



# DR AJMAL KHAN

## GENERAL PHYSICIAN

**Nationality: Pakistani**

**Marital status: Married**

**DOB: 15/03/1976**

### CONTACT

☎ +971564730470

✉ [ajmalbangash@yahoo.com](mailto:ajmalbangash@yahoo.com)

🏠 School Zone Muweileh Sharjah

📍 Sharjah UAE

### SKILLS

- Effective communication skills
- Knowledge of medical laws and ethical standards
- Leadership abilities
- Interpretation and management of critical abnormalities in ECG, TMT and chest X-rays.
- Basic computer skills

### LANGUAGES

- English
- Urdu
- Hindi
- Pashto
- Basic Arabic

### EDUCATION

#### LICENSURE AND CERTIFICATION

- Department of health Abu Dhabi (DOH) --- January 2014
- MOH health professional evaluation certificate --- August 2023
- Pakistan Medical and Dental council (PMDC) --- May 2003

#### EXAMINATIONS AND CERTIFICATIONS

- Royal College of Emergency Medicine (RCEM) Primary and Intermediate Exams --- April 2023
- I.M.M Internal Medicine (Pakistan) - -- November 2010
- FCPS Part 1 Medicine (Pakistan) --- March 2007

#### BASIC MEDICAL DEGREE

- M.D. (Doctor of medicine) --- University of Oradea, Romania

### OBJECTIVE

To obtain a position as a General physician in a reputable healthcare organization where I can utilize my medical knowledge and experience to provide quality care for patients.

### WORK EXPERIENCE

#### CENTRAL CLINIC ABUDHABI

- Position Held: General Practitioner
- Period: October 2023 - March 2024

#### ZAYED MILITARY HOSPITAL AND CLINICS SHARJAH UAE

- Position Held: General Physician/ Family medicine/ Urgent care unit
- Period: April 2022 - September 2023

#### Job responsibilities:

- Provide primary medical care to patients of all ages, including diagnosis, treatment and management of various medical conditions.
- Conduct comprehensive physical examinations and medical histories to assist patients' overall health and identify any potential health risks.
- Utilize preventive medicine strategies to educate patients on healthy lifestyle choices, disease prevention and health promotion.
- Develop personalized treatment plans for patients taking into consideration their medical history, symptoms and individual needs.

## OTHER CERTIFICATIONS

- ACLS
  - BLS
  - PALS
- 

## EXPERTISE AND PROCEDURES

- Thoracentesis
  - Paracentesis
  - Arterial blood sampling
  - IV Cannulation
  - CVP line placement
  - ETT Insertion
  - Needle decompression
  - Ingrown toenail extraction
  - Minor wound cleaning  
debridement and dressing
  - Suturing
  - Incision and drainage
  - Backslab application
  - Lumber puncture
  - N/G tube placement
  - Gastric lavage
  - Foley's Catheterization
  - Oropharyngeal and  
nasopharyngeal airways  
insersion
- 

- Administer and interpret various diagnostic tests and screening to aid in accurate diagnosis and monitoring of patients.

### VPS HOSPITALS (LLH/LIFECARE) ABU DHABI UAE

- Position Held: Medical Practitioner  
Emergency/OPD/IP/ Family Medicine.
- Period: 22nd Feb 2014 to 10th March 2022

#### **Job responsibilities:**

- Performing triage on incoming patients to become part of the ER's current load.
- Overseeing patients' care, treatment and recovery.
- Maintaining clinical records in line with regulations and standards.
- Clearing patients for discharge or further procedures with specialists.
- Conducting follow-ups to monitor patients' conditions.
- Providing education to the patients, families and support staff as it related to the patient condition, diagnosis and treatment.
- Ordering tests and analyzing their results.
- Referring patients to specialists.
- Creating treatment plans.
- Explaining side effects of medication and treatment options.
- Performing basic medical procedures.
- Identifying symptoms and diagnosed patients.
- Providing advice for improving patient health.
- Providing primary medical care to patients of all ages, including diagnosis, treatment and management of various medical conditions.

