

CURRICULUM VITAE



Personal Details

Dr. Pravin Tiwari
Nationality – Nepalese
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Professional Summary

Date	Degree/Achievements	University or Board
08 April 2010	IMS, BANARAS HINDU UNIVERSITY, MBBS	
06 August 2010	Delhi Medical Council Registration, No: DMC/R/49058	Uttar Pradesh Medical council Delhi Medical Council, India
December 2018	is MD Anesthesia and Critical Care.	JIPMER, Puducherry, India. An Institute of National Importance, Autonomous body under ministry of Health and Family Welfare. Government of India.
June 2023	Dubai Health Authority Exams	DHA
November 2024	European Diploma in Anaesthesiology and Intensive Care	EDAIC PART ONE AND PART TWO BOTH

Personal summary and Career Objective

I have been in a continuous medical practice since June 2010. In my career span of 14 years, I have worked for six years in the Department of Anesthesiology and intensive care after my post graduation. As an anesthesiologist and intensivist, I have worked at Max superspeciality hospital Shalimar Bagh, New Delhi where I got very good exposure in pain management and surgical ICU. As I was more inclined towards government setup, I joined GB Pant postgraduate medical institute as a senior resident on 22nd June 2019 where I worked mostly on cardiac OT and ICU, cath lab, neurosurgery OT and ICU, GI surgery OT, gastroenterology ICU and general ICU on rotation basis every six months. I was active on the academic activities, on seminars and presentations. I served ICU duties with all my enthusiasm during COVID pandemic in both first and second wave. Currently, I am working on the post of Assistant consultant at Indian spinal injuries centre at Vasant Kunj, New Delhi India.

Competencies, Procedures and Clinical skills

Procedure and skills done Independently

- History taking and clinical examination.
- IV Cannula Insertion and venous sampling - > 1000 times, till now. During my residency we were supposed to do cannulation as well as sampling by ourselves for all the patients we examine. I am trained to insert cannula in all age group patients.
- Arterial line and ABG sampling
- Endotracheal Intubation and ventilator settings
- Central line Insertion. (Can insert via IJV route, Femoral route and also subclavian route.)
- Foreign body bronchus.
- Paracentesis
- Thoracentesis
- Cardiopulmonary Resuscitation (CPR).
- ICD tube Insertion.
- Manual Defibrillation and AED
- Chemical cardioversion
- Procedural sedation.
- E-FAST
- POCUS (Point of Care Ultrasound).
- Ventilator Management Skills.
- BRACHIAL PLEXUS Blocks, Ankle blocks.
- Percutaneous tracheostomy
- Bronchoscopy.

Work Experience

Date	Department/Post/ Institution	
<p>Currently October 25 2023 till present</p>	<p>Assistant consultant Department of intensive care Indian spinal injuries centre Vasant kunj, New delhi</p>	<p>At spinal injuries centre my duties are allocated to surgical icu, medical icu and high dependent care unit and elective ots on rotation basis. Management of trauma , airway and ventilator settings and pain management are my areas of work besides medical cases like management of severe sepsis and septic shock, ARDS, emergency dialysis. For code blue and CPR i am responsible as a team leader to handle the scenario. On rotation basis i am posted at operation theatre where main cases are of orthopaedics and spine like deformity</p>
<p>November 15th 2021 to October 20th 2023</p>	<p>Guru Gobind Singh hospital, department of anesthesia and intensive care.</p>	<p>corrections of scoliosis, TKR, THR, pedicle screw fixation on lumbar, thoracic and cervical spine injuries and neurosurgery cases like craniotomy, evacuations of hematomas.</p> <p>Most of the duties were on emergency ots, where obstetrics patient land up for caesarean sections, complications like post partum haemorrhage, massive blood transfusion protocol, APH, Preeclampsia, Eclampsia have to be managed on routine basis. Fracture patients of orthopaedics on emergency care like tibia, fibula, femur , upper arm fractures are managed on regional or general anaesthesia with additional nerve blocks for pain management. Have to attend emergency calls for intubation in casualty , management of shock, CPR, Head injuries and post cpr management after shifting the patient to icu. On routine elective cases i dealt with surgical, ortho, ophthalmology, Ent, and gynaecological cases throughout the week and months.</p>
<p><i>23rd June 2019 – 28th</i> <i>October 2021</i> <i>(2 years and 4 months)</i></p>	<p><i>Department of</i> <i>Anaesthesia and Critical</i> <i>Care</i> <i>(Senior Resident)</i></p> <p><i>GB PANT institute of</i> <i>post graduate medical</i> <i>education and research</i> <i>centre.(GIPMER)</i></p>	<p><i>It is a 700 bedded hospital with 124 icu beds a post graduate institute with super specialties facilities of cardiac, neuro and gastro medicine as well as surgical branches, I worked here as a senior resident, posted on every specialties on rotation basis of six months. During COVID period , i was the first anesthetist to get posted on covid icu. Preoperative and postop management of ctvs , neurosurgery and neurological, gastroenterology and psychiatry cases were routine works.</i></p>

January 2019- June 23 2019	Department of Anesthesia (senior resident). Max superspeciality Hospital, Shalimar Bagh.	Worked on corporate set up as Max hospital is the most equipped and modern super speciality hospital in New delhi. Worked in O.T and surgical ICU as a senior resident.
Jan 2016 - December 2018 (3 Years)	<p>Department of Anesthesia and Critical care (Junior Resident) Post Graduate training.</p> <p>Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry, India.</p> <p>An Institute of National Importance, Autonomous body under ministry of Health and Family Welfare. (Government of India)</p>	<p>JIPMER, originated in the year 1823, is a 2059 bedded tertiary care Multispecialty hospital with a dedicated 150 bedded emergency Medicine and Trauma Care Block, which includes a dedicated Trauma ICU, Critical cardiac care ICU, Critical care ICU with a Trauma OT and Surgical ICU.</p> <p>During my postgraduate training of 3 years I was posted in other departments also on a rotational basis. I got very good clinical exposures as well as had a good hand on almost all procedures.</p> <p>It was mandatory for all the trainees to have certified and valid courses during the tenure and also we had regular teaching and learning activities. During my post-graduation I had to work for approximately 70 hours a week irrespective of holidays and Sundays.</p>

3. AWARDS, SCHOLARSHIPS & HONOURS

1. Received full scholarship for studying MBBS at Banaras Hindu University, Varanasi under full scholarship through Indian embassy*s entrance exam Kathmandu, Nepal. I got overall 5th rank in the entrance exam taken by Indian embassy in the year of 2003.
2. Received full scholarship for M.D Anaesthesia and critical care at JIPMER ,Pondicherry, India.
3. ACLS AND BLS CERTIFICATION
4. EUROPEAN DIPLOMA OF ANESTHESIA AND INTENSIVE CARE(PART ONE and PART TWO) BOTH.

4. RESEARCH

Completed thesis entitled “Ultrasound assessment of local anesthesia spread during caudal block for inguinal surgeries in children” from July 2016 to June 2018 as a part of post graduate residency program- due for publication.

5. EXTRA- CURRICULAR-

Football captain for five years during MBBS period representing the team of institute of medical sciences for interfaculties tournament.

Second position on 100m race as an athlete during sports week at Ims ,Bhu.

6. CO-CURRICULAR

1. Language:

Written & Spoken: Nepali, English, Hindi,

Spoken: Tamil.

2. Computer Skills:

MS office (word, excel, powerpoint);

SPSS

REFERENCES

DR SUTAPA GHOSE

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Declaration –

It is certified that all information furnished in the resume are true and correct to the best of my knowledge.

