



Dr. FAHAD REHMAN
MEDICAL PRACTITIONER

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About me:

A graduate of **GANNAN MEDICAL UNIVERSITY P.R CHINA**, I am a person with great flexibility and immense skill to acclimatize to every changing circumstance. Growing by learning is my passion. I have **6 years of clinical experience**. Well equipped with clinical knowledge and skill, I possess excellent Communication, leadership and interpersonal skills. I am adept at teamwork and leading a team in a collaborative manner to achieve results. I remained the Head boy at **ISLAMIA COLLEGE PESHAWAR** which promises the strength of my character, discipline, punctuality and leadership skills. I am passionate about learning and taking up new roles and responsibilities. I aspire to work towards a quality Healthcare.

Professional Bodies:

- **DOH (ABU DHABI) PROFESSIONAL REGISTRATION:** GD42614
- **MOH(UAE) REGISTRATION NO:** 329935
- **PAKISTAN MEDICAL COMMISSION:** 30115-N

Skills:

Communication Skills | Leadership Qualities | Interpersonal skills | Speaker and Orator | Teaching English language | Sportsman | Husn-e-Qirat reciter | IT Skills - MS word and MS Excel

Experience (~ 6 years of clinical experience):

UAE Experience:

September 2023-januray 2025 MEDICAL PRACTITIONER at we-care medical center, LLC, Abu Dhabi, UAE

As a Medical Practitioner at We-Care Medical Center, I provided high-quality care across a broad spectrum of acute and chronic conditions, diagnosing, treating, and managing patients of all ages. I conducted thorough medical assessments, developed personalized treatment plans, and performed minor clinical procedures. Additionally, I collaborated closely with multidisciplinary teams, including specialists, nurses, and administrative staff, to ensure seamless patient care and improve

operational efficiency. I played an integral role in patient education, counseling on disease prevention and management of chronic conditions, while also providing emotional support in complex and critical cases. Throughout my tenure, I maintained accurate patient records, adhered to medical regulations, and contributed to ongoing professional development through continuous medical education. My commitment to patient-centered care and quality improvement initiatives led to improved patient outcomes, high satisfaction rates, and successful team collaborations in managing complex cases.

January 2021 – July 2023 • MEDICAL PRACTITIONER at Northwest General Hospital and Research Centre, Peshawar, Pakistan.

I worked at the **SURGICAL ICU** of this state-of-the-art **ISO 9001 and UKAS Certified** tertiary care hospital which provides premium Healthcare services to the people of Pakistan and Afghanistan. Under the supervision of two highly qualified consultants. currently, I am being trained, and I am learning various protocols of the ICU care and several critical care procedures such as CVP lines, arterializes ABGs and BP monitoring, applying CPAP an anaesthetizing and sedating patients, Endotracheal intubation and its care, tracheostomy and its care, lumbar puncture and operating bedside Monitors and Ventilators on different modes. Being in the medical ICU, I'm a part of the Team **CODE BLUE** and actively respond to cardiac arrests and other medical emergencies inside the hospital premises and participate in their resuscitations. I perform ultrasound guided pleural tap and ascitic tap under supervision as well as lumbar puncture for CSF collection. I am able to intubate (**under supervision**) and provide post intubation management, pass CVP lines and post CVP management, put patients on BIPAP, CPAP, Ventilator, prescribe necessary medication (**under supervision**) to patients in the ICU Care and order important and relevant investigations. I prepare bed cases and present them to the consultants in morning round sand make sure their management plans are implemented. I do all the necessary documentation related to patients on the HMIS on daily basis including daily consultant notes, daily progress notes, family counseling, and other important events.

June 2020 – January 2021 • at karak medical complex karak kpk, Pakistan

I Joined this institute as **MEDICAL PRACTITIONER** where I regularly rotated between medical OPD and Emergency department. I attended morning and evening rounds with a consultant in in-patient department. Managed common Medical, Pediatric, Ophthalmic, ENT and Surgical Emergencies and common complaints of General Practice **under supervision**. Evaluated labs, ultrasound, ECG. Collaborated with colleagues on admissions, discharges and referrals.

