



Ibad Patel

ORTHOPEDIC
SURGEON

Contact

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WWW

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Skills

· HOSPITAL & HEALTH
CARE
ADMINISTRATION

· TRANSFORMATION &
INNOVATION
MANAGEMENT

· HEATH
COMMUNICATION

· EMERGENCY
MANAGEMENT

· MEDICINE

- FIVE YEARS OF STEADFAST EXPERIENCE AS A SURGEON WITH EXTENSIVE INVOLVEMENT WITH CONSERVATIVE AND SURGICAL MANAGEMENT OF PATIENTS.
- COMPLETED RESIDENCY WITH D Y PATIL SCHOOL OF MEDICINE AND RESEARCH CENTRE, NAVI MUMBAI IN 2019 UNDER THE GUIDANCE OF **DR. SACHIN KALE (PROFESSOR IN DEPARTMENT OF ORTHOPAEDIC)**.
- TRAINED IN TAKING AN ADEQUATE HISTORY OF PATIENTS, COMPLETING AN INTENSIVE PHYSICAL ASSESSMENT AND COORDINATING EXPLICIT MEDICAL EXAMINATION, OFFERING A DIFFERENTIAL CONCLUSION, TALKING ABOUT DIFFERENT METHODS OF TREATMENT AND SPEAKING WITH THE PATIENTS AND THEIR RELATIVES.
- BENEVOLENT MEDICAL EXPERT WITH COLOSSAL AFFECTABILITY, JUDGMENT AND TOLERANCE TO TUNE IN TO PATIENTS' ISSUES WITH SOLID CONFIDENCE IN MEDICAL ETHICS AND PRACTICING IT AS A DIVINE JOB.
- TRAINED TO PERFORM MINOR AND MAJOR ORTHOPAEDIC SURGICAL PROCEDURES AND ADMINISTRATION OF ORTHOPAEDIC EMERGENCIES.
- TAKING ACTIVE PART IN PAPER PRESENTATIONS, ORGANISING SYMPOSIUMS, JOURNAL CLUB MEETINGS AND CME PROGRAMS AS PART OF POSTGRADUATE TRAINING.
- RECOGNISED CAPACITY TO WORK IN HARMONY WITH MEDICAL STAFF, ADMINISTRATION, PATIENTS AND THEIR FAMILY MEMBERS TO ENSURE SERVICE CONSISTENCY CORRESPONDING TO HOSPITAL STANDARDS & PROCEDURES.
- DEXTERITY IN ASSESSING CHANGING HOSPITAL ENVIRONMENT; PROFICIENT ENOUGH TO ESTABLISH NEW MILESTONES BY IMPLEMENTING MEASURES TO ENSURE ENHANCED MEDICAL SERVICES. PROVEN EXPERTISE IN THERAPEUTIC AND SURGICAL PROCEDURES; TO LEAD, ENCOURAGE AND PROVIDE EFFECTIVE SUPERVISION TO MEDICAL STAFF ON DUTY.
- EXPERTISE IN PERFORMING OPERATIONS USING WIDE-VARIETY OF SURGICAL INSTRUMENTS AND USING ESTABLISHED MODERN PRACTICES SUITABLE FOR EXPLICIT PROCEDURES.

Work History

2020/02 -
Current

Managing Director and Visiting Orthopaedic Consultant

A.P.Diagnostic and Health Care Centre

2022/01 –
2024/08

Visiting Orthopaedic Consultant

Hyadari Hospital

ADMINISTRATION

· CREW RESOURCE
MANAGEMENT

· PATIENT CARE &
FOLLOW UPS

· REHABILITATION

· HOSPITAL
ADMINISTRATION

· PATIENT/FAMILY
COUNSELLING

·
RESOURCEFULNESS/FL
EXIBILITY

· PRECISE REPORT
DOCUMENTATION

· PUBLIC HEALTH
MANAGEMENT

· MENTORSHIP AND
SOCIAL
PSYCHOLOGICAL
GUIDANCE

· VERSATILE
MANAGEMENT

· ORTHOPAEDIC
SURGERIES

· VERSATILE
LEADERSHIP

· DIAGNOSING AND
ADMINISTRATION OF
ORTHOPAEDICS
PROBLEMS

· TRAUMA CARE

· TRIAGE

· ASSISTED SENIOR
CONSULTANTS AND
PERFORMED

2021/02 –
2024/08

Visiting Orthopaedic Consultant

Meditech Hospital

2024/09 -
Current

Sports Medicine Consultant and Orthopedic Surgeon

SPARRC (Sports and Fitness Medicine Clinic)

Education

2010 - 2015

MBBS

*Dr. D Y Patil School of Medicine & Research Centre,
D Y Patil University - Navi Mumbai, Maharashtra*

2016 – 2019

MS (ORTHO): Orthopaedics

*Padmashree Dr D Y Patil Hospital and Research
Centre - Navi Mumbai, Maharashtra*

May 2023

Fellowship in Arthroscopy, Trauma, Deformity Correction and Osteotomies under Dr. Steffen Stroeter at Jung Stilling Hospital (Germany)

Sept 2023

Basic Life Support program (AED and CPR) by American Heart Association

Oct 2024

Managing Health and Safety in Healthcare

Oct 2024

Sports Medicine and Rehabilitation Therapy

- Thesis Paper:

TREATMENT OF UNSTABLE TROCHANTERIC FRACTURE
FEMUR: A COMPARISON OF THE FUNCTIONAL
OUTCOME WITH CONVENTIONAL PROXIMAL
FEMORAL NAIL FIXATION VERSUS A2 PROXIMAL
FEMORAL NAIL FIXATION.

SURGERIES OF OPEN REDUCTION AND INTERNAL FIXATION WITH PLATING, NAILING AND K-WIRING FOR VARIOUS LONG AND FLAT BONE FRACTURES. TENSION BAND WRING (TBW) CLOSED REDUCTION FIXATION WITH NAILING.

· ASSISTED MULTIPLE ARTHROSCOPY SURGERIES FOR BOTH KNEE AND SHOULDER.

· PERFORMED MULTIPLE BIPOLAR SURGERIES UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· PERFORMED MULTIPLE TOTAL HIP ARTHROPLASTY UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· ASSISTED IN MULTIPLE TOTAL KNEE ARTHROPLASTY UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· DEVELOPING KEEN INTEREST IN MINIMALLY INVASIVE PROCEDURES LIKE SHOULDER AND KNEE

• Publications: -

1) COMPARING TREATMENT OUTCOMES OF INTRA-ARTICULAR FRACTURES OF CALCANEUM WITH STEINMANN PIN (K WIRE) AND PLATING.

2) CLINICAL OUTCOMES IN METAPHYSEAL LOCKING PLATE FIXATION OF DISTAL FEMUR AND PROXIMAL TIBIA FRACTURES.

3) COMPARATIVE STUDY OF PFNA VS PFNA2 IN UNSTABLE INTERTROCHANTERIC FRACTURES: A RANDOMISED CONTROL STUDY OF 50 CASES.

• Paper And Poster Presentations:

1) EXTERNAL FIXATION FOR CLAVICLE FIXATION IN ADULTS. (MOACON 2018)

2) KNEE ARTHRODESIS IN A RARE CASE OF DISTAL FEMUR GIANT CELL TUMOUR. (DOACON 2018)

3) A DETAILED CLINICAL ASSESSMENT PRE-OPERATIVE PLANNING HELP IN ENBLOC EXