

Abeer Theyab

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Professional Summary:

Experienced and compassionate General Practitioner dedicated to delivering high-quality primary care. Proficient in diagnosing and treating diverse medical conditions, with a strong focus on disease prevention and community health. Skilled in fostering patient trust and communication, empowering individuals to take an active role in their health.

Education:

- The University of Sydney, Master of Public Health, Australia, 2019.
- Dubai Medical College for Girls, Bachelor Degree in Medicine and Surgery (M.B.B.CH), 2014.

Certifications and Licenses:

- DHA Unique ID 07683624, Physician – General Practitioner – General Practice License.
- Australian Medical Council exam part one.
- Basic Life Support.

Professional Experience:

General Practitioner, Arkadia Medical Center, Dubai, (Current):

- Expertise in diagnosing and treating medical conditions across all age groups.
- Proficient in conducting comprehensive physical examination and health screenings.
- Skilful at ordering and interpreting diagnostic tests.
- Maintain accurate and up-to-date medical records.
- Collaborate effectively with other healthcare peers to facilitate specialist referrals and multidisciplinary teamwork.
- Delivers culturally sensitive care to a diverse patient base.
- Upholds stringent confidentiality standards for patient information.

General Practitioner, Medical Education and Research Department of Dubai Health Authority, Dubai, May 2022 – April 2023:

- Diagnosed and treated a wide range of acute and chronic medical conditions.
- Conducted comprehensive physical examinations.
- Administered immunisation and performed health screenings.
- Managed and monitored chronic conditions such as DM, HTN, asthma, and others.
- Ordered and interpreted diagnostic tests, such as blood work, x-rays, and ECGs.
- Assessed and managed common mental health conditions such as anxiety and depression.
- Maintained accurate and up-to-date medical records, including progress notes, medication lists, and test results.
- Collaborated with healthcare professionals, referring patients to specialists, and actively participating in multidisciplinary teams.
- Communicated effectively with patients from diverse backgrounds and provided culturally appropriate care.
- Maintained the confidentiality of patients' personal and medical information and ensured that their best interests are at the forefront of all medical decisions.

Health Promotion Officer, Sydney Local Health District, Australia, June 2021 – March 2022:

- Planned, developed, implemented and evaluated health promotion programs and initiatives that aimed to improve health outcomes for specific populations or communities.

- Provided health education and counselling to patients and families on topics such as disease prevention, healthy lifestyle choices, and management of chronic conditions.
- Implemented communication strategies to promote health messages and behaviors.
- Conducted training sessions for community members, stakeholders, and staff to raise awareness of various health issues.
- Built partnerships and collaborations with community organisations and stakeholders to support health promotion efforts.

Intern House Officer, Dubai Health Authority, July 2014 – August 2015:

- Worked in a variety of medical specialties, including internal medicine, surgery, obstetrics and gynaecology, paediatrics, and emergency medicine,
- Diagnosed, treated and prevented various physical injuries and disease.
- Responded quickly and effectively to medical emergencies.
- Maintained accurate medical records and documents, including patient case history, discharge summaries, referral letters and medical reports.
- Assisted in minor and major medical procedures/operations.
- Attended educational sessions and training programs to maintain and enhance my medical knowledge and skills.

Skills:

- Proficient in computing, using a range of MS Office, SPSS software, Redcap, and Jotform.
- Excellent in Salama electronic medical record system.
- Using outlook for email, calendar and to track tasks.
- Ability to manage a busy schedule, priorities tasks, and delegate responsibilities as needed.
- Commitment to lifelong learning and professional development and staying up to date with emerging trends in clinical practice and public health.

Research Experiences

Research project titled “Awareness and Information on Undescended Testes Diagnosis and Age at Corrective Surgery”

Conducted under supervision of Dr Francisco Schueuer at The University of Sydney. The goal of the study was to provide evidence-based recommendations about factors that may cause delays in corrective surgery for boys with undescended testes, which could inform future policy in this area.

My role involved:

- Conducting a thorough search of relevant studies, government reports and statistics in database such as Medline, Scopus, and Grey Literature.
- Creating and editing various study documents, such as patient information sheet and online survey via Redcap.
- Developing abstracts and a conference presentation based on the research findings.
- Reading and comprehending the ethics approval for the study.

References:

Available upon request.