# **CURRICULUM VITAE**



**ASHISH BHATNAGAR**

**PHYSIOTHERAPIST**

**PERSONAL DETAILS**:

Name: Ashish Bhatnagar

Date of Birth: 18/06/1992

Marital Status: Single

Nationality: Indian

Email ID: ashishbhatnagar294@gmail.com

Contact No.: +971- 565403952

MOH Ref. No.: 171767

DHCC LOA No:. 19-00046

**PROFESSIONAL SUMMARY:**

* A highly motivated, confident, conscientious and hardworking individual having **3+** years of experience with sound clinical knowledge along with exceptional multi tasking and organizational skills.
* Ability to communicate effectively with patients and other healthcare professionals to maximize the rehabilitation of patients.

**HIGHLIGHTS:**

* Ability to work independently in busy environment and in groups.
* Experience of dealing with patient’s emotional and stressful situation.
* Varied experience of working with all patient age groups.
* Previous experience gained while working with all patient age groups has helped to hone clinical judgment skills.
* Highly skilled in restoring patients to their previous level of function and helping further to reach their highest functional level.

**PROFESSIONAL EXPERIENCE:**

**28 August 2019 – 23 December 2019**

***Physiotherapist***

Recoup Hospital and Neuromusculoskeletal Rehabilitation Centre, India

Role and Responsibilities:

* Assessment, treatment and work station evaluation of patients in **Oracle India IT Company.**
* As Ergonomist performed individual workstation evaluation, provided physiotherapy treatment and advice on posture correction.

**21 September 2015 – 12 February 2019**

***Physiotherapist and Buddy Trainer***

Healthcare at Home, India and Healthcare at Clinic

Role and Responsibilities:

* Managing clinical caseload, providing assessment and treatment to the patients of all age groups to the highest standards at Healthcare Clinic.
* Evaluating, planning, and delivering care plans in response to complex needs including goal setting (SMART Goals).
* Guiding the newly joined PT’s on shadow visits about safe patient handling and documentation.
* Implementing relevant standards and policies of organization.
* Documentation of patient’s condition/progression in SOAP format, management of planned and unplanned discharges with inclusion of home exercise programs.
* Keeping track of patient’s progress with regular usage of outcome measures.

Cases Treated: Musculoskeletal (RSI, Sports injuries, Pre and post orthopedic surgical conditions, Trauma cases, Degenerative diseases), Cardiopulmonary, and Neurological Cases (Stroke, C.P etc.)

Modalities used: Manual therapy, Exercise therapy, Balance and Endurance Training, Gait Training and Electrotherapy.

**03rd August 2015 –19th September 2015**

***Physiotherapist***

Osteopathic & Sports Injury Physiotherapy Clinic

Delhi, India

Role and Responsibilities**:**

* Assessment of patient’s condition and providing physical therapy.
* Assistance in the rehabilitation and restoration of physical mobility after illness or injury.
* Documentation of daily patient record in database.

Cases treated: Musculoskeletal (RSI, Sports injuries, Trauma cases, Degenerative diseases)

Modalities used: Manual therapy, Exercise therapy, Electrotherapy

**OTHER EXPERIENCE:**

* Worked as Intern Physiotherapist in Santosh Hospital, Uttar Pradesh, India during graduation in India.

**EDUCATION:**

* **Bachelor Of Physiotherapy** (2010-14)

Santosh Medical and Dental College Ghaziabad

CCS University, Meerut, India

**CERTIFICATION:**

* Myo-kinetic Cupping Therapy
* Clinical Sports Dry Needling (Level- 1)

**LICENSURE :**

**MOH Evaluation Certificate UAE**

**Dubai Health Care City Letter of Acceptance. Dubai**

**Physical Therapist License**

**(Indian Association of Physiotherapist’s) India**