



ASWATHY P S

REGISTERED NURSE

+971 558392161

✉ aswathysree5254@gmail.com



Sharjah, UAE

EDUCATION

2014 ○ B.Sc. NURSING

- VNSS College of Nursing, Kollam, Kerala

2009 ○ HIGHER SECONDARY

- Holy Family HSS, Kattoor, Alappuzha, Kerala

2007 ○ SSLC

- MIHS, Poomkavu, Alappuzha, Kerala

PROFESSIONAL LICENSE

MOH-Passed

Reference No. : 314381

CERTIFICATIONS

- **Basic Life Support (BLS):** Certified by the American Heart Association (AHA), E Code: 245609996578 Valid TILL June 2026
- **Advanced Cardiovascular Life Support (ACLS):** Certified by the American Heart Association (AHA). E Code: 255621107676, Valid until July 2026
- Data Flow Certification

COMPUTER PROFICIENCY

MS Word / Excel ★★★★★
Basic Operations ★★★★★
Internet & Email ★★★★★

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse with over two years of hands-on experience in medical and surgical care. Skilled in performing comprehensive patient assessments, developing individualized care plans, and administering medications, therapeutic treatments, and IV therapy to optimize patient outcomes. Expertise in wound care, infection control, and emergency response with a strong focus on patient education, self-care strategies, and long-term health management. Demonstrated ability to collaborate effectively with multidisciplinary teams to deliver patient-centered care and improve clinical outcomes. Adept at maintaining accurate patient records, ensuring compliance with documentation standards, and contributing to quality improvement initiatives. A proactive team player with a passion for professional development and fostering a collaborative environment.

SKILLS

Team Work

Work Ethic

Communication

Leadership

Organization skills

Time Management

Interpersonal ability

Detail Oriented

Punctual

Quick Learner

Hardworking

Analytic Skills

WORK EXPERIENCE

REGISTERED NURSE | 02 Mar 2022 – 11 Mar 2024

SAHRUDAYA HOSPITAL, ALAPPUZHA, KERALA, INDIA (NABH Accredited)

Department : Medical & Surgical Ward

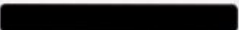
KEY RESPONSIBILITIES

- Conducted patient assessments and developed individualized care plans in line with best practice guidelines and patient needs.
- Administered prescribed medications, therapeutic treatments, & managed intravenous (IV) therapy to improve patient outcomes.
- Monitored vital signs and tracked patient conditions, adjusting care plans based on treatment response and clinical data.
- Delivered wound care, performed dressing changes, and followed infection control protocols to prevent complications & promote healing.
- Provided patient education on self-care, pain management, and long-term health management strategies.
- Collaborated with multidisciplinary teams (physicians, dietitians, physiotherapists) to provide patient-centered care and optimize treatment plans.
- Responded to medical emergencies with timely critical interventions, ensuring life-saving support in urgent situations.
- Maintained accurate patient records, ensuring compliance with hospital documentation standards and regulatory requirements.
- Implemented infection control procedures, including personal protective equipment (PPE) use to prevent hospital-acquired infections.

AREA OF EXPERTISE

- Patient Assessment & Care Planning
- Medication & IV Therapy Administration
- Wound Care & Dressing Management
- Patient Education & Counseling
- Emergency & Critical Care Response
- Infection Control & Prevention
- Multidisciplinary Team Collaboration
- Vital Signs Monitoring
- Patient Advocacy

LANGUAGES

English		100 %
Malayalam		100 %
Hindi		85 %

PERSONAL DOSSIER

Gender	: Female
Date of Birth	: 19/11/1991
Nationality	: Indian
Marital Status	: Married

PASSPORT DETAILS

Passport Number	: X3693510
Date of Expiry	: 06/02/2034
Visa Status	: Visit Visa

REFERENCE

- Available upon request

- Engaged in ongoing professional development, attending training programs and workshops to stay current with medical technologies and care standards.
- Advocated for patients' rights and dignity, addressing concerns and offering emotional support during treatment and recovery.
- Provided post-operative care, ensuring effective recovery and assisting with pain management, mobility, and patient comfort.
- Assisted in training and mentoring new nursing staff, fostering a collaborative work environment to enhance team performance and patient care.
- Participated in quality improvement initiatives, applying evidence-based practices to enhance patient safety and clinical outcomes

TRAINING ATTENDED

- **Sanker's Hospital, SN Trust Medical Mission, Kollam**
 - Assisted in patient care, conducting clinical assessments & administering treatments under supervision to ensure high-quality care.
- **Mental Health Centre, Peroorkada, Trivandrum**
 - Supported the care of patients with psychiatric conditions & severe mental illnesses, providing therapeutic interventions and patient monitoring to promote mental well-being.
- **Jayabharatham Mental Health Centre, Punaloor, Kollam**
 - Gained experience in mental health care, assisting with patient management and treatment interventions for various psychiatric disorders.
- **District Hospital, Kollam (Maternity & Pediatric Wards)**
 - Developed skills in maternity care, pediatric care, and emergency response within a high-demand hospital environment, ensuring effective patient support.
- **Regional Cancer Centre, Trivandrum**
 - Assisted in providing oncology care, including the administration of chemotherapy, palliative care, and supporting cancer patients through treatment and recovery phases.

PERSONAL STRENGTHS

- **COMMUNICATION** - Interpersonal skills – verbal, problem solving and listening skills in any administrative role.
- **SERVICE** - Having a customer focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management.
- **MANAGEMENT** - Management skills to direct others and review others performance.

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

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