Curriculum Vitae

Hanan Abdallah Abdulwahab Hossain

Internal medicine specialist

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Dubai- UAE

Personal details

* **Date of birth**: 20/7/1977
* **Nationality**: Egyptian
* **marital status**: Married

SUMMARY

Dynamic and dedicated Internal Medicine Specialist with extensive experience (Over 20 years) in providing high-quality by care and managing complex medical conditions.

With over a decade of experience working as specialist Internal Medicine in reputable healthcare institutions in Egypt. I have demonstrated proficiency in diagnosing and treating a wide range of medical conditions

* Medical Procedures
* Wound debridement
* Intravenous antibiotic therapy
* management
* HIV pre-exposure prophylaxis
* (PrEP) initiation and management

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| --- | --- |
| * Electrocardiogram (ECG or EKG)
 | * Arterial line insertion
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| * Spirometry (lung function testing)
 | * Pacemaker interrogation
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| * Blood pressure measurement
 | * Insulin pump management
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| * Abdominal ultrasound
 | * Medication titration (e.g., adjusting insulin doses)
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| * Bone density testing (DEXA scan)
 | * Ascitic fluid analysis
 |
| * Thyroid ultrasound
 | * Paracentesis (abdominal fluid aspiration)
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| * Cardiac stress testing
 | * Arterial blood gas (ABG) analysis
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| * Joint aspiration and injection
 | * Echocardiogram
 |
| * Synovial fluid analysis
 | * ECG
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| * Musculoskeletal ultrasound
 | * Continuous renal replacement therapy (CRRT)
 |
| * Biologic therapy administration (e.g., TNF inhibitors)
 | * renal angiography
 |
| * Pulmonary function testing (PFT)
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Education

* **Faculty of medicine (Ain Shams University).** Oct 2009

Master's degree in internal medicine

Review about Serum Leplin in NASH.

* **Faculty of medicine (Ain Shams University).** Dec 2000

Bachelor of medicine and surgery.

* **DHA eligible**

Passed the exam on 21st April 2024.

Employment & professional experience

2001 : 2002 :

**House Officer at Ain sham Main University Hospitals:**

Two months training in each of the following departments:

Internal Medicine, General Surgery, Gynaecology & Obstetrics and Paediatrics, and One month training in each of the following departments:

Orthopaedics Surgery, Anaesthesia & post-operative ICU, Pulmonology and Trauma & Emergency Department.

Cairo Transport Authority Hospital (Cairo, Egypt)

(July 2002 – June 2008)

Job description as general practitioner

* Conduct consultations and physical examinations to assess patient health status, diagnose medical conditions, and formulate individualized treatment plans.
* procedures to obtain samples for diagnostic evaluation of hematologic disorders and malignancies.
* Conduct Wound Debridement procedures to remove necrotic tissue, promote wound healing, and prevent infection in patients with acute or chronic wounds.
* Manage Intravenous Antibiotic Therapy to treat severe bacterial infections, including selection of appropriate antibiotics, dosing, monitoring for adverse effects, and adjusting therapy as needed.
* Initiate and manage HIV Pre-Exposure Prophylaxis (PrEP) for individuals at high risk of HIV infection, including assessment of eligibility, prescribing medications, monitoring for adherence and side effects, and providing counselling and support.
* Coordinate with other healthcare professionals, including infectious disease specialists, pharmacists, and wound care specialists, to ensure comprehensive and coordinated patient care.
* Provide patient education and counselling on disease prevention, medication adherence, lifestyle modifications, and other aspects of managing chronic medical conditions.
* Maintain accurate and up-to-date medical records, including documentation of patient assessments, treatment plans, procedures performed, and communication with other healthcare providers.
* Participate in multidisciplinary team meetings, case conferences, and quality improvement initiatives to enhance patient care and outcomes.
* Stay abreast of current medical literature, research findings, and best practices in internal medicine and related specialties through continuing medical education, conferences, and professional development activities.

Cairo Transport Authority Hospital (Cairo, Egypt)

(2009:2015)

Job description as Registrar:

* Conduct comprehensive assessments and physical examinations of patients presenting with medical complaints.
* Formulate accurate diagnoses based on clinical findings, laboratory results, and diagnostic imaging studies.
* Develop and implement individualized treatment plans tailored to each patient's medical condition, including medication management, lifestyle modifications, and referrals to specialists as needed.
* Monitor patients' progress, adjust treatment plans as necessary, and provide ongoing follow-up care to ensure optimal outcomes.
* Manage medical emergencies and provide timely interventions to stabilize critically ill patients.
* Collaborate with multidisciplinary healthcare teams to coordinate patient care and facilitate continuity of care during transitions between healthcare settings.
* Provide supervision and guidance to junior medical staff, including residents, interns, and medical students, in clinical settings.
* Facilitate teaching sessions, case discussions, and clinical rounds to enhance the education and training of junior colleagues.
* Foster a supportive learning environment that encourages professional growth, critical thinking, and evidence-based practice.
* Participate in the evaluation and assessment of junior medical staff, providing constructive feedback and mentoring to support their development.
* Maintain accurate and up-to-date medical records, documenting patient assessments, treatment plans, procedures performed, and follow-up care.
* Ensure compliance with regulatory standards, institutional policies, and documentation requirements for medical records and patient care documentation.
* Communicate effectively with other healthcare professionals.

