

## CURRICULUM VITAE

### ASNA T.P.

MOH Certified Optometrist: 160691  
E-Mail: sinuhaneefa@gmail.com  
Visa Status: Husband Sponsorship  
Mobile No: 0544902523



Current Address: Metro Cargo Building,  
Behind Rolla Bus Station–Rolla-Sharjah-UAE-32088.

### Career Objective:-

To pursue a career with a reputable eye care organization that allows me to acquire and develop the vital skills and enable me to serve the humanity with utmost care and accuracy.

### Educational Qualification:-

- **B.S.C Optometry** (GOA Reg No: 51508/13) from Al Salama Eye Hospital, 2009- 2012 - Vinayaka Mission University, India.
- **Intermediate** (2007-2009) State Board of Higher Secondary Education.
- **Secondary School** (2006-2007) State Board of examination. Kerala.

### Clinical and Retail Experience: - UAE

**JAMIL OPTICS LLC -INSIDE CARRIEFOUR - ROLLA -SHARJAH - UAE.**  
**(OPTOMETRIST TRAINEE - 04/01/2020 to till date)**

<b>Optometrist</b>	<u>Almaz Eye Care &amp; Optical</u>	Duration : Feb 2015 to Oct 2018
<b>Optometrist (Internship)</b>	<u>Al Salama Eye Hospital</u>	Duration : Sept 2012 to 2013

- ❖ Perform vision tests and analyze results.
- ❖ Diagnose sight problems, such as nearsightedness or farsightedness and eye diseases, such as glaucoma.
- ❖ Prescribe eyeglasses, contact lenses, and medications.
- ❖ Provide treatments such as vision therapy or low-vision rehabilitation.
- ❖ Provide pre- and postoperative care to patients undergoing eye surgery
- ❖ Evaluate patients for the presence of diseases such as diabetes and refer patients to other healthcare providers as needed.
- ❖ Promote eye health by counselling patients, including explaining how to clean and wear contact lenses.

### **Personal Skills:-**

- ❖ Subjective & Objective Refraction.
- ❖ Contact Lens
- ❖ IPD Marking
- ❖ Spectacle dispensing
- ❖ Biometry & Lacrimal syringing
- ❖ Automated Perimetry HFA
- ❖ Knowledge in LASIK
- ❖ IOP measurements
- ❖ Colour Vision Testing.
- ❖ Knowledge in Contact Lenses.
- ❖ Orthoptic Examination.
- ❖ Emergency Ocular Management.

### **Areas of Expertise:**

:\*Refraction                                    :\*Contact Lens                                    :\*Biometry  
:\*Clinical Optometry                            :\*Orthoptic Examination                            :\*Spectacle Dispensing

### **Personal Details:-**

-  Date of Birth:19 July 1990
-  Sex:Female
-  Nationality:Indian
-  Language Known: English, Malayalam and Tamil.
-  Marital Status : Married

### **Passport Details:-**

Passport No. : M6364477  
Date of Issue and Expiry: 12/02/2015 - 11/02/2025

### **Declaration:-**

The above information provided is correct to the best of my knowledge and shall be grateful if you provide me the chance to work with you.

Place: Sharjah - Rolla  
Date:

Asna T.P.