

CURRICULUM VITAE

ASHLY ANNA ARBI

REGISTERED STAFF NURSE

BACHELORS OF SCIENCE IN NURSING

UAE MOH EVALUATION NUMBER: 290209

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PROFILE SUMMARY

Compassionate Nursing professional in medical surgical VIP unit with 6 years of nursing experience. Also, have MOD license from Kingdom of Saudi Arabia. 2.6 years of GCC experience (KSA) and 3.6 years in India. Seeking an opportunity for acquiring exceptional organizational skills and talents in patient's relations, education and advocacy can offer outstanding abilities in assessment, formulating diagnosis establishing goals, implementing interventions and evaluating outcomes.

WORK EXPERIENCE

- Worked as Registered Nurse in medical surgical VIP unit at **ARMED FORCE HOSPITAL ALHADA –TAIF –KSA** (JCI accredited) from 16 -03-2021 to 04-11-2023 – **2.6 YEARS**.
- Worked as a Registered Nurse in Medical Surgical VIP Unit and Liver Transplant Post-Operative care unit at **Kokilaben Dhirubhai Ambani Hospital**, Andheri west, Mumbai, India (JCI and NABH accredited) from 01-01.2017 to 22-03-2020 – **3.6 YEARS**.

AREAS OF EXPERTISE

- Working as a REGISTERED NURSE (MEDICAL SURGICAL) VIP care unit.
- Emergency management programs like - BLS (Basic Life Support).
- Capability of handling emergencies and using modernized equipment's in hospitals.
- Trained to work in **Post Operated Liver Transplant Care Unit**.
- Experienced in **Preventive Medicine Department**.
- Participated in drug addiction Campaigns on 2017, 2018.
- Participated in various Blood Donation Campaigns on 2018, 2019.

EDUCATIONAL QUALIFICATION

Bachelors of Science in Nursing (2012-2015) - Kerala University of Health Science (INDIA)

NURSING PROCEDURES

- Monitoring patient's vital signs.
- Administered medications via IV/PO/SQ/IM.
- Established IV access to take blood samples.
- Monitored and recorded input and output in-patient with renal failure, gastro enteric and cardiac conditions.
- Removed secretions using aspirations technique in patients with endotracheal tubing.
- Performed patient's assessment including Cardiovascular, Urology, Respiratory, Neurology, Tracheostomy, Trauma, Pre-operative & Post-operative care.
- Assist patients with bathing, dressing, maintaining personal hygiene, positioning & ambulation.
- Health education given to patients and their families based on health care process in Hospital settings.
- Formulate patient's plan of care using identified nursing diagnosis, selecting nursing interventions & expected patient outcomes.
- Handle specialized & modern equipments, interpreting and recording measurements.
- Collaborating on discharge planning with the health care team.
- Maintaining and updating patient files EMR (electronic medical records) and other health records.

EQUIPMENTS HANDLED

- Defibrillator
- Glucometer
- Non Invasive Blood Pressure Monitor
- Syringe pump
- Nebulizer
- Doppler
- Pulse Oximeter
- Steam inhaler
- ECG machine
- Wall mounted suction and oxygen apparatus
- Infusion pump
- All types of Thermometers
- Mechanical Hospital bed
- Cardiac Monitor

- Stethoscope
- Intravenous (IV) Access Equipment
- Wound Care Supplies
- Mobility Aids

KEY RESPONSIBILITIES

- Leading efforts across providing effective patient care in a highly technical and complex environment.
- Involve in monitoring and reporting of patient's condition and maintaining reports and documentations.
- Carrying out clinical tasks as per hospitals rules, procedures and policies.
- Looking after the needs of the patients while preparing them for surgery.
- Responding to emergency calls on units and initiated resuscitation measures.
- Assisting in nursing care plans in which every patient care has assessed and evaluated.
- Providing service by accompanying doctors, examination and in explicating patient's recovery.
- Actively participating in studies and research program designed to improve the service of the hospital while making special contribution to the education program of other nurses in the ward.
- Handling the preparation, Management and requirements of Admission procedures.
- Maintenance of high alert, LASA and narcotic medications in the unit.
- Promotion of health and prevention of infection.
- Sound implementation of efficient nursing practice.
- Demonstrate ability to collaborate with complete unit staff and coordinate between various departments to provide best care to all patients.
- In-depth knowledge of regulations, rules, procedures and policies regarding international standards of nursing practice.
- Excellent communication, critical thinking, problem solving and organizational skills.
- Strong desire to create a positive work environment and encounter new challenges.
- Assist Doctors and other medical staff where needed.
- Administer medicines and treatments where required.
- Takes direct and appropriate action in urgent and emergency situations.
- Complies with hospital infection control, waste management and safety protocols.
- Liaisons with other health care team members and departments to provide continuity of patient care and unit activities.
- Complies with and participates in Quality Management Processes and activities.
- Follows ethical principles and patients right strictly.
- Maintain professional code of conduct throughout the career.
- Provide hygienic and safe working environment in compliance with healthcare procedures and interventions.

- Delegation of responsibilities to team members relevant to their level of competency.
- Continuing professional development through in-service education and specialist educational programs.
- Practice within the scope of nursing practice, adhering to national and international policies and protocols, and organizational and regulatory bodies guidelines.

SPECIAL DUTIES

- Acts as a unit management resource e.g. care coordinator, team leader, as assigned.
- As wound care and infection control nurse inside the unit.
- Maintaining inventory of sub stores high alert medication, cold storage, electrolytes, Intra venous fluid, Narcotic drugs and Medical equipments (Bio-med).

TECHNICAL SKILLS

- Proficient in computer applications (i.e. Microsoft office tools like Word, Excel, Access and Power Point)
- Hospital Management Systems – WIPRO, OIASIS.

PERSONAL DETAILS

Date of Birth : 27/12/1993
 Gender : Female
 Marital Status: Married
 Nationality : Indian
 Passport No : P1807764
 Languages known : English, Hindi, Malayalam & Arabic

DECLARATION

I hereby declare that the above-furnished details given by me are true to the best of my knowledge and belief and can being support by relevant certificates and documents.

ASHLY ANNA ARBI

DATE:

PLACE:

SIGNATURE :