I managed cases of General Practice as well as common Emergencies **under supervision**. In addition, I worked as a **DIRECTOR HYGIENE** and Health safety advisor for field workers. Exercised HSE related duties on priority basis. Regularly **delivered lectures on First Aid management** of a variety of emergency cases. Worked with laborers and staff on **mental stress control measures**. In addition, **delivered lectures on MENTAL STRESS, hygiene and heat stress and heat stroke**. Fully vaccinated the entire crew in **covid-19 pandemic**. Maintained covid-19 related register. Maintained medicine and medical equipment inventor

JUNE 2019 – JUNE 2020 • HOUSE OFFICER at FAUJI FOUNDATION HOSPITAL, Peshawar, Pakistan.

House job/Internship details:

Pediatrics (3 months):

Served as a **Senior House officer** in neonatal unit, Pediatric emergency, and General pediatric ward. Regularly attended both in and out-patient departments. Took detailed histories, learned and performed different examinations and managements under supervision. Performed several procedures inc. Umbilical venous catheterization, Exchange blood transfusions, passing airways, i.v lines, urinary catheters, NGs, taking arterial blood for ABGs, phlebotomy and doing CPR. Clerkship duties such as admissions, referrals, requesting labs and medicines, making discharge slips and death certificates on computer system.

General medicine (3 months):

Attended as a **Senior House officer** and observed and followed chronic diseases and their complications. Attended both in and

outpatient departments. Learned and performed various examinations. **Attended covid-19 isolation ward** managed by the medicine department during the pandemic. Clerkship duties. Worked as a **Senior House officer**, assisted and learned the management of a variety of cases of acute medicine such as DKA, ACS, CVA, Embolism, infectious diseases, snake bites and other common acute medical cases. Passed i.v lines. Assisted in CVP lines. Took ABGs, venous blood samples and cultures. Performed pleural tap, ascitic tap, gastric aspiration, passing airways. Assisted in lumbar puncture. Clerkship duties.

General surgery (3 months):

Started working as a **Junior House Officer**. Attended the province's busiest Emergency of general surgery with enormous no. of patients where I learned managements of RTA, Firearm and other trauma related cases apart from common surgical emergencies. Attended both in and outpatient departments. Prepared patients with trainees for surgeries. Attended operation theatre and assisted in certain operations. Performed Procedures such as DRE, stitching, incision and drainage, Passed indefinite number of NGs and urinary catheters. Administered enemas. Routinely managed common surgical complaints. Clerkship duties.

TRAUMA & ORTHOPEDIC SURGERY (3 months):

Served as a **Junior House Officer**, in trauma & orthopedic surgery of **FAUJI FOUNDATION HOSPITAL**, Peshawar where I have found myself to be regular, punctual and dedicated. I worked diligently in the outpatient department major orthopedic surgeries, post-operative ward and acute surgical care ward and his attended. I performed minor surgical procedures such abscess drainage, dressing and debridement, corn excision, lymph node biopsy, foreign body removal, ganglion excision, back slab, front slab, complete POP, close reduction, applying casts and debridement without assistance. I also performed aseptic dressing, suturing and suture removal efficiently. I also assisted with seniors in various operation like IMN, ILN, Planting, DHS, amputation, TBW, Osteotomy, Ponsetti techniques and DDH etc.

I also deal in trauma cases such as firearm injuries, road Traffic accidents, crash injuries.

Education:

June 2017 ○ **MBBS** – Bachelor of Medicine and Bachelor of Surgery

GANNAN MEDICAL UNIVERSITY CHINA

June 2010 ○ **Higher Secondary School Certificate** (fellow of science)

Islamia college Peshawar kpk Pakistan

June 2008 ○ **Secondary School Certificate**

Danish public school chokara karak kpk Pakistan

Courses:

- BLS (AMERICAN HEART ASSOCIATION): DEC, 2022.
- ACLS (AMERICAN HEART ASSOCIATION): MAR, 2023.
- BASIC (BASIC ASSESSMENT AND SUPPORT AND INTENSIVE CARE): JULY, 2021.
- PTC (PRIMARY TRAUMA CARE FOUNDATION): OCT, 2020.
- OHSE (OCCUPTATIONAL HEALTH SAFTY AND ENVIRONMENT): FEB, 2022.
- NUTIRATION DEPARTMENT: FEB, 2022.9

