

## DR. SHAHBAZ AFZAL, MD

MOH GENERAL PRACTITIONER LICENSE: D43032

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*"I have valid license of General Practitioner, Ministry of Health (MOH) – United Arab Emirates with 03 years experience as GP in UAE."*

### PROFESSIONAL EXPERIENCE

#### Siyad Specialist Medical Centre, Sharjah, United Arab Emirates.

General Practitioner

01-02-2017 to date

#### Al-Mumtaz Hospital, Sandhilianwali, Toba Tek Singh.

Medical Officer /GP

11-02-2014 to 06-10-2016

#### Mayo Hospital, Lahore. (House job/internship)

Department	Duration	Time Period
General Medicine	3 month	12-09-2012 to 11-12-2012
Pediatrics Medicine	3month	12-12-2012 to 11-03-2013
E.N.T.	3month	16-04-2013 to 15-07-2013

#### Nawaz Sharif Social Security Hospital, Lahore. (House job/internship)

Department	Duration	Time Period
General Surgery	3 month	11-11-2013 to 10-02-2014

### EDUCATION & REGISTRATION

2016	Registered with Ministry of Health (MOH), United Arab Emirates, D43032
2012	Registered medical Practitioner (RMP) Pakistan Medical & Dental Council, 66521-P
2010	M.D. (Doctor of Medicine) Karaganda State Medical University, Republic Of Kazakhstan
2003	F.Sc (Pre-Medical) Board of intermediate & secondary education, Faisalabad.
2000	Matriculation Board of intermediate & secondary education, Multan.

### PROFESSIONAL SKILLS

I have attained 1<sup>st</sup> Division throughout my Educational career with more than six & half (6.5) years of Professional Experience. My key professional expertise/ skills are as follows:

#### Surgical Procedures:

I have basic understanding of Surgical Emergencies such as acute abdomen, Traumas and RTA. Further I have familiarities of Common Fractures, their types and basic treatment.

Basic medical and surgical procedure including:

- Incision & Drainage;
- Cleaning & dressing;
- Ear wash;
- ENT Foreign body aspiration;
- Ingrown Nail Removal;
- Pleural Fluid Aspiration;
- Blood transfusion;
- Circumcision;
- Wound closure;
- Wound suturing;
- Percutaneous Bladder Aspiration;
- Catheterization of Urinary bladder;
- Gastric aspiration;
- Nasal Packing;

### **Pediatrics Medicine:**

Having commands to deal with all types of Outdoor patients and medical emergencies such as:

- NICU,
- Pediatric intubation,
- Birth Asphyxia,
- Neonatal intubation & resuscitation
- Jaundice neonatorum,
- Neonatal sepsis,
- Blood sampling
- Pediatric Nursery and managements of pediatric emergencies.
- Hypocalcaemia,
- Hypoglycemia,
- Pediatric Seizures,
- Tetanus Neonatorum,
- Pediatric Immunization,
- Pediatric Nutrition and Feeding,

### **Medicine:**

Having commands to deal with all types of Outdoor patients and medical emergencies such as:

- Central nervous system (Stroke, seizures, Encephalopathy etc);
- Cardiac diseases (Acute chest pain (angina, M. I), Arrhythmias);
- Pulmonary diseases (Asthma, pneumonia, pneumothorax);
- Gastric diseases (Acid-peptic disease, G.I bleeding, infectious gastric diseases);
- Renal diseases (Renal colic, urinary retention, UTI),
- Common poisonous and infectious cases.

## **CONFERENCES & TRAINING**

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April 2015	Conference on “ <b>Asthma &amp; COPD &amp;</b> ” arranged by Pakistan chest society, held at Pearl Continental, Lahore, Pakistan.
January 2015	25 <sup>th</sup> Annual International Conference on “ <b>Family Medicine</b> ” arranged by Familycon, held at Pearl Continental Hotel, Lahore, Pakistan.
September 2014	Attend workshop on “ <b>Spirometry</b> ” arranged by Pakistan chest society, held at Pearl Continental, Lahore, Pakistan.
March 2014	Conference on “ <b>Appropriate Antibiotic Prescribing in Pediatric RTI</b> ” by Prof. Robin J Green, held at Pearl continental Hotel Lahore, Pakistan.

## **LANGUAGE SKILLS**

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English, Urdu, Punjabi, Russian.

## **PERSONAL DETAILS**

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Date of Birth:	April 01.1985
Marital Status:	married
Religion:	Islam
Nationality	Pakistani

## **REFERENCES:**

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### **Prof. Dr. Fatima Mehboob**

Head of Department Of Medicine  
King Edward Medical University/Mayo Hospital,  
Lahore

### **Prof. Dr. Azhar Hameed**

Chairman & Head of Department Of ENT  
King Edward Medical University/Mayo Hospital,  
Lahore

### **Prof. Dr. Akmal Laeeq Chishti**

Head of Department Of Paediatrics  
King Edward Medical University/Mayo Hospital,  
Lahore

### **Dr. Safdar Hussain Baloch**

Associate Professor & Chief Consultant Surgeon  
University College of Medicine and  
Dentistry/Social Security Hospital, Lahore