

**DR. NASIR SHAH**

**General practitioner**

Hold MOH / DHA License UAE

Golden Visa Holder

**MBBS**

**MD Internal Medicine**

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Postal address: House # 107 Ali Saif Building, P.O Box: 14510 Opposite Vegetable Market Al-Dhaid, Sharjha.

Contact no**: 052 467 7658**

**PROFESSIONAL PROFILE:**

I have more thanten year’s clinical experience in Internal medicine and in General Practice. I am seeking new opportunities in National and International Medical Institute, where I can utilize and further enhances my knowledge and expertise. I have great wealth of experience in Internal Medicine and General Practice. I have worked in several hospitals in Pakistan and Medical Centers in United Arab Emirates and have a good reputation with the patients and hospital communities.

**ACADEMIC QUALIFICATIONS:**

**MD Internal Medicine**

(King Edward Medical University, Lahore, Pakistan)

**MBBS 2009**

(Khyber Medical University, Peshawar, KPK)

**MOH & DHA**

Licenses for General Practitioner

**REGISTRATIONS:**

Pakistan Medical & Dental Council Registration # 15082-N

Khyber Medical University Peshawar, Pakistan Reg # 2001-SMC-200

King Edward Medical University Lahore Reg # 111-MD-KEMU-2012

Ministry of Health, Sharjha License Reg # D56801

Dubai Health Authority Eligibility Reference # DHA/LS/7102015/51608

**EXPERIENCES:**

**Internship:**

General Surgery

General Medicine

Orthopedic surgery

Psychiatric medicine

**General Practitioner in United Arab Emirates** (**April 2017 - to Date**)

I am working in Health Care facility in United Arab Emirates for last 6 years. I worked for 2 years in **DHA** Dubai and right now I am working in **MOH** Sharjha for last 4 years.

Asses and managed all types of patients coming in Emergency and outpatient department center with respiratory diseases, gastrointestinal diseases, cardiovascular diseases, neurological diseases , pediatric / gynecological and general health problems .

Asses all patients independently and perform medical procedures comfortably like Traumatic injury Repair, removal of in growing toe nails, removal of foreign body diabetic foot debridement ,fracture bone reduction and fixing with Pop, cardio-pulmonary resuscitation / endo-tracheal intubation , nasogastric feeding tubing and urinary catheterization .

**MD Internal Medicine (Post Graduate Residency)**

In PrestigiousKing Edward Medical University Lahore, Pakistan.

Medical Ward, Mayo Hospital, Lahore, Pakistan.

Attended inpatients department of the General Medicine on daily basis and also visited outpatients department twice weekly.

Assisted consultants in diagnosing, treating and discharging their patients.

Worked as Final and fourth Year Students In-charge for helping in arrangement of their indoor, outdoor patients classes, how to take history from patients and emergency department classes.

Conducted patient rounds to monitor compliance to medication, progress and recovery.

Worked as the emergency resident medical officer for emergency patients on medical floor.

Worked as ‘Medical Officer for dengue’ mayo hospital Lahore during dengue epidemic and assisted in early diagnosis and management of patients.

Attended workshops in dengue expert advisory group.

Participated in ward conferences, card journal clubs, and ward mortality meetings.

**Department of Emergency**

Attending acute medical emergencies of 12 hours two emergencies per week , day and night shift for 4 years to help in early diagnosis and management of serious patient with breathing difficulties , shock , chest pain unconsciousness, collapsed and patient with acute confusion.

**Department of ICU/HDU**

Medical wards & Cardiology ward Mayo hospital Lahore Pakistan.

Assessed patients individually and perform medical procedures comfortably like lumber puncture, peritoneal and pleural fluid taping, central venous catheterization, cardio pulmonary resuscitation and endotracheal intubation.

Managed cases of myocardial infarction actively in medical emergency department.

Managed various cases of cardiac arrhythmias including ventricular fibrillation/ ventricular tachycardia.

**Department of Cardiology /CCU/Cardiac ICU**

Managed cases of myocardial infarction actively in cardiac emergency department.

Managed various cases of cardiac arrhythmias including ventricular fibrillation/ vt.

Assisted in temporary pacemaker insertion, echocardiography and exercise tolerance test.

Managed patients in cardiology outpatient department twice weekly.

Managed and patients monitoring in cardiology ward and coronary care unit/intensive care unit.

**Department of Radiology**

Attended daily classes in radiology department

Actively participated in preparing patients for CT plain, with contrast and MRI.

Performed Ultrasound guided diagnostic and therapeutic paracentesis and joint aspiration in admitted patients

**Department of Neurology / Physical Medicine & Rehabilitation**

Managed cases of ischemic and hemorrhagic stroke in HDU care and there follow up rehabilitation

Managed various case of flaccid and spastic paralyses,

Managed cases of epilepsy and Parkinson diseases and there follow-up rehabilitation.

Managed follow up case actively treated in orthopedic department for rehabilitation

Asses and managed a lot of cases of sport medicine.

Attend various international seminar regarding sport medicine and rehabilitation

**CERTIFICATIONS/WORKSHOPS/PROFESSIONAL MEMBERSHIP**

Certified **BCLS** (Basic Cardiac Life Support) from American Safety & Health Institute at Hayat Institute Oud Metha Offices, Dubai UAE (December 28, 2021 to December 31, 2023) / Registration # 2507870.

Reserch & Published study article in PJMHS (Pakistan journal of medical and health science)

**Elevated serum alanine transaminase in patient of Type 2 DM**

**(DOI:** [**https://doi.org/10.53350/pjmhs2115113096**](https://doi.org/10.53350/pjmhs2115113096) **)**

**Cardiomyopathy in cirrhotic patient and its relationship with the severity**

Of cirrhosis (**DOI:https://doi.org/10.533350/pjmhs2115102779)**

Certified’ Two Days Certified Course in Management of Dengue virus Infection’ held in Mayo Hospital.

First Division in Board of Intermediate and Secondary Education HSSC & SSC Exams, Peshawar, KPK.

Life member of society of internal medicine Pakistan.

**LANGUAGES**

English

Urdu / Hindi / Punjabi

Pashtu

Arabic Basic

**REFERENCES**

**Dr. Adil Iqbal** MBBS, FCPS Medicine.

Professor of Medicine King Edward Medical University Lahore.

**Dr.Hassan Mahmud** Assistant Professor FCPS (Medicine) King Edward Medical University, Lahore.

**Dr. Zahid Husain** Assistant Professor FCPS (Medicine) MD (Gastroenterology) King Edward Medical University Lahore.

**Dr Saad Ullah khan** Internal Medicine Specialist DHA Dubai

MD Internal Medicine, MRCP Medicine UK .