

DR MUHAMMAD SARMAH ANSARI

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Highly committed and compassionate Medical Officer with solid background knowledge of basic medical sciences and essential experience in Internal Medicine, Gastroenterology, General Surgery, and Gynae & Obs. Committed to providing excellent patient care and ensuring high standards of culturally competent care for patients with diverse needs in versatile clinical settings. Enthusiastic healthcare professional with experience in treating and managing common cases. A multilingual (**English, Urdu, Punjabi, Hindi, Saraiki**) communicator with good communication skills. I am seeking to help maintain and elevate the quality of care in a dynamic facility and enhance my knowledge, skills, and expertise to the most significant degree.

AREA OF EXPERTISE

- Bedside Patient Care
- Strong Clinical Acumen
- Assessment And Diagnosis
- Case Management
- Primary Care
- Trauma Management
- Patient Education
- Basic Life Support
- Triage And Wound Care
- Immunization
- Follow-Up Care
- Multidisciplinary
- Coordination
- Regulatory Compliance
- Friendly Attitude
- Organizational Skills
- Team Collaboration and Leadership
- Project Management
- Team Management
- Time Management
- Communication Skill
- Learning & Development
- Critical Thinking

WORK EXPERIENCE

POST-GRADUATION TRAINEE GENERAL SURGERY

AUG 2018 – AUG 2022

[Benazir Bhutto Hospital, Rawalpindi](#)

- Performed general surgical procedures such as Cholecystectomy, Appendectomy, Exploratory Laparotomy, Thyroidectomy, etc.
- Operated on emergency (trauma) surgical procedures.
- Diagnosed medical conditions that warranted general surgery and other related treatments.
- Trained in various surgical services using state-of-the-art techniques and technologies.
- Analyzed patient's medical history, medication allergies, physical condition, and examination results to verify the operation's necessity and to determine the best procedure.
- Analyzed patient data to determine patient needs or treatment goals.
- Prescribed preoperative and postoperative treatments, such as sedatives, diets, antibiotics, and preparation and treatment of the patient's operative area.

MEDICAL OFFICER

SEP 2016 – MAY 2018

[Health Department, Rawalakot AJK Pakistan](#)

- Documented medical histories, concerns, and patient condition changes. Worked with nurses, doctors, and medical professionals.
- Interpreted and correlated laboratory results to suit the patient's needs.
- Conducted rounds to monitor patient progress and recovery.
- Assessed patients' clinical status, reviewed their medical charts and performed in-depth physical examinations.
- Made their management plans and followed up later.
- Built trusted relationships with residents by getting to know them personally and making their comfort a priority.

MEDICAL OFFICER

MAY 2016 – SEP 2016

[RAHMA Hospital, Khairatta AJK Pakistan](#)

- Managed new patients and scrutinized previous records.
- Formulated history sheet and administered respective consultant and nursing staff.
- Maintained ward module and carried out rounds with respective consultants.
- Monitored investigations and traced their results.
- Outlined treatment sheets and managed patient complaints.

HOUSE OFFICER (CARDIOLOGY) Holy Family Hospital, Rawalpindi	FEB 2016 – MAY 2016
HOUSE OFFICER (GENERAL MEDICINE) Benazir Bhutto Hospital, Rawalpindi	NOV 2015 – FEB 2016
HOUSE OFFICER (GENERAL SURGERY) District Headquarter Hospital, Rawalpindi	AUG 2015 – NOV 2015
HOUSE OFFICER (ANESTHESIA) District Headquarter Hospital, Rawalpindi	MAY 2015 – AUG 2015

RESEARCH

- Prophylactic rectal diclofenac for prevention of post-endoscopic retrograde cholangiopancreatography pancreatitis randomized controlled trial. Dissertation submitted for JCPSP approval.

CONFERENCES / SYMPOSIUM / WORKSHOPS

- International Symposium on Breast Cancer in BBH held on 31st Jan, 2019.
- Rawalian's International Scientific Conferences held in Nov- 2014, 2016, 2020 & 2021.
- Workshop on Basic Life Support (AHA Certified) 21st August 2021.
- Workshop on Primary Surgical Skills (CPSP Pakistan) 17th -19th December 2020.
- Workshop on Communication Skills (CPSP Pakistan) 10th -12th December 2020.
- Workshop on Introduction to computer & internet (CPSP Pakistan) 18th-20th January 2021.
- Workshop on Research Methodology, Biostatistics & Dissertation Writing (CPSP Pakistan) 5th -8th January 2021.
- Workshop on 3 Days Doctor basic training on TB DOTS for private healthcare providers (Marie Adelaide Leprosy Center Pakistan) 16th June 2016.
- Workshop on Vascular Surgery (Rawalpindi Medical University) 20th March 2019.
- Workshop on Basic Laparoscopic skills (Rawalpindi Medical University) 15th December 2021.
- Workshop on Advanced Laparoscopic skills (Rawalpindi Medical University) 17th December 2021.

EDUCATION

DHA, UAE; FIRST ATTEMPT
(Passed June 2022)

Intermediate Module FCPS Surgery
(Passed June 2021)

FCPS 1 Surgery
(Passed March 2018)

Occupational English Test
Grade B (June 2021)

PM&DC REGISTERED MEDICAL PRACTITIONER

2016 - 2022
PMDC vide # 3794-AJK

MBBS

RAWALPINDI MEDICAL UNIVERSITY
(Govt. Sector Institute, RWP, PAK), 2009-2014
Five years (Bachelor of Medicine & Bachelor of Surgery)

CORE QUALIFICATION

- Substantial clinical knowledge, deep understanding, and interplay of Anatomy, Physiology, Pharmacology, Medicine, and Surgery.
- Expertise in monitoring the patients' overall well-being, performing tests, administering medication, and formulating management plans.
- Excellent command of addressing patients' concerns and providing healthcare advice.
- Ability to demonstrate excellent analytical and problem-solving skills with the capability to perform duties promptly.
- Creating a professional environment by utilizing standards, guidelines, and pathways to deliver quality care is significant potential.
- Excellent ability to work efficiently with change and uncertainty in various situations requiring excellent dexterity.
- Ability to communicate effectively and work in a team environment.
- Highly motivated, detail-oriented, and team player.
- Ability to interact with staff at all levels.
- Drive and willingness to stay up-to-date on trends.