



## RASOOL BUX Dental hygienist

**Abu Dhabi DOH Dental Hygienist license**  
**Doh License Reference# 2023-03-5051253840**

### Experience:

2021 to 2022  
Dental Hygienist  
Dow University of health sciences Karachi at Ojha Campus.

### Responsibilities:

Providing dental health education about tooth care and diet.  
removing plaque and calculus by scaling polishing and multiple extraction teeth.  
taking impressions and dental radiographs of teeth.  
applying prophylactic/antibacterial materials, fissure sealants and topical fluorides to help prevent tooth decay.  
Cleans calcareous deposits, accretions, and stains from teeth and beneath margins of gums using dental instruments.  
Examines gums using probes to locate periodontal recessed gums and signs of gum disease. Feels lymph nodes under patients chin to detect swelling or tenderness that could indicate the presence of oral cancer.  
Applies fluorides or other cavity-preventing agents to arrest dental decay.  
Exposes and develops x-ray film.  
Records and reviews patient medical histories. Charts conditions of decay and disease for diagnosis and treatment.

### Education:

Dow University of Health Sciences, Karachi Sindh, Pakistan  
• Bachelor of Dental hygiene Year 2020 (BSDCP).

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Al Ain Abu Dhabi



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DOH LICENSE DENTAL HYGIENIST



**Experience:**

**2020–2022**

**Dental Hygienist** ▪ South city hospital Karachi.

**Responsibilities:**

- Remove tartar, stains, and plaque from teeth.
- Apply sealants and fluorides to help protect teeth.
- Take and develop dental x rays.
- Assess patients' oral health and report findings to dentists.
- Document patient care and treatment plans.

**1. Reviewing Dental and Health History**

Before any dental work is done by either the hygienist or the dentist, the hygienist must conduct a medical history. This review is a critical tool that hygienists use to:

- Understand a patient's previous dental work and medical conditions
- Understand any changes to overall health, prescription medications, or allergies
- Assess any oral health risks
- Prevent medical emergencies

**2. Screening Patients****3. Conducting Dental Cleanings****4. Taking Dental X-rays****5. Applying Preventive Care****6. Teaching Patients Good Dental Hygiene****7. Helping Patients Improve and Maintain Good Dental Health****8. Documenting Care and Treatment as It's Performed (and Communicating with the Dentist)****Awarded:**

Best House officer as a Dental Hygienist 2021 to 2022.

Dow University of health sciences Karachi at Ojha Campus.