



## **DR. NASIR SHAH**

- ❖ General Practitioner
- ❖ MBBS Khyber medical university.
- ❖ Golden visa holder
- ❖ Email: nasirhankemu@gmail.com
- ❖ Contact: 052 4677658

### **Professional Summary**

Experienced General practitioner with over 12 years of clinical experience, including eight years in the UAE. Proficient in managing complex cases in outpatient, inpatient, and emergency settings. Demonstrated expertise in clinical audits, quality assurance, and development of evidence-based guidelines. Passionate educator with a track record of mentoring junior doctors and contributing to multidisciplinary teams.

### **Skills**

- ❖ General Practitioner (More than twelve years' experience including eight years in UAE)
- ❖ Teaching
- ❖ Research
- ❖ Comprehensive patient assessment including minor surgical procedures
- ❖ Inpatient care, outpatient care, acute illness management, critical care management
- ❖ Management of chronic and multisystem diseases.
- ❖ Diagnostic expertise, Laboratory and imaging interpretation, treatment planning
- ❖ Preventive health care, end of life care
- ❖ Effective communication, patient counselling
- ❖ Organizational skills, leadership



## Work Experience

**Date 01 June 2017 - to Date**

### **Facility:**

- **Right Health Group, health care facility Dubai, UAE**
- **Albustan Medical Center & Specialty Center Sharjah, UAE**
- **Al Siddiq Medical & health care facility, Sharjah, UAE.**
- ❖ **Title of the position:** General Practitioner
- ❖ Full time job ,48 Hours per week.
- ❖ Managing patients in emergency, on call and outpatient department settings in accordance with schedule of department.
- ❖ Daily emergency setup rounds and making comprehensive management plans for patients.
- ❖ Attending Journal clubs, multi-disciplinary team meetings, mortality and morbidity meetings
- ❖ Assuring quality and safety of work.
- ❖ Attending CPD activities.
- ❖ As Clinical medicine practitioner has vast experience to manage patients in outpatient department and in emergency department (both acute and general medicine).
- ❖ Good communication skills
- ❖ Dealing with patients of multicultures from all over the world while working in UAE
- ❖ Assuring safety and quality of work.
- ❖ Ability to work in team and to lead the team with special interest in coaching and teaching junior doctors for better outcome.

## **MD Internal Medicine Residency in Government Hospital**

16/July/2012 - 15/July/2016 (CCT-4 years)

Full Time Training Program in 2400 Bedded

King Edward / Mayo Hospital Lahore

- ❖ In Prestigious King Edward Medical University Lahore, Pakistan.
- ❖ Attended inpatients department of the General Medicine on daily basis and also visited outpatient's department twice weekly.
- ❖ Assisted consultants in diagnosing, treating and discharging their patients.
- ❖ Worked as Final and fourth Year Students In-charge for helping in arrangement of their indoor, outdoor patients' classes, how to take history from patients and emergency department classes.
- ❖ Conducted patient rounds to monitor compliance to medication, progress and recovery.

- ❖ Worked as the emergency resident medical officer for emergency patients on medical floor.
- ❖ Worked as 'Medical Officer for dengue' mayo hospital Lahore during dengue epidemic and assisted in early diagnosis and management of patients.
- ❖ Attended workshops in dengue expert advisory group. • Participated in ward conferences, card journal clubs, and ward mortality meetings.

## **Different Wards Rotation during Training MD internal Medicine**

### **Department of Emergency**

- ❖ Attending acute medical emergencies of 12 hours two emergencies per week, day and night shift to help in early diagnosis and management of serious patient with breathing difficulties, shock, chest pain unconsciousness, collapsed and patient with acute confusion.

### **Department of Cardiology /CCU/Cardiac ICU**

- ❖ Assessed patients individually and perform medical procedures comfortably like lumbar puncture, peritoneal and pleural fluid tapping, central venous catheterization, cardio pulmonary resuscitation and endotracheal intubation.
- ❖ Managed cases of myocardial infarction actively in medical emergency department.
- ❖ Managed various cases of cardiac arrhythmias including ventricular fibrillation/ ventricular tachycardia.
- ❖ Assisted in temporary pacemaker insertion, echocardiography and exercise tolerance test.
- ❖ Managed patients in cardiology outpatient department twice weekly.
- ❖ Managed and patients monitoring in cardiology ward and coronary care unit/intensive care unit.

