



Poornima Chundayil

Dubai.UAE

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PERSONAL INFORMATION

Date of Birth : 21-04-1989
Nationality : Indian
Passport no : V4598733
Marital Status : Married

AREAS OF EXPERTISE

- Musculoskeletal physiotherapy
- Orthopedics
- Stroke management
- Sports injuries
- Patient care
- Neurological conditions
- Women Health
- Pediatric physiotherapy
- Geriatric physiotherapy

PHYSIOTHERAPIST

Dubai Healthcare Professional Registration Certificate
DHA Unique ID - 08611954

CAREER OBJECTIVE

Committed to high level of work standards with overall 10 years' experience in physical therapy department and working in a challenging field which will make full use of my abilities, developing both personal and interpersonal skill, along with sincere contribution to the organization growth and goal.

Ready and qualified for the next stage in a successful career and looking forward to making a significant involvement as a physiotherapist.

CAREER PROFILE & COMPETENCIES

- Able to manage escalations, issues and risks.
- Experience of dealing with emotional and stressful situations.
- Motivate others through effective communication skills.
- Able to deal with hostility in the form of verbal and physical aggression.
- Ability to work independently in busy environment.
- Co-ordination and palpation skills for assessment.
- Flexibility to work weekends on rotational basis.
- Fully aware of fire, health & safety and other departmental policies.

PROFFESIONAL EXPERIENCE

Organization : **SWASTIK physiotherapy and Rehabilitation Clinic**
Chavara Division. Kollam. Kerala

Designation : Physiotherapist
Duration : 10th January 2018 to till date

Organization : **SWASTIK physiotherapy and Rehabilitation Clinic**
Mulankadakam Division. Kollam. Kerala

Designation : Physiotherapist
Duration : 01st August 2015 to 1st July 2016

Organization : **Zumar physiotherapy and Rehabilitation Clinic**
Malappuram Manjeri. Kerala

Designation : Physiotherapist
Duration : September 2013 to November 2014

Organization : **EMS MEMORIAL HOSPITAL AND RESEARCH CENTER**
ISO Certified Multi Super Specialty Hospital
NABH Affiliated Multi Specialty
Perinthalmanna, Malappuram, Kerala

Designation : **Physiotherapist**
Duration : July 2012 to 16th August 2013

Organization : **MALABAR HOSPITAL. Malappuram Manjeri. Kerala**
Designation : **Junior Physiotherapist**
Duration : Jan 2012 to May 2012

SKILLS

- Creative, hardworking and Self-confident.
- Co-operative and supportive with colleagues.
- Power of conveying patients and lifting up their morale
- Achievement oriented and dedicated to goal and work
- Talk to others to convey information effectively.

COMPUTER SKILLS

- M.S Office
- Excel and Basic Application.

LANGUAGES KNOWN

- English
- Hindi
- Malayalam
- Tamil

CLINICAL EXPERIENCE IN

- Department of Physical Medicine and Rehabilitation
- Department of Orthopedics and Traumatology
- Department of Neurology and Neuro surgery
- Department of Intensive care unit (CCU, MICU, NICU) and post-operative ward
- Department of Pulmonology
- Department of Cardiology and Cardiothoracic surgery
- Department of Pediatrics and Gynecology
- Department of Gastro surgery
- Department of Plastic surgery and Burn
- Participated CME on Cardiac rehabilitation and CME on Brunnstrom approach in stroke rehabilitation.

DUTIES & RESPONSIBILITIES

- Providing a high standard of physiotherapy service to patients.
- Working with patients to identify the physical problem
- Developing and reviewing treatment programmers;
- Assisting patients with joint and spinal problems, especially following surgery.
- Helping patients' rehabilitation following accidents, injury and strokes
- Work as a part of rehabilitation team
- Writing patient case notes and reports and collecting patient statistics
- Update treatment schedule for various patients and send remainder accordingly.
- Educating and advising patients and their careers about how to prevent and/or improve conditions.
- Maintain patient's confidence and protect hospital operations by keeping information confidential.
- Keeping up to date with new techniques and technologies available for treating patients
- Liaising with other healthcare personnel to supply and receive relevant information about the background and progress of patients, as well as referring patients who require other specific medical attention.
- Organizing & Prioritizing own workload & delegating responsibilities accordingly.
- Ensuring that equipment's used carrying out physiotherapy duties is safe.
- Attending monthly management meeting and addressing to information and clinical concerns
- Involved in a patient pre-admission follow up care.
- Prioritizing urgent referrals and emergency cases.
- Reporting all complaints/incidents to senior managers & department head and documenting them.
- Complete all related documentation and record keeping regarding service
- Supervising and teaching recently qualified physiotherapist assistants
- Self-motivated, detail-oriented, customer-friendly individual.

PROJECT, CASE & JOURNAL PRESENTATION

- Orthopedic Project on Fracture Neck of Femur
- Neuro Project on Spasticity
- Case Presentation on Total Hip Replacement
- Journal Presentation on T4 Syndromes

EDUCATIONAL QUALIFICATION

- B.P.T., Bachelor of Physiotherapy. MG. University. Kerala -2006 to 2011
- Higher Secondary School Leaving Certificate from Public Examination Board Kerala
- Secondary School Leaving Certificate from Public Examination Board Kerala

INTERNSHIP DETAILS

- Completed six-month internship in Medical Trust Hospital, (NABH Affiliated Multispecialty 700 bedded Hospital) Ernakulum, from 04-05-2011to 08-11-2011

LICENSURE AND REGISTRATION

- Holding with DHA Eligibility Healthcare Professional Registration Certificate valid until 24-05-2023
- Member of Kerala associated for Physiotherapist Co-ordination (KAPC) Registration Number: 1938

DECLARATION

I hereby declare that the above mention statement given by me is true to the best of my knowledge & belief

Sincerely yours
Poornima.C