



# Sidra Yaqoob

## Physical Therapist

### MOH evaluation letter

**Permanent Address:** Flat No. 502, Al Shamsi 5 building,  
Muweillah commercial; sharjah UAE

**Date of birth:** 26/5/1988

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**Postal Address:** Flat No. 502, Al Shamsi 5 Building,  
Muweillah commercial; sharjah UAE

**Email:** sidra1988.sy@gmail.com

**Nationality:** Pakistani

### PERSONAL STATEMENT

- To pursue a challenging career in a prestigious institution and to utilize my capabilities to the full extent to achieve the best in academic and career pursuits.

### EDUCATIONAL SUMMARY

**2012 to 2014**

#### **tDPT (Transition doctor of physiotherapy)**

University of health sciences Lahore

Year	Marks	Percentage/ Position
2015	360/600	60%

**2008 to 2011**

#### **B.sc physiotherapy**

King Edward Medical University (KEMU) Lahore

Year	Marks	Percentage/ Position
2011	1628/2500	65.12%

**2005 to 2007**

#### **Intermediate (F.sc pre medical)**

Govt.College for Women, Madina Town; Faisalabad

Year	Marks	Percentage
2007	905/1100	82.27%

2002 to 2004

**Matriculation**

Govt. Girls High School No: 2, Peoples colony, Faisalabad

year	Marks	Percentage
2004	680/ 850	80%

**CLINICAL PRACTICE**

- 6 months of training as a physiotherapist assigned by MOH in “Kuwait Hospital” Dubai (1-11-2018 to 1-05-2019)
- 5 months of working experience as physical therapist in “Bin Inams Physical Therapy & Pain care clinic” (11-05-2016 to 05-10-2016)
- 9 months working experience in “Bin Inam’s Physical Therapy & pain care clinic” (01-01-2015 to 21-09-2015)
- 2 year working experience in “Social security hospital ”  
(01-01-2013 to 31-12-2014)

**CLINICAL RESEARCH**

- One year data collection and statistical analysis on the topic of  
“Analysis of case load in department of physiotherapy and Orthopaedic (OPD) unit 1 during 2007”
- One year data collection and statistical analysis on topic of  
“To check association of MRI and clinical features in patients with  
L4-L5&L5-S1 disc prolapse in Laborers”

**PROFESSIONAL COURSES**

- Certificate of online course on “An introduction to clearing Lumbar Spine” 3 April 2022
- Certificate course of participation in seminar on “Cardiology” at 15<sup>th</sup> March 2019
- Certificate course of participation in seminar on “Diabetes & Obesity” at 15<sup>th</sup> February 2019
- Certificate course of participation in seminar on “Painful Feet” at 11<sup>th</sup> February 2019
- Certificate course of participation in “1<sup>st</sup> International conference on Rehabilitation sciences(ICRS 2014) ” at 15-16<sup>th</sup> March 2014
- Certificate course of participation in seminar on "Thoracic Outlet Syndrome And Spinal Pathologies" at 8th December, 2010 (K.E.M.U, Pakistan).

**SKILLS**

- Musculoskeletal physical therapy
- Neuromuscular physical therapy
- Paediatrics physical therapy
- Mobilization technique

**REFERENCES**

Available on request