### POSTGRADUATE MEDICAL INSTITUTE, HAYATABAD MEDICAL COMPLEX PESHAWAR (Tertiary care hospital)

- Position Held: Medical Practitioner/Postgraduate Resident
- Period: 26th July 2010 to 25th July 2013

**Job responsibilities:**

- I have undergone rotations in the Cardiology ward, CCU (Coronary Care unit) and O.P.D. (Out-patient department). I was responsible for the general care and management of the patients presenting with stable heart diseases and cardiac emergencies.
- I was also responsible for both pre-op and post-op care of patients undergoing coronary intervention procedures.
- I have good command on interpreting ECG, ETT, HOLTER and Echocardiography.
- In addition to that I have undergone many minor and major procedures during my stay in cardiology department i.e. Temporary pace maker implantation, CVP line, Pleural, pericardial and peritoneal paracentesis etc.

**RAWALPINDI MEDICAL COLLEGE, HOLY FAMILY HOSPITAL RAWALPINDI PAKISTAN  
(Tertiary care hospital)**

- Position Held: Medical Registrar
- Period: 5th April, 2008 to 30th June 2010.

**Job responsibilities:**

- I have worked as Medical Registrar in the department of Internal Medicine where I was responsible for the care of patients in both out-patient and in-patient departments.
- I was responsible for running O.P.D clinics (both in general medicine and special weekly clinics for hepatology and endocrinology). I was responsible for the general care and management of patients admitted in the wards. In addition to that, I have undergone rotations in Medical ICU, CCU and Accident and Emergency departments where I was responsible for the care of patients admitted in the I.C.U of the hospital and to assess, manage and admit patients from the emergency department.

**SHALAMAR TEACHING HOSPITAL LAHORE**

- Position Held: Medical Practitioner/Post graduate resident
- Period: 7th May 2007 to 31st March 2008

**Job responsibilities:**

- I have worked as Medical Practitioner/Post graduate resident in the department of Internal Medicine where I was responsible for the care of patients in both out-patient and in-patient departments.
- I was responsible for the general care and management of patients admitted in the wards. In addition to that I have done many procedures during my stay in medical ward i.e. pleural paracentesis, peritoneal paracentesis etc.

**CHILDREN MEDICAL CENTRE PESHAWAR**

- Position Held: Medical Practitioner
- Period: 1st July 2004 to 31st March 2007

**Job responsibilities:**

- Diagnosing, monitoring and treating children who are ill.
- Performing comprehensive examinations on newborns and children to identify abnormalities and checking for normal growth and development.
- Discussing diagnosis and treatment plans with parents and children.
- Ordering tests and referring patients to Specialists.
- Advising patients and their family members on medication use, nutrition and preventive measures.

**INTERNSHIP (HOUSEJOB) TRAINING**

I have completed one year internship in Postgraduate Medical institute, Hayatabad Medical complex Peshawar wherein I was rotated in the different departments of the Hospital including paediatrics and surgery. The chronological details of the internship are as follows:

**DEPARTMENT OF SURGERY, PGMI HAYATABAD MEDICAL COMPLEX PESHAWAR**

- Position Held: House officer, Department of surgery
- Period: 7th June 2003 to 6th December 2003

**Job responsibilities:**

- Care of patients admitted in surgical ward, OPD, emergency department, and the Operation Theatre which included tasks such as routine ward work, management of patients, and assisting and performing different surgical operations. My work also included care of patients admitted in surgical I.C.U.

**DEPARTMENT OF PAEDIATRICS, PGMI HAYATABAD MEDICAL COMPLEX PESHAWAR**

- Position Held: House officer, Department of Paediatrics
- Period: 8th December 2003 to 7th June 2004

**Job responsibilities:**

- Care of patients admitted in paediatrics ward, Nursery unit, NICU, HDU (High dependency unit) and emergency department which included history taking, performing clinical examination, ordering relevant investigations, coordinating the investigations with relevant personnel, conducting ward rounds, performing bedside clinical procedures, managing the treatment of patients and assisting seniors in the care of patients.