

DR. NASIR SHAH

* General Practitioner
* MOH, DHA
* MBBS Khyber Medical University Peshawar.
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Professional Summary

Experienced General practitioner with over twelve years of clinical experience, including eight years in the UAE. Proficient in managing complex cases in outpatient, inpatient, and emergency settings. Demonstrated expertise in clinical audits, quality assurance, and development of evidence-based guidelines. Passionate educator with a track record of mentoring junior doctors and contributing to multidisciplinary teams.

Skills

* General Practitioner (More than twelve years’ experience including eight years in UAE)
* Comprehensive patient assessment including minor surgical procedures
* All patient coming in emergency department & outpatient care, acute illness management, critical care management
* Management of chronic and multisystem diseases.
* Diagnostic expertise, Laboratory and imaging interpretation, treatment planning
* Preventive health care, end of life care
* Effective communication, patient counselling
* Organizational skills, leadership
* Research

Work Experience

2 Years Experience

Al Siddiq Medical Center Sharjah.2023- TILL NOW

 General Practitioner

4 Years Experience

Al Bustan medical center Sharjah 2019-2023

General Practitioner

2 Years Experience

Right health group Dubai 2017-2019

General Practitioner

1 Years Experience

Govt Nawaz sharif hospital yakki gate Lahore 2016-2017

Registrar in Medical Ward

4 Years Experience

Mayo hospital / king Edward medical university teaching hospital 2012-2016

Post Graduate Medical Trainee in Medical Ward / ER / ICU

1 & half year experience

Pakistan oil field limited hospital Rawalpindi 2010-2012

Resident Medical Officer

1 year House job / internship

Benazir Bhutto government hospital Rawalpindi 2009 -2010

House Officer / Internee

MD Internal Medicine Residency in Government Hospital 2012-2016

Four years training in Internal Medicine in 2400 Bedded Mayo Hospital Lahore

* In PrestigiousKing Edward Medical University Lahore, Pakistan.
* Attended inpatients department of the General Medicine on daily basis and also visited outpatient’s department twice weekly.
* Assisted consultants in diagnosing, treating and discharging their patients.
* Worked as Final and fourth Year Students In-charge for helping in arrangement of their indoor, outdoor patients’ classes, how to take history from patients and emergency department classes.
* Conducted patient rounds to monitor compliance to medication, progress and recovery.
* Worked as the emergency resident medical officer for emergency patients on medical floor.
* Worked as ‘Medical Officer for dengue’ mayo hospital Lahore during dengue epidemic and assisted in early diagnosis and management of patients.
* Attended workshops in dengue expert advisory group. • Participated in ward conferences, card journal clubs, and ward mortality meetings.

Different Wards Rotation during Training MD internal Medicine

#  Department of Emergency

* + - Attending acute medical emergencies of 12 hours two emergencies per week, day and night shift to help in early diagnosis and management of serious patient with breathing difficulties, shock, chest pain unconsciousness, collapsed and patient with acute confusion.

 Department of Cardiology /CCU/Cardiac ICU

* Assessed patients individually and perform medical procedures comfortably like lumber puncture, peritoneal and pleural fluid taping, central venous catheterization, cardio pulmonary resuscitation and endotracheal intubation.
* Managed cases of myocardial infarction actively in medical emergency department.
* Managed various cases of cardiac arrhythmias including ventricular fibrillation/ ventricular tachycardia.
* Assisted in temporary pacemaker insertion, echocardiography and exercise tolerance test.
* Managed patients in cardiology outpatient department twice weekly.
* Managed and patients monitoring in cardiology ward and coronary care unit/intensive care unit.

# Department of Radiology

* Attended daily classes in radiology department
* Actively participated in preparing patients for CT plain, with contrast and MRI.
* Performed Ultrasound guided diagnostic and therapeutic paracentesis and joint aspiration in admitted patients

# Department of Neurology / Physical Medicine

* Managed cases of ischemic and hemorrhagic stroke in HDU care and there follow up rehabilitation
* Managed various case of flaccid and spastic paralyses,
* Managed cases of epilepsy and Parkinson diseases and their follow-up rehabilitation. • Managed follow up case actively treated in orthopedic department for rehabilitation
* Asses and managed a lot of cases of sport medicine.
* Attend various international seminar regarding sport medicine and rehabilitation

Internship / House Job 2009-2010

Benazir Bhutto Hospital Rawalpindi

In General Medicine & Allied / General Surgery & Allied

 ACADEMIC QUALIFICATIONS / REGISTRATIONS:

* Pakistan Medical & Dental Council Registration # 15082-N
* MD Internal Medicine

King Edward Medical University Lahore Reg # 111-MD-KEMU-2012

* MBBS

Khyber Medical University Peshawar, Pakistan Reg # 2001-SMC-200

* MOH & DHA License UAE

License for General Practitioner MOH, Sharjah License Reg # D56801

Dubai Health Authority DHA Eligibility Reference # DHA/LS/7102015/51608

CERTIFICATIONS/WORKSHOPS/PROFESSIONAL MEMBERSHIP

* Certified BCLS (Basic Cardiac Life Support) from American Safety & Health Institute at Hayat Institute Oud Metha Offices, Dubai UAE / Registration # 2507870.
* Research & Published study article in PJMHS (Pakistan journal of medical and health science)
* Elevated serum alanine transaminase in patient of Type 2 DM

(DOI: [https://doi.org/10.53350/pjmhs2115113096 )](https://doi.org/10.53350/pjmhs2115113096)

* Cardiomyopathy in cirrhotic patient and its relationship with the severity of cirrhosis (DOI: https://doi.org/10.533350/pjmhs2115102779)
* Certified’ Two Days Certified Course in Management of Dengue virus Infection’ held in Mayo Hospital.
* First Division in Board of Intermediate and Secondary Education HSSC & SSC Exams, Peshawar, KPK.
* Life member of society of internal medicine Pakistan.
* How to develop OSCEs &IPEs
* Introduction to Computer &Internet
* Communication Skills
* Creating Medical Presentations in MS Power point

LANGUAGES:

* Fluently speaking
* English / Arabic / Urdu / Pashtu

REFERENCES:

* Dr. Adil IqbalMBBS, FCPS Medicine.

 Professor of Medicine King Edward Medical University Lahore.

* Dr. Hassan Mahmud Assistant Professor FCPS (Medicine)

 King Edward Medical University, Lahore.

* Dr. Zahid Husain Assistant Professor FCPS (Medicine) MD (Gastro) King Edward Medical University Lahore.
* Dr Saad Ullah khanInternal Medicine Specialist DHA Dubai MD Internal Medicine, MRCP Medicine UK.