

CURRICULUM VITAE

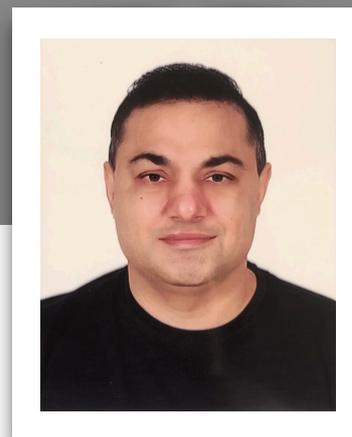
Dr. Haroon Ur Rashid

General Practitioner

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The aim of health practitioner is to protect the health and safety of the public. As a physician, practicing and maintaining or restoring human health through the study, diagnosis, and treatment of disease and injury, is the experiences of my career life. Seeking full time career with an organization, which will permit me to use and contribute my abilities in health care and also to enhance my knowledge and contribute towards its growth by committed and high quality work. My Motto in life is "Problems are opportunities and never accept defeat in life".

Academic Qualifications

2007

M.B.B.S - Medicine | Surgery | Gynae | Obstetrics
Khyber Medical College Peshawar, Pakistan
Khyber Medical University (KMU)

2000

F.Sc - Pre-Medical
Edward's College Peshawar, Pakistan

1998

SSC (Matric) - Science
Police Public School & College Peshawar, Pakistan

Medical Certificates

2021

PALS (Pediatric Advanced Life Support)
Zulekha Hospital Sharjah

2019

NRP (Neonatal Resurrection Program)
Zulekha Hospital Sharjah

2018

BLS (Basic Life Support)
Zulekha Hospital Sharjah

Other Qualifications

2022

Plab 2

Languages

- English
- Pashto
- Persian
- Urdu
- Hindi
- Malaysian



Medical Licenses

- Sharjah Health Authority
(MOH D-43444)
- Dubai Health Authority
(DHA P-0152759)
- Malaysian Medical Council
(Reg. 59612)
- Pakistan Medical and Dental Council
(Reg. 13813-N)

Trainings

- **Advanced Cardiac Life Support 2012 at University of Malaysia - Sabah;**
- **ACLS / BLS 2016 from Al Garhoud Hospital Dubai;**
- **Medical checkups for Pilgrims going for Hajj (Valid registration number);**
- **Obstetric life support training;**
- **Sports injury medicine At Queens Elizabeth Hospital;**
- **Training Of Health Facility Staff (under USAID & National Health Information Resource Centre**
- **Ministry of Health (NHIRC)), Pakistan Initiative of Mothers and Newborns (PAIMAN);**

Clinical Experience

(12 Years)

**Feb 2022
Nowadays**

GP | NICU | LDU | OT (primary position) - Done intubation, central line insertion, PICC line insertion and resuscitation (also part of team managing extreme preterm 23 weeks and above), helping pediatrics emergency when needed.

Saudi German Hospital Ajman

**Feb 2017
Dec 2021**

Registrar Doctor (GP) - Pediatrics | NICU

Zulekha Hospital Sharjah

May 2016

General Practitioner

Emergency Room

Al Garhoud Private Hospital Dubai

**Aug 2015
Apr 2016**

Medical Officer

Emergency Registrar

Mercy Teaching Hospital Peshawar, Pakistan

**Nov 2015
Nov 2011**

Senior Medical Officer

Covering | In-charge of Emergency Room (2 Years)

General Medicine; Gynae | Obstetrics; Pediatrics; Neonatology

Sipitang Hospital, Sabah - Malaysia

2011

Training Medical Officer (TMO)
Anesthesia (MCPS)
Rehman Medical Institute Peshawar, Pakistan

2008 - 2011

General Practitioner
Medical | Pediatrics
Khattak Medical Centre Dabgari Gardens, Peshawar, Pakistan

2007

Senior House Officer (Medicine)
2nd Rotation (6 months)
Khyber Teaching Hospital Peshawar, Pakistan

2007

Senior House Officer (Surgery)
1st Rotation (6 months)
Khyber Teaching Hospital Peshawar, Pakistan

2007

Intensive Care Unit (ICU | NICU)
MICU | SICU (1 month)
Khyber Teaching Hospital Peshawar, Pakistan

Other Skills

Neonatology & Pediatrics

Assessment and resuscitation of new borns both via SVD and C-section, including intubation of flat babies, my special interest was preparation and management of a suspected fetal distress case in labour room specially for mothers who came from villages with no proper care which made our hospital the only available place for them to deliver In case of emergency, that made huge burden of patients coming with fetal demise. Pediatrics we were being rotated in the hospital, for caring different departments on monthly basis, I was in-charge of the pediatrics ward and involved in many procedures done independently.

Medical

- **Respiratory:** Treatment of acute asthma, acute of COPD, pneumothorax, pneumonia, pulmonary embolism;
- **Gastrointestinal:** Acute upper G.I bleeding, pancreatitis, complicated typhoid;
- **Neurological:** Meningitis, status epilepticus and head injury;
- **Endocrinological:** Diabetic keto acidosis and other diabetic emergencies;
- **Organ Failure:** Cardiac failure and acute poisoning;
- **Myocardial Infarction:** (STEMI, NSTEMI, UA).

Emergency & Trauma

Motor vehicle accidents interpretation of lab. results, X-Rays (screening patients of tuberculosis), E.C.Gs , arterial blood gases, CT- Scan, MRI, performance of various interventions like passing I/V cannula, N/G intubation, urethral catheterization, lumbar puncture, arterial blood gas sampling,

CPR (Cardio Pulmonary Resuscitation), neonatal resuscitation, intubation treating burnt patients and further referrals treating minor cuts and wounds.

Gynaecology & Obstetrics

- ERPOC;
- Manual removal of placenta
- Removal of foreign body;
- Lipoma excision
- Assisted vacuum delivery shifting patient in ambulance

Special Interests

While working in a District hospital in Malaysia with limited resources independently I have gained a very good clinical experience of resuscitation of new borns for four years, that's why I was sent and given a certificate of NRP (Neonatal Resuscitation Program) in 2014, I have worked as a team leader in labour room and dealt many obstetrical emergencies alone, resuscitated many newborns.

As I have worked in far remote areas while dealing, important to mention here, those Indonesian / Philippines mothers living in Sabah Eastern Malaysia, specially in far villages had to pay money because they were non local, and many couldn't pay even admission to the hospitals, resulting in malnourishment and poor prenatal care. I have adopted to work with limited resources efficiently in difficult situations, regarding these and other cases from other places I have attended perinatal mortality and morbidity meetings with state specialists.

Other Duties

- Looked after admitted patients in the ward including their history taking, clinical examination, investigations, performing diagnostic and therapeutic procedures as above, diagnosis and their treatment;
- Management of acute medical emergencies and performing emergency procedures independently as above if needed;
- Management of patients on OPD basis;
- Teaching on bed side to medical students, nursing staff and paramedical staff; Medical fitness examination of staff and students;
- Referrals through emails to specialists;
- Mortality and morbidity meetings at state level.

■ **Additional information can be provided in the interview.**

- * **Notice Period: Can join immediately**
- * **Golden Visa Holder**

