



📍 DUBAI, UAE

📞 +971565598493

✉️ dilshanapp92@gmail.com

SUMMARY

Enthusiastic Doctor with 6 years of experience in Internal Medicine and hospital settings. Adept in accurately diagnosing and strategizing for the best treatment plans for patients. Bringing forth an empathetic and professional attitude, committed to providing patients with the best care possible. Experienced in counselling patients on preventative care and positive lifestyle changes. A strong leader who works well under pressure and with other medical professionals.

SKILLS

- Emergency Care
- First Aid/ CPR/ ALS
- Minor Surgical Procedures
- Management of Acute and Chronic Pain
- Differential diagnosis skills
- Interpersonal communication and team building
- Palliative Care
- Hospital Admission Management
- Allied Health Referrals
- Best Practice
- Patient Consultations

DILSHANA PP

EXPERIENCE

June 2023 - Current

General Practitioner Shifa Al Rabee Medical Center | Sharjah, UAE

- Appropriately diagnosed and treated a variety of diseases in an OPD setting.
- Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.
- Administered and prescribed appropriate courses of treatment, including pharmaceutical medications.
- Advised and educated patients regarding diet, hygiene, and effective disease prevention methods.
- Managed, directed, and coordinated activities of doctors, nurses, assistants, and other medical staff.
- Performed minor surgical procedures.
- Maintained accurate records of patient care, condition, progress, and concerns.
- Proficient in ICD-10 coding system and HMS for record-keeping and data analysis.

December 2022 - January 2023

Junior Doctor in Cardiology Government Medical College | Kannur, India

- Coordinated well-rounded patient care by collaborating with medical professionals in diverse clinical areas.
- Ordered laboratory tests and imaging scans to complete further investigations.
- Attended and participated in clinical meetings and continued education training to maintain licensing.
- Promoted self-care and general health education, offering practical advice for patients to maintain positive wellbeing.
- Consulted with patients on lifestyle changes related diet and exercise.
- Evaluated patients' responses to treatments and other preventative and curative measures.
- Implemented action to alleviate symptoms of medical complications.

June 2018 - June 2022

Junior Doctor in Paediatrics Dhanalakshmi Hospital | Kannur, India

- Conducting thorough medical examinations, collecting patient histories, and formulating differential diagnoses and treatment plans for pediatric patients.
- Monitoring the well-being of children, administering medications, and coordinating with nursing staff to ensure proper care.
- Participating in daily ward rounds, presenting cases, and updating patient records and documentation.
- Communicating effectively with parents, providing information on treatment options, and addressing concerns.
- Assisting in medical procedures such as blood draws, vaccinations, and collaborating with specialists for consultations.
- Engaging in continuous medical education, providing parental education on child health and preventive care.
- Collaborating with healthcare professionals and participating in

multidisciplinary team meetings.

- Responding to pediatric emergencies, providing immediate care, and collaborating with emergency response teams.
- Participating in research projects or clinical audits, contributing to evidence-based practices and quality improvement.
- Engaging in professional development activities and pursuing further education or training in pediatric specialties.

December 2017 - March 2018

Junior Doctor in Emergency Medicine Koyli Hospital | Kannur, India

- Conducting rapid and accurate assessments of patients in the emergency department, prioritizing those with critical conditions for immediate attention.
- Providing immediate interventions and treatments to stabilize patients, including administering medications, performing life-saving procedures, and coordinating with other healthcare professionals.
- Ordering and interpreting diagnostic tests, such as imaging studies and laboratory tests, to aid in the rapid diagnosis of patients in emergency situations.
- Collaborating with nurses, specialists, and other healthcare professionals to ensure efficient and coordinated care for patients in the emergency department.
- Maintaining detailed and accurate records of patient assessments, interventions, and outcomes, while also communicating effectively with patients, their families, and other healthcare providers to facilitate continuity of care.

EDUCATION

2017

MBBS | Medicine

Yenepoya Medical College, Mangalore

COURSES, LICENSURE AND BOARD CERTIFICATIONS

- Registered member of Karnataka medical council (Reg no:121619)
- Registered member of Kerala state medical council (Reg no:64549)
- DHA ID -55318801
- MOH LICENCE NO – 284051
- BLS
- Conference on Neonatology office practice in annual state conference of IAP Kerala, DhanaLakshmi Hospital, Kannur - November 2019