 2011 | 2 years |
| S.S.L.C G.V.H.S.S, Kalanjoor | Kerala Board of Public Examination | 2008- 2009 | 1 year |

REGISTRATION STATUS

| Optometry Registration | Registration No. |
|------------------------|------------------|
| IOA Kerala | 865/2017 |
| DHA Unique Id | 96800347 |

EXPERIENCE SUMMARY

| Name of The Employer | Position Held | Duration | Achieve Years |
|--|-----------------------------|---|--------------------------|
| Shankar's Eye Hospital, Punalur, Kollam | Optometrist | 12/07/2017 To present | 2.5 years |
| Regional Institute of Ophthalmology, MCH Trivandrum | Optometry intern | 09/07/2016 To 08/07/2017 | 1 year |

- **Shankar's Eye Hospital, Punalur, Kollam, Kerala**
July 2017- Present (An NABH Pre - Accredited & ISO-9001-2008 certified Eye Hospital)

Position : Consultant Optometrist (Full Time)

Job Description:

Position : Consultant Optometrist

- **Contact Lens – Fitting of Soft, Soft Toric, Multifocal, RGP (Pre fitting evaluation, Fitting, Fit assessment & Follow up)**
- **A scan Biometry (lenstar, Biomedix, Verion)**
- **OCT (carlziess, Heidelberg)**

- **Regional Institute Of Ophthalmology (RIO), Thiruvananthapuram**

Clinical Internship (Full Time)

(July 9th 2016 – July 8th 2017)

Hospital Description:

RIO is the ophthalmic department of Govt. Medical College, Thiruvananthapuram. It is the apex institute for eye care in kerala under National Program for Control of Blindness (NPCB) of Govt. of India. It is upgraded to RIO in 1995 by Govt. of India. RIO is a 250 bedded tertiary eye care centre delivering high quality

treatment and care for patients from Kerala, neighboring states and also from neighboring countries like Males, Srilanka etc.

Job Description:

A one-year clinical intern position with emphasis on anterior and posterior segment disease diagnosis. Experience was gained in Refraction, Contact lens, Low vision & Orthoptics. Additional experience was gained in cataract pre- and post-operative care and advanced diagnostic procedures including ultrasonography, laser interferometry, fluorescein angiography, and electroretinography. Clinical rotations included Neuro-Eye Service, Vitreo-Retina Service, Emergency Clinic, Glaucoma Service, Oculoplastics Service, Cataract Service, and Cornea and External Disease Service.

Responsibilities during my Clinical Internship

- Clinical postings done in the areas of Primary eye care, Pediatric Ophthalmology, Squint & Binocular vision, Cornea & Contact lenses, Low vision rehabilitation, Dispensing Workshop, Pre & Post operative care, Ocular disease clinics and Community ophthalmology.
- Examined the vision of patients and diagnosed to accurately give appropriate glasses and contact lenses and gave necessary information to help improve their visual standards.
- Knowledge of Contact lens fitting. (Pre fitting evaluation, Fitting, Fit assessment & Follow up).
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Treated patients with Low vision rehabilitation routinely.
Knowledge of eye glass lens & frame materials and designs.
- Proven ability to instruct the patients about Bifocals, Progressive, Tinted, Photochromic & Polaroid lenses.
- Gave advice to patients on lens type, frames and styling.
- Profound Ability to measure PD.
- Independently done fundus fluorescein angiography
- Ability to take patient history, evaluate patient problems and provide complete

documentation in patient record.

- Refer patients to Ophthalmologists for proper treatment of eye disorders beyond the competence of optometrists.
- Assisted many major & minor ophthalmic surgeries (First assistant) viz SICS, Phacoemulsification, Vitrectomy, MIVS, Chalazion, Pterygium Surgery, Squint surgery, Scleral Buckling, Evisceration & Enucleation.
- Performed surgical co-management of cataract and other surgical cases

PERSONAL SKILLS

- Proficiency in electronic medical record documentation and management
- Knowledge in infection control protocols
- Audit and health inspection

OPTOMETRY SKILL AND PROCEDURES

- Refraction (Objective, Subjective & AR)
- Prescription of Spectacles
- Prescription & Fitting of Contact lens(Soft,RGP&Scleral)
- Prescription of Low Vision Aids
- History taking of an Ophthalmic case
- Slit Lamp Examination for Optometry practice
- LASIK workup (Pentacam)
- Squint & Orthoptic Evaluation
- Automated Lensometry
- Keratometry
- Calculation of IOL power using A Scan (Haagstreit Lenstar & Biomedix)
- Tonometry (Schiotz, Applanation, Tonopen & Non Contact)
- Visual Field Analysis (HFA, Octopus)
- Optical Coherence Tomography
- ERG & VEP
- Gonioscopy
- Non Mydriatic Fundus Camera (Bosch)
- Fundus Fluorescein Angiography
- Lacrimal Syringing
- Pachymetry
- Ocular Surface Evaluation
- First assistant to major & minor surgical procedures (SICS, PHACO, MIVS, Chalazion etc.

CONFERENCES ATTENDED AND PROJECT

- Participation as Delegate in “**CME ON CONTACT LENS – OPTOCON II**” held on 8th January 2017, conducted by Giridhar eye institute & SSM Eye Research Foundation.
- Participation as Delegate in “**CME ON DISPENSING – 2013**” held on 10th JANUARY 2013 at TRIVANDRUM.
- Project on “**CENTRAL RETINAL VEIN OCCLUSION IN HOMOCYSTEINEMIA PATIENT UNDER AGE AND SEX**”
For Kerala university of health science.

REFERENCES

1. Mrs. Princy. A

Manager – Shankars Eye Hospital, Punalur
Kollam , Kerala.
Mob : +91 9495922969

2. Dr. Sunil M.S

Associate Professor RIO
Govt. Medical College, Trivandrum.

3. Dr. Biju john

Associate Professor-Ophthalmology
Govt.Medical College,
Thiruvananthapuram.

DECLARATION

I hereby declare that the above-mentioned details are true & correct to the best of my knowledge and belief

Place : Kollam

ASHIK IBRAHIM KUTTY

Date: 05/03/2020