

# HIRA UROOJ

## REGISTERED PHARMACIST IN UAE AND PAKISTAN

MOH LICENSED PHARMACIST IN-CHARGE (DOCTOR OF PHARMACY)

MOH / BLS / GCP/ ASHP PGY-1 (IPRP) CERTIFIED RESIDENT PHARMACIST

(MOH LICENSE NUMBER: T12854)



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LANGUAGES ENGLISH, URDU, HINDI

### PROFILE

Highly motivated and experienced pharmacist with **more than 3 years** of diverse experience in **hospital, clinical, community, and leadership roles**. Skilled in medication counselling, inventory management, and implementing effective training programs. Proven track record of providing exceptional patient care, medication management, and drug information services. Skilled in collaborating with healthcare professionals to optimize patient outcome. Committed to staying current with best practices and advancements in the field.

### PROFESSIONAL EXPERIENCE

#### PHARMACIST IN CHARGE

**JAN 2024 - PRESENT**

##### Groob Al Sham Pharmacy, Sharjah, UAE

- Supervise the functioning of the pharmacy on a day-to-day basis.
- Ensure adherence to state and federal regulations governing pharmacy operations.
- Control medication stock levels and order necessary supplies.
- Educate patients on medication usage and potential side effects.
- Address customer questions and concerns effectively.
- Keep accurate documentation of pharmacy activities.
- Remain knowledgeable about new medications and healthcare developments.

#### CLINICAL PHARMACIST

**SEP 2022 - NOV 2023**

##### Noor Memorial Hospital, Mirpur AJK, Pakistan (ISO ACCREDITED)

- As a clinical pharmacist, I provide direct patient care, collaborating with healthcare professionals to optimize medication therapy.
- I conduct medication reviews, ensure safe and effective medication use, and offer patient education.
- My role includes medication reconciliation, therapeutic drug monitoring, and participation in multidisciplinary rounds. I contribute to healthcare teams by applying clinical expertise to improve patient outcomes.
- I assess medication regimens, identifying and resolving drug-related problems.
- Additionally, I contribute to quality improvement initiatives, promoting rational medication use and adherence.

#### HOSPITAL PHARMACIST

**DEC 2021 - SEP 2022**

##### Shifa International Hospital, Islamabad, Pakistan (ASHP, JCI, ISO ACCREDITED)



- Ensure accurate dispensing and administration of medications within the hospital.
- Provide drug information and recommendations to healthcare teams.

- Educate patients on medication usage, side effects, and precautions.
- Prepare intravenous medications and sterile products for patient use.
- Calculate and adjust medication doses based on patient-specific factors.
- Monitor patients for medication-related adverse effects and intervene as needed.
- Document pharmacy interventions and patient interactions in medical records.
- Evaluate medication use patterns to optimize therapy and reduce costs.

#### ASHP RESIDENT PHARMACIST – IPPRP PGY – 1 CERTIFIED

DEC 2020 - DEC 2021



#### Shifa International Hospital, Islamabad, Pakistan (ASHP, JCI, ISO ACCREDITED)

- Participate in various clinical rotations to gain experience in different pharmacy settings.
- Provide direct patient care under supervision, including medication therapy management and counseling.
- Work closely with healthcare teams to optimize patient outcomes.
- Engage in research activities, including data collection, analysis, and presentation.
- in educating patients, healthcare professionals, and students on medication-related topics.
- Gain proficiency in medication dispensing, compounding, and distribution.
- Attend conferences, workshops, and seminars to enhance clinical knowledge and skills.
- Contribute to quality improvement projects aimed at enhancing pharmacy services.
- Learn under the guidance of experienced preceptors to develop clinical skills and knowledge.

#### PHARMACY INTERN - HOSPITAL

OCT 2020 - NOV 2020



#### Shaukat Khanum Cancer Memorial Hospital, Lahore, Pakistan (ASHP, JCI, ISO ACCREDITED)

- Assist in medication management and patient care under supervision.
- Gain hands-on experience in various hospital pharmacy functions.
- Collaborate with healthcare professionals to ensure optimal patient outcomes.
- Receive mentorship and guidance to enhance clinical skills and knowledge.
- Engage in patient counseling and education on medication use and safety.

#### PHARMACY INTERN – HOSPITAL

JUL 2019 - SEP 2019



#### Shifa International Hospital, Islamabad, Pakistan (ASHP, JCI, ISO ACCREDITED)

- As an inter-hospital pharmacist, I rotate through various departments, dispensing medications accurately and supporting clinical pharmacists.
- I assist in inventory management and compounding while participating in quality improvement initiatives.
- Collaborating with healthcare teams, I ensure seamless medication management and patient care transitions.

#### EDUCATIONAL BACKGROUND

- **Mirpur University of Science and Technology, Pakistan**  
Doctor of Pharmacy (2014 – 2020)  
Division One – CGPA 3.7
- **Hamza Army Public School, Pakistan**  
HSSC Pre-Medical (2012 – 2014)  
Division One – 80 %

#### PROJECTS/RESEARCH

- Evaluation of **Health-Related Quality of Life** in women suffering from osteoporosis. (Aug, 2020)
- **Quality Improvement Project** – IV to PO switch on drugs to decrease overall cost to the patient. (Feb,2021)
- **Established a guideline** on IV to PO switch at Shifa international hospital, Pakistan. (Feb,2021)
- Justification of **Empirical Use of Azithromycin** in Covid-19 patient. (Nov,2021)

## CERTIFICATIONS

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- Certificate of completion of course on **“Good Clinical Practice”** arranged by NIDA Clinical Trials Network
- **“Basic Life Support Health Care Provider”** issued by Shifa International Hospital Islamabad.
- **“Completion of ASHP PGY-1 Residency Program** from ASHP Accredited Hospital” issued by Shifa International Hospital Islamabad
- Also more than 40 certifications from ASHP, WHO, IVPN-AR, SHIFA, Medication Safety, Oncology (ISOPP)

## SKILLS

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|-------------------------|-------------------|------------------------------|-------------------------|
| ▪ Medication Management | ▪ Adaptability    | ▪ Pharmacotherapy            | ▪ Communication skills. |
| ▪ Drug Information      | ▪ Clinical skills | ▪ Pharmaceutical compounding | ▪ Problem-solving       |
|                         | ▪ Counseling      | ▪ Patient Care               | ▪ Teamwork              |

## REFERENCES

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- Will be furnished upon request