### **Department of Radiology**

- ❖ Attended daily classes in radiology department
- ❖ Actively participated in preparing patients for CT plain, with contrast and MRI.
- ❖ Performed Ultrasound guided diagnostic and therapeutic paracentesis and joint aspiration in admitted patients

### **Department of Neurology / Physical Medicine**

- ❖ Managed cases of ischemic and hemorrhagic stroke in HDU care and there follow up rehabilitation
- ❖ Managed various case of flaccid and spastic paralyses,
- ❖ Managed cases of epilepsy and Parkinson diseases and their follow-up rehabilitation. • Managed follow up case actively treated in orthopedic department for rehabilitation
- ❖ Asses and managed a lot of cases of sport medicine.

- ❖ Attend various international seminar regarding sport medicine and rehabilitation

## **Internship / House Job**

- ❖ **Date:** 16-05-2009 to 15-11-2009
- ❖ Facility: Benazir Bhutto Hospital Rawalpindi, Pakistan.
- ❖ Title of the position: House Surgeon (intern)
- ❖ Rotations to acute and general Surgical ward, ICU, Emergency, Orthopedic/ Trauma ward, Operation Theater unit as per department schedule for interns.
- ❖ **Date:** 19-11-2009 to 18-05-2010
- ❖ Facility: Benazir Bhutto Hospital, Rawalpindi Pakistan
- ❖ Pakistan Title of the position: House Physician (intern)
- ❖ Rotations to Internal Medicine, General Medicine Outpatient department, cardiac / general medicine emergency department and medical ICU / HDU as per department schedule for interns

## **ACADEMIC QUALIFICATIONS / REGISTRATIONS:**

- **Pakistan Medical & Dental Council Registration # 15082-N**
- **MD Internal Medicine**  
King Edward Medical University Lahore Reg # 111-MD-KEMU-2012
- **MBBS**  
Khyber Medical University Peshawar, Pakistan Reg # 2001-SMC-200
- **MOH & DHA License UAE**  
License for General Practitioner MOH, Sharjah License Reg # D56801  
Dubai Health Authority DHA Eligibility Reference # DHA/LS/7102015/51608

## **CERTIFICATIONS/WORKSHOPS/PROFESSIONAL MEMBERSHIP**

- ❖ Certified **BCLS (Basic Cardiac Life Support)** from American Safety & Health Institute at Hayat Institute Oud Metha Offices, Dubai UAE / Registration # 2507870.
- ❖ Research & Published study article in PJMHS (Pakistan journal of medical and health science)
- ❖ **Elevated serum alanine transaminase in patient of Type 2 DM**  
(DOI: <https://doi.org/10.53350/pjmhs2115113096> )
- ❖ **Cardiomyopathy in cirrhotic patient and its relationship with the severity of cirrhosis**  
(DOI: <https://doi.org/10.533350/pjmhs2115102779>)
- ❖ Certified' Two Days Certified Course in Management of Dengue virus Infection' held in Mayo Hospital.



- ❖ First Division in Board of Intermediate and Secondary Education HSSC & SSC Exams, Peshawar, KPK.
- ❖ Life member of society of internal medicine Pakistan.
- ❖ How to develop OSCEs & IPEs
- ❖ Introduction to Computer & Internet
- ❖ Communication Skills
- ❖ Creating Medical Presentations in MS Power point

#### **LANGUAGES:**

- ❖ Fluently speaking
- ❖ English / Arabic / Urdu / Pashtu

#### **REFERENCES:**

- ❖ **Dr. Adil Iqbal** MBBS, FCPS Medicine.
  - Professor of Medicine King Edward Medical University Lahore.
- ❖ **Dr. Hassan Mahmud** Assistant Professor FCPS (Medicine) King Edward Medical
  - University, Lahore.
- ❖ **Dr. Zahid Husain** Assistant Professor FCPS (Medicine) MD (Gastroenterology) King Edward Medical University Lahore.
- ❖ **Dr Saad Ullah khan** Internal Medicine Specialist DHA Dubai MD Internal Medicine, MRCP Medicine UK.