DR. SABEEN SHAFIQUE

GENERAL PRACTITIONER

Dedicated and compassionate medical professional with a proven track record in patient-centered care, diagnosis, and treatment planning. Seeking a challenging position as a General Medical Practitioner where my expertise and Medical skills can contribute to providing exceptional healthcare and improving patient outcomes. Committed to continuous learning and staying aware of the latest medical advancements.

CONTACT

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WORK EXPERIENCES

Adult Emergency and ICU
Hanif Hospital, Karachi
Nov 2021–Oct 2023

- Developed and implemented care plans with interdisciplinary teams
- Educated patients and families on diagnosis and management
- Monitored progress and adjusted care plans accordingly
- Administered medications and treatments
- Advising and interpreting blood tests, markers, diagnostic imaging for better treatment
- Maintained accurate medical records
- Participated in health camps to improve health and quality of living

EDUCATION

Bachelor of Medicine and Bachelor of Surgery (MBBS)
United Medical and Dental College affiliated by Jinnah Sindh Medical University, 2019

Intermediate – Pre Medical
Board of Intermediate Karachi
2013

LICENSE

Certified General Practitioner
UAE Ministry of Health and Prevention
Validity 2029

Full Medical
License Pakistan Medical and Dental Council
2020

LANGUAGES

English

URDU

CERTIFICATIONS

- American Heart Association BLS – 2024
- American Heart Association ACLS – 2024
- Pediatric Airway Management – 2023
- Pediatric Emergency Life Support – 2023
- Neonatal Emergency Life Support (Dow University of Health Sciences) – 2023

ACHIEVEMENTS

- Monitoring and treating Covid-19 cases.
- Participating in various health camps to raise awareness and screening of common diseases.
- Organization of Blood donation camp for thalassemia patients.
- Managing and treating patients in Malaria and Dengue Outbreaks

Child Life Foundation,
Abbasi Shaheed Hospital,Karachi
2023

- Triage and Assessment: –Quickly assess and prioritize patients based on the severity of their condition. – Make rapid decisions regarding the need for immediate medical intervention

- Emergency Care: –Provide timely and effective medical care to patients with acute illnesses or injuries. –Performing emergency procedures such as Bagging, Intubation, Cardio pulmonary resuscitation, Administering life saving medications

- Diagnostic Skills: –Using Clinical examination, medical history and investigations to diagnose the patients –Advising and interpretations of relevant tests, such as blood work or imaging, to aid in diagnosis

- Treatment Planning: –Develop and implement treatment plans for a variety of medical conditions. – Administer medications, perform procedures, and provide interventions to manage emergencies. – Working and managing patients in infectious disease outbreak (measles,dengue,malaria)

- Teamworking: Work closely with nurses, paramedics, and other healthcare professionals to ensure coordinated and efficient patient care

- Counselling: –Counselling patients and their families about the diagnosis, treatment plan, and potential outcomes. –Provide education on follow-up care and preventive measures

- Continuous Learning: –Stay updated on the latest medical advancements, treatment protocols, and emergency medicine guidelines. –Participate in continuing medical education to enhance skills and knowledge

SKILLS

- Diagnosis and treatment of medical conditions.
- Timely assessment diagnosis and intervention to manage acute life-threatening conditions.
- Ability to make decisions in stressful conditions.
- Skilled in interpreting blood tests, radiological images, ultrasounds, ECGs, Echo, and CT scans.
- Proficient in counselling patients and their families regarding the disease.
- Communication with team members to maximize health outcomes.
- Maintaining medical records and documents.

House Officer Medicine – 2021
House Officer Pediatrics House – 2021
Officer General Surgery House Officer – 2021
Gynecology and Obs – 2021
Abbasi Shaheed Hospital, Karachi

✅ GENERAL MEDICINE

- History taking, medical examinations and assessment
- Participated in ward rounds presenting cases and discussing management plan.
- Performing diagnostic and therapeutic procedures: ABGs ,Blood tests, urinary catheterization, NG tube insertion, ascitic tap, csf tap, thoracocentesis, lumber puncture
- Maintain accurate and up-to-date patient records
- Communicate effectively with patients, their families, and other healthcare professionals
- Provide information about diagnoses, treatment options, and follow-up care

✅ EMERGENCY ROOM

- Emergency management of, stroke, poisoning, seizures, envenoming.
- Managing patients with respiratory emergencies.
- Emergency management of shock, burns, electrocution, road traffic accidents.
- Stabilize critically ill or injured patients before transferring them to specialized units, if necessary

✅ GYNAE/OBS

- Performing clinical examinations as pelvic, abdominal, breast examinations
- Assisting and individually carrying out NVDs
- Observing and assisting in complicated deliveries, caesarean sections, hysterectomy, tubal ligation, ovarian cystectomy
- Diagnose and treat conditions related to the female reproductive system, such as menstrual disorders, infections, fertility issues, hormonal imbalances, and menopause-related concerns
- Guiding and educating on reproductive health, family planning, contraception options, and prenatal care.

✅ GENERAL SURGERY

- Assessing patients, reviewing medical histories, and conducting physical examinations including abdominal examination, DRE, breast examination, scoring to asses severity of disease
- Diagnostic and therapeutic procedures: NG insertion, thoracocentesis, proctoscopy, incisions and drainage
- Providing pre operative and postoperative care and pain management Observed and assisted In abscess drainage, appendectomy, cholecystectomy.
- Observed intervention for surgical emergencies including intestinal obstruction, perforations, hemorrhage