

CURRICULUM VITAE

PERSONAL PROFILE



NAYANA. U

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vishnunayana048@gmail.com

| | |
|----------------|--------------|
| Date of Birth | 12/06/1998 |
| Gender | Female |
| Nationality | Indian |
| Religion | Hindu |
| Marital Status | Married |
| Father's Name | Rajesh Kumar |
| Husband's Name | Gopakumar V |
| Address | Sharjah, UAE |

PASSPORT DETAILS

| | |
|----------------|------------|
| No | W7770572 |
| Date of Issue | 13/12/2022 |
| Date of Expiry | 12/12/2032 |
| Place of Issue | Trivandrum |

LANGUAGES PROFICIENCY – To Speak/Read/Write

| | |
|-----------|--------------|
| ENGLISH | FLUENT |
| MALAYALAM | FLUENT |
| TAMIL | FLUENT |
| HINDI | INTERMEDIATE |

CAREER OBJECTIVE

Experienced **B.Sc REGISTERED NURSE** seeking challenging position in an established professional Hospital, where I can contribute my skills and expertise with noble responsibility as Nurse for the benefit of the employer and self-career developments.

DEPARTMENTAL NURSING SKILLS

- Ip medical & surgical ward

PROFESSIONAL EXPERIENCE

- **STAFF NURSE – MEDICAL AND SURGICAL WARD**

Since **10.07.2023** to **12.07.2024**

N.S Memmorial Institute of Medical Science, Palathara - Kollam

PROFESSIONAL REGISTRATION

Registration No. **KL03202300539** for **NURSE and MIDWIVES** from Kerala Nurses and Midwives Council.

PROFESSIONAL LICENSE

- **UAE MOH - RN Qualified**

- **PROFESSIONAL**

✚ **B.Sc NURSING with Second Class**

Kerala University of Health Sciences, Govt. of Kerala .

Vellapally Natesan Shashtyabdapoorthi Smaraka College Nursing,
Kollam - 2020

- **ACADEMIC**

✚ **PLUS TWO - Science**

Santhinikethanam Model Higher Secondary School Patharam,
Kollam - 2016

**CERTIFICATIONS
ACHIEVEMENTS**

- ✚ **BLS (Basic Life Support) & ACLS (Advance Cardiac Life Support)** conducted by AHA-American Heart Association.

NURSING SKILLS

- ✚ Performing CPR
- ✚ Assisting Physician in care giving and procedures
- ✚ Emergency Intubation.
- ✚ Application of cervical traction
- ✚ Teaching of different topics in unit
- ✚ Daily inventory checking
- ✚ Triageing
- ✚ Care of narcotic drugs & their records
- ✚ Discharge and Transfer of Patients
- ✚ Monitoring vitals, GCS, pain score, pupillary response & notify if changes present.
- ✚ Oxygen therapy, suction, wound dressing.
- ✚ Meeting hygienic, elimination & nutritional needs of the patient.
- ✚ Handling medico-legal cases & following procedures
- ✚ Monitoring a patient's airway, breathing and circulation.
- ✚ Intravenous Canalization.
- ✚ Urinary catheterization, Ryle's tube insertion.
- ✚ Administration of drugs, suppositories & enema.
- ✚ Transfusion of blood & blood products
- ✚ Taking part in infection control.
- ✚ Taking informed consent before procedures and preparing for procedures.
- ✚ Maintaining records and reports
- ✚ Psychological support to the patient and maintaining a therapeutic relation with patients.
- ✚ Collection of samples for investigations.
- ✚ Transporting critically ill patients in well-equipped Ambulance from another hospitals

**PROCEDURES
ASSISTED**

- Bronchoscopy
- Application of Cervical Traction
- Emergency Intubations
- Team of Code Blue and Code Yellow
- Central venous Catheter insertion.
- Arterial line insertion
- ICD insertion
- Lumbar puncture
- Trans-thoracic Echo
- Major and Minor suturing
- Epidural Catheterization
- Application of POP
- External ventricular drainage
- Ultrasonography
- OGD

**AMBULANCE
ACCESSORIES**

- ✚ First-Aid Kit ACLS Drugs Kit
- ✚ ATLS Kit (Splints, C-Collar, Spine Board, Emergency, Stretcher, Scoop Stretcher)
- ✚ Resuscitation Kit (AMBU Bag with Mask Airway, E T tube, Laryngoscope with blades)

**EQUIPMENTS
HANDLED**

- ✓ Multi Parameter Hemodynamic Monitor – Space Labs, Philips
- ✓ Defibrillator / AED
- ✓ Mechanical Ventilator (Siemens, Puritten-Benett, i-vent, Engstrom, Hamilton)
- ✓ Laryngoscope with blades of different sizes.
- ✓ Adult & Pediatric AMBU bag with mask
- ✓ Centralized & portable suction
- ✓ Centralized & portable oxygen
- ✓ BIPAP
- ✓ Nebulizer
- ✓ B P Apparatus, Stethoscope
- ✓ Pulse Oximeter
- ✓ Glucometer
- ✓ Syringe Pump, Infusion Pump

**EQUIPMENTS
HANDLED..contd..**

- ✓ Warmer
- ✓ Steam Inhaler
- ✓ ECG Machine – BPL, HP
- ✓ X-ray machine
- ✓ Crash cart with emergency medicines & intubation tray.
- ✓ Hospital information system.

**INSERVICE
TRAINING**

- ✚ NRP
- ✚ BLS Training
- ✚ IV Therapy
- ✚ Blood transfusion
- ✚ Infection control training
- ✚ Blood culture
- ✚ Fire and Safety
- ✚ Wound care

**PERSONAL
STRENGTHS**

- Excellent communication and leadership skills.
- Team player and excellent interpersonal skills.
- Cooperative and coordinative.
- Ward Management
- Assisting Doctors on their routine rounds.
- Orientation to junior nursing staff.
- Evolving suitable record systems of patients.
- Orientation to Patients about the treatment and procedures.
- Extra care on patients and prepare them for treatment.
- A will to learn, develop and excel.
- Self-confident and motivational.
- A 'can-do' work attitude.

DECLARATION

Hereby affirm that the furnished information is true and correct to the best of my knowledge and belief.

[NAYANA.U]