# Dr.Ismail Muhammad Saqlain

Specialist Family Medicine/General Practitioner

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#### **Health Care Profile:**

Highly motivated, dedicated and clinically competent general practitioner with experience caring for patients from a Range of cultural backgrounds. I am committed to pursuing a role in which I can help people maintain their health and Quality of life.

#### Areas of Interests:

- Cardiology
- Outpatient Clinic/Office
- Internal Medicine
- Rheumatology
- Hospital Medical Service
- · General medicine
- Dermatology
- Emergency Room Experience
- Infectious Diseases
- Pulmonary
- Private Practice Experience
- Psychiatry/Behavioral/Substance Abuse
- HIV/STI

#### **PROFESSIONAL AFFILIATIONS:**

Registered medical practitioner, Pakistan medical and dental council (PMDC College of Physicians and Surgeons , Pkistan (CPSP)

#### **EDUCATION & CERTIFICATION:**

- MOHAP UAE Evaluation Letter (Eligibilty Letter) General Practitioner

  (Ministry of Health and Prevention, UAE) August 2023
- MCPS FAMILY MEDICINE (Member of College of Physician and Surgeons Pakistan
   | College of physician and surgeons Pakistan | 2023
- MBBS Affiliated with University of Health Sciences ,Lahore |Rawalpindi medical college, Rawalpindi Pakistan | 2012

#### Workshops:

BLS Certificate

American heart association organized by CPSP

• Communications Skills (3 Days)

College of physicians and surgeons Pakistan

- Introductions to Computers and Internet(3 Days)
   College of physicians and surgeons Pakistan
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- Primary Surgical Skills (3 Days)

College of physicians and surgeons Pakistan

## Workshop on HIV (3 Days)

(Punjab Aids control Program Punjab Pakistan)

## **Practical History**

#### **CH.Pervaiz Elahi Institute of Cardiology MULTAN, PAKISTAN**

#### Senior Medical Officer August 2023 - Till Date

- Managing Cardiac Patients OPD
- Evaluation of Patient and their Medications
- Managing the hospital administration related affairs
- Managing all evening departments attendance and work by daily rounds
- Solving patients issue regarding hospital

#### **CH.Pervaiz Elahi Institute of Cardiology MULTAN, PAKISTAN**

#### **Medical Officer**

#### October 2020 - August 2023

- Managing Cardiac Patients OPD
- Evaluation of Patient and their Medications
- Managing the hospital administration related affairs
- Managing all evening departments attendance and work by daily rounds
- Solving patients issue regarding hospital

#### DHQ HOSPITAL LAYYAH ,PAKISTAN Medical Officer | March 2017 - Oct 2020

## Medical officer pediatrics. (2020. To 2020)

- Managing pediatric Emergency and opd patients
- Evaluation of pediatrics patients in OPD for necessary admission
- Morning/evening rounds in paedes wards
- Follow and monitor paedes nursery ward reports and treatments
- Evening opd of paedes ward occasionally

### Medical officer Medicine/Medical ward (2019 to 2020)

- Managing patients in medical ward and Dengue wards.
- Daily morning round in medical ward patients
- Advise necessary medications and diagnostics tests in medical wards
- Treat any emergency situation of patients in medical wards
- Follow up dengue patients in dengue seasons and monitor their treatments

## Medical officer CCU (2017/18 to 2019)

- Provide and manage direct patient care of
- all cardiac emergencies inculdingMyocardial infarction,atrialfibrillation,,SVTs, Heart blocks, and treatment
- outpatient cardiac clinic, nursing home/rehabilitation and long term care/hospice unit,
- Managing patients in CCU ward
- Diagnosing and treatment cardiac related medical issues.

- Counselling the patients regarding cardiac medicines, and precautions.
- · Morning and night round of patients in ward
- Managing the reports and statistics of cardiac patients at ccu.

#### Medical officere Emergency and trauma Department (2017 to 2017)

- Examined patients and recorded their medical histories and details of E/R Patients
- Ordered laboratory and diagnostic procedures
- Prescribed and administered medications, inoculations and treatments
- Provided emergency care for acute coronary syndrome, asthma attacks, loss of consciousness, acute infection andmultiple trauma
- Managing out door and emergency patients independently
- Diagnosing and prescribing the medicines to patients

#### DHQ Teaching Hospital(D.G.Khan Medical College ,DGKhan

#### PUNJAB AIDS CONTROL PROGRAM.PUNJAB March 2014 – Feb 2017

- Medical officer and also in charge HIV/STI Special clinic
- Provide and manage direct patient care, including physical examinations, evaluations, assessments, diagnosesand treatment
- outpatient clinic, nursing home/rehabilitation and long term care/hospice unit, and off-site outpatient clinics
- Managing opportunistic infections in HIV patients
- Diagnosing and treatment of sexually transmitted infections
- Counselling the patients regarding HIV and other STI
- · Morning round of HIV infected patients in ward
- Managing the reports and statistics of HIV at center

# PUNJAB DANISH SCHOOL FAZILPUR, PUNJAB PAKISTAN RESIDENT DOCTOR 2014- 2014

Worked as resident doctor at Punjab Danish School

- Independently diagnosing and treatment of students
- Give lectures on personal hygiene of students
- Managing the sports and other medical emergencies of students and proper referring
- Carry out complete medical examination of school students quarterly

## ITTEFAQ TEACHING HOSPITAL (TRUST) LAHORE MAY 2012- MAY 2013 HOUSE JOB/INTERNSHIP

#### General surgery (02-5-2012 to 01-8-2012)

- Managed patients in surgical out door and surgical emergency with necessary prompt treatment
- Proficiency in diagnosing conditions that require general surgery
- Monitored the therapy and recovery of patients
- Morning and evening ward rounds
- Post-surgical management of patients
- Assisted senior surgeons in variety of surgical procedures

#### Urology (02-8-2012 to 1-09-2012)

- Managing out door patients and urological emergencies with consultants
- Morning ward rounds
- · Presenting reports
- · Counselling the patients

#### Pediatric surgery (02-9-2012 to 1-11-2012)

- Worked as co-worker with consultant pediatric surgery in outdoor and emergency
- Assisted in surgical procedures
- Morning and evening ward rounds
- · minor surgical procedures

#### General medicine (02-11-2012 to 1-02-2013)

- Management of patients in medical out door and emergency
- Morning and evening ward rounds
- Good diagnosing and treatment of patients in wards
- Managing patients in medical ICU
- Good communication skills and clinical examination skills
- Good counselling skills to patients

#### Dermatology (2-2-2013 to 02-05-2013)

- Worked as a co-worker in dermatology outdoor with senior consultant
- Independently deal with dermatology outdoor
- Participated in minor dermatology procedure .

#### **LANGUAGES:**

Urdu, English, Sairaiki, Punjabi

**REFRENCES AVAILABLE ON REQUEST**