Cairo Transport Authority Hospital (Cairo, Egypt)

(2015: tell new)

Job description as Specialist Internal Medicine:

* Conduct consultations and physical examinations to assess patient health status and formulate
* appropriate treatment plans.
* interpret Electrocardiogram (ECG or EKG) tests to evaluate cardiac function and detect
* abnormalities in heart rhythm.
* Administer Spirometry tests to assess lung function and diagnose respiratory conditions such as asthma and chronic obstructive pulmonary disease (COPD).
* Perform blood pressure measurements to monitor cardiovascular health and assess risk factors for hypertension and cardiovascular disease.
* Conduct abdominal ultrasound examinations to evaluate the structure and function of abdominal organs, such as the liver, kidneys, and gallbladder.
* Perform Bone Density Testing (DEXA scan) to assess bone health and diagnose conditions such as osteoporosis.
* Conduct Thyroid Ultrasound examinations to evaluate the thyroid gland and diagnose thyroid disorders such as hypothyroidism and hyperthyroidism.
* Treat arrhythmias and other cardiac abnormalities.
* Conduct Cardiac Stress Testing to evaluate cardiac patients.

Railway Hospital.

2023- Present.

High flow rate hospital

Internal Medicine Specialist

3 Private Clinics.

Internal Medicine Specialist:

* Have excellent reviews on Vezeeta
* Have very good rating
* Good at using abdominal ultrasound.
* Can deal with cardiac and chest patients.
* **Gullitaz** Hospital and **Wafaa w Amal Hospital** (Cairo, Egypt). General Practitioner.

March 2002- March 2003.

* **Ain Shams University Hospitals** Intern (Cairo, Egypt).

March 2001 - March 2002

Professional society membership

**December 2009**:

* Member of Egyptian society of internal medicine.

Scientific activities & interests

* Member of the scientific committee of Cairo medical syndicate March 2003: till now.

Training curses

* Practical condensed training course from Ain shams university on the abdominal ultrasonography unit.

(1st March 2019 to 15th April 2019).

* Basic ultrasound Courses.
* TOIFEL Course.
* Infection Control Course.
* Research and Medical Ethics Courses.

SCIENTIFIC ACTIVITIES ATTENDED

**2010:**

* 31st Annual Scientific Congress of Alexandria Faculty of Medicine "Accreditation of Medical Schools" 6-8 May 2010, Alexandria, Egypt.

**2012:**

* 7th Conference of the Laboratory Medicine in Alexandria "Clinic laboratory Integration, Bridging the Gap" 26 - 28 September 2012, Alexandria, Egypt.

**2013:**

* 2nd Cairo University Comprehensive Clinical Course on rheumatology Diseases for Physicians, 24 - 27 March 2013, Cairo, Egypt.
* 5th Egyptian Annual cardiology Conference, 24-26 October 2013, Cairo, Egypt.

**2014:**

* 32nd Annual Congress of the Egyptian Society of Nephrology & Transplantation, 5-8 March 2014, Alexandria, Egypt.
* 6th Egyptian Annual gastroenterology Conference, 23-25 October 2014, Cairo, Egypt.

**2015:**

* 4th Annual Scientific Meeting of Alexandria hepatology, "11-12 June 2015, Alexandria, Egypt.

**2016:**

* 5th Annual Scientific Meeting of Alexandria Nephrology, Dialysis and Transplantation & Summer Chapter of Egyptian Society of Nephrology and Transplantation "Nephro-Alex 2016" 13-15 July 2016, Alexandria, Egypt.
* 6th Annual Conference of Tanta endocrine Unit, 28 July 2016, Tanta University, Egypt.

**2017:**

* 36th Annual Congress of the Egyptian Society of Nephrology & Transplantation, 27 February - 2 March 2018, Cairo, Egypt.
* 1st KUC Transplant-Specialized Conference

"Immunobiology of Transplantation" 1-2 November 2018, Alexandria, Egypt.

**August 2017**

* Annual scientific conference of Hepatology, Gastroenterology and infectious diseases.

**2018:**

* Baxter Key Opinion Leaders Symposium, 18 - 19 January 2019, Luxor, Egypt.
* 37th Annual Congress of the Egyptian Society of Nephrology & Transplantation, 3-5 March 2019, Cairo, Egypt.
* 56th ERA-EDTA Annual Congress, 13 - 16 June 2019, Budapest, Hungary.
* 7th International Continuous Medical Education in geriatrics 26-28 September 2019, Cairo, Egypt.

**February 2018**

* kasr AL-Ainy Endoscopy, Hepatology & Gastroenterology course.

**2019:**

* 38th Annual Congress of the Egyptian Society of infectious diseases 19-22 February 2020, Cairo, Egypt.

**March 2019**

* Annual Behera Cardiopulmonary conference.

**August 2019**

* Annual scientific conference of Hepatology, Gastroenterology and infectious

**August 2019**

* Annual Diabetes & Endocrinology conference, Internal medicine department, Damanhour Medical National Institute.

**October 2021**

* Annual Diabetes & Endocrinology Conference.

**March 2022**

* Annual Conference of Cardiology & Internal Medicine.

**July 2022:**

* Annual conference of GIT, Liver Diseases.
* Damanhour Medical National Institute.

**March 2023**

* Annual conference Of Cardiology & Internal Medicine.

**July 2023**

* Annual conference of GIT &Liver Diseases.

Languages

* **Arabic:** mother tongue
* **English:** Excellent

Skills & interests

* **Computer: very good**

using Microsoft windows & Microsoft office.