

ASBIN ROSE .P

Position : **Registered Nurse**

Muwailah, Sharjah

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OBJECTIVE:

Looking forward to a career where would be possible to use my potential to the fullest extent and to make a difference to the place where I am and to spend my life in serving the sick with dedication and service, utilizing all the skills and expertise acquired over the year of my nursing care practice.

Education:

- ✓ **B.Sc. Nursing (2016 - 2020)**
St.Xavier's catholic college of nursing
- ✓ **HIGHER SECONDARY (2015-2016)**
St. Bernadette's higher secondary school
- ✓ **SSLC (2013-2014)**
St. Bernadette's Higher Secondary school

Completed Courses

➤ **DHA License**
Year of Passing: **2023**

Professional Experience

Position: **REGISTERED NURSE**

Year of experience: **2 years.**

Hospital: **Apollo Main Hospital, Chennai**

Area: **HEART AND LUNG TRANSPLANT ICU and ECMO ICU**

About Hospital

- Apollo Main Hospital. reams road, Chennai, Tamilnadu, India (From April 15 2021 to April 24 2023)

- I worked in a Multi-specialty Hospital, with 606 beds and 15 operating rooms is one of the leading health care providers in Chennai, Tamilnadu (JCI accredited and NABH Accredited).
- It is the first Indian Hospital with ISO9001 and ISO14001 to introduce techniques in coronary angioplasty, radiotherapy, and radiosurgery (for brain tumors).
- It has specialized in Cardiology, Oncology, Bones, Joints & Spine, Organ Transplants, Neurology, Gastro & Colorectal, Bariatric Surgery, and Gynecology & Infertility and Ophthalmology.
- The first hospital in South India to be accredited by the Joint Commission International USA and subsequently reaccredited 4 times.
- This Hospital was declared as the "Centre of Excellence" by the Government of India.
- Owns the distinction to have first successfully transplanted pancreas.
- Caters to over 10,000 people on a daily basis
- The hospital houses 60 departments and 17 Centers of Excellence.

About department:

Our unit consist of Heart and Lung Intensive Care Unit, Tracheotomy Unit and ECMO ICU. We are receiving undergoing Heart Transplant, Lung Transplant cases, Post operative Heart and Double Lung transplant patients, VA ECMO, VV ECMO cases, Tracheostomy cases, ILD and Cardiac failure cases in our department.

Details of working experience:

- Orientation of patient and family members about the hospital facilities and policies.
- Assisting physician for diagnostic and therapeutic procedures (Insertion of Central Venous Catheter, Arterial Line, Hemodialysis access, LP, Bone Marrow Aspiration, Bronchoscopy)
- Assisting physician in emergency situations (Endotracheal Intubation, insertion of intercostals' drainage, Tracheostomy)
- Planning and implementation of patient care (includes suctioning, hygiene, comfort measures, elimination needs, administration of medicines)
- Documenting patient condition and administration of medication.
- Maintaining records and report
- In service education
- CPR, intra muscular & intravenous injections, wound dressing, venipuncture.
- Participation for teamwork about the emergency care in the department
- Samples collection
- Aseptic and infection control
- Biomedical waste management

Emergency managements:

- Providing CPR during cardiac arrest.
- Deliver cardiac shock using defibrillator during cardiac arrest.
- Administration of emergency drugs.

- Preparation of emergency intubation and Tracheotomy.
- Preparation of patients and articles for ICD in case of pneumothorax and other cases.
- Preparation of patients for emergency operation and bedside procedure like ECMO initiation , Oxygenator change .
- Assisting doctor during cardiac procedure like Right Heart Study.
- Care of patients with post carcinogenic shock.

Equipments known to use

- Ventilator
- Cardiac monitor
- ECMO machine
- BIPAP, HFNC Machine
- Glucometer
- ABG machine
- Infusion pump
- Syringe pump
- Pulse ox meter
- Bronchoscope
- ECG
- Defibrillator
- Nebulizer
- Suction apparatus
- Oxygen cylinder and centralized oxygen
- Ambubag

Professional skills:

➤ Perform general patient assessment including:

- Vital signs
- GRBS
- ABG
- ECG
- Interpretation of hemodynamic monitoring
- Collecting ABG samples
- Blood transfusion
- Vaccination.

➤ Effective management in ICU :

- Practice of hygienic donning and doffing of personal protective equipment.
- Psychological care for patient
- Laboratory sample collection
- ICU care and ventilation management
- Identifies and manages complication.
- Providing prone position management patients with ventilator.
- Managing emergency situation in Heart and Lung Transplant patients.

- Care of patients during dialysis.
- Maintaining a critical alerts value book and taking appropriate management with doctors.
- Prevention of pressure sore during prone position.
- Maintaining nutrition and electrolyte balance.
- Providing cultural support to the patients.

➤ **Effective management of rapidly changing situations and emergencies :**

- Identifies life threatening emergencies
- Initiating CPR, BLS, emergency drugs
- Techniques and use of Ambubag, techniques and use of defibrillator.

Computer Skills:

- Browse and Collect information from internet
- To prepare Microsoft word documents in structured formats
- To use Microsoft Excel and Power Point

Certificates:

- “Basic life support” Certificate By AHA (American Heart Association) 11-Sep-2023.
- “Advanced cardiac life support”(Apollo Main Hospital)
- “DHA Registered Nurse” Unique ID:17575825
- “Registered Nurse and Midwife” - Registration number (235307)

References:

- Mrs.Vasanthi.T, Nursing Officer, Apollo Main Hospital, Chennai.
- Dr. Selvi, Pulmonologist, Apollo Main Hospital, Chennai
- Dr. Sunder, Cardio Thoracic Vascular Surgeon , Apollo Main Hospital, Chennai

Passport details:

- Passport number : U8831949
- Issued date : 09/04/2021
- Expired date : 08/04/2031

Personal Profile:

Name	:	ASBIN ROSE.P
Name of the Husband	:	S. Rejin
Date of Birth	:	08/11/1998
Sex	:	Female
Marital Status	:	Married
Nationality	:	Indian
Religion	:	Christian

Languages Known :

Language Known to Speak	:	Tamil, English, Malayalam,Hindi
Language known to write	:	Tamil and English

Declaration:

I hereby declare that all the above finished details are true and correct to the best of my knowledge and belief.

Date:**Yours Faithfully,****Place:****ASBIN ROSE.P**