



ASHITHA BOSE

REGISTERED NURSE - MOH / T63226

SPOUSE VISA

PROFILE

A highly qualified and capable Registered Nurse with practical knowledge of nursing care procedures and medical equipment, ability to provide direct patient care with capability to work with senior surgeons. Looking for the staff nurse career to maintain healthy environment in hospital and monitoring whole nursing staff

LANGUAGES

English

Malayalam

Hindi

Kannada

Tamil

CONTACT

+971 58 834 2256

ashithabavish@gmail.com

Sharjah, UAE



CORE COMPETENCIES INCLUDE

- Safe & Quality Nursing Practice
- Management of Resources
- Health Education
- Legal Responsibility
- Personal Development
- Professional Development
- Quality Improvement
- Research
- Record Management
- Communication
- Collaboration
- Teamwork

EXPERIENCE SUMMARY

Registered Nurse - GANIN MEDICAL CENTER 12th July 2021 - to 9th February 2023

- Assists physicians with examinations, procedures and other processes related to direct patient care, within agreed scope of practice and competency.
- Documents the nursing care of each patient in the Out-Patient Department.
- Ensures patient environment is safe for patients and staff by utilizing infection control practices, adhering to International patient safety goals.
- Administering prescribed medications.
- Safe handling of sterile and contaminated instruments
- Monitors the condition of patient and reports any changes to appropriate personnel.

Cath Lab Nurse - ASTER HOSPITAL (BR OF ASTER DM HEALTHCARE FZC) DUBAI 16 September 2018 - 16 May 2021

- Observing and recording patient's behaviour.
- Coordinating with physicians and other healthcare professionals for creating and evaluating customized care plans.
- Diagnosing the disease by analyzing patient's symptoms and taking required actions for his/her recovery.
- Ability to assist interventional and diagnostic Cath Lab procedures. (cardio vascular & neuro vascular procedures)
- Maintaining reports of patients' medical histories and monitoring changes in their condition.
- Carrying out the requisite treatments and medications.
- Checking the stock on a regular basis for maintaining the inventory level and placing orders if required.
- Adhering with the protocols, norms, rules and regulations in order to maintain complete medical records.
- Discussing treatment with pharmacists and physicians in the critical cases.
- Providing instant care during medical emergencies, like heart attacks and strokes.
- Conducting research for improving the nursing practices and healthcare outcomes.
- Identifies patient care requirements by establishing personal rapport with potential and actual patients and other persons in a position to understand care requirements.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions.

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EXPERIENCE SUMMARY

Registered Nurse - Narayana Hrudayalaya Hospital November 2015 - May 2018

- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following hospital and nursing division's philosophies and standards of care set by state board of nursing, state nurse practice act, and other governing agency regulations.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
- Protects patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Maintains nursing supplies inventory by checking stock to determine inventory level; anticipating needed supplies; placing and expediting orders for supplies; verifying receipt of supplies; using equipment and supplies as needed to accomplish job results.



SKILLS & SPECIALIZATION

Assisted for Cardio-Vascular & Neuro Diagnostic and interventional procedures such as

● **CARDIAC CATH LAB PROCEDURES**

- PTCA • PTMC • BAV • BPV • IABP • PPI • TPI Angiogram ASD Device Closure (Pediatric & Adult)
- Check Angiogram • Coartoplasty • Graftangiogram ICD implantation VSD Device Closure
- Cardiac Biopsy • Pericardial Lapping • PDA Device Closure Pericardiocentesis
- Cath (Pediatric & Adult) • Coronary Angiogram Aortogram

● **HYBRID - CATH LAB PROCEDURES**

Neuro Vascular Procedures

- Cerebral Angiogram • Carotid Artery Angiogram Carotid Artery Angioplasty & Stenting BTO Stroke
- AVM Embolization • AVF Embolization • Cerebral Aneurysm Endovascular Coiling Flow Divert Stenting

Peripheral Vascular Procedures

- Peripheral Angiogram and Angioplasty • Renal Angiogram and Angioplasty Mesentric Artery Angiogram
- Endovascular AAA Repair • DVT Aspirations • Endartrectomy Chemo Port Insertion
- Hickman Catheter Insertion • Perm Cath Insertion

Radiology Intervention

- PTBD • PEG • DJ Stenting • Biliary Duct Stenting

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EDUCATION & PROFESSIONAL DEVELOPMENT

- **B.SC Nurscing**

Sofia College of Nursing, Banglore, Karnataka 2011 - 2015

- **Higher Secondary Education**

St. Francis Assisi HSS Arthunkal, Kerala 2008 - 2010

- **SSLC**

St. Mary's Girls High School, Cherthala, Kerala 2007 - 2008



PERSONAL INFORMATION

Name	:	Ashitha Bose
Father's Name	:	Bose
Mother's Name	:	Radha
Date of Birth	:	30-03-1993
Marital Status	:	Married
Husband Name	:	Bavish C K
Sex	:	Female
Nationality	:	India
Passport Number	:	P9126740
Visa Status	:	Spouse Visa
Passport Date of Issue	:	06/04/2017
Passport Date of Expiry	:	05/04/2027
Residence Address	:	Flat No. 415, Al Afra Building, AL Majaz 3 Sharjah - United Arab Emirates



DECLARATION

I hereby declare that above informations is correct and complete to the best knowledge and belief.

Place: Sharjah

Ashitha Bose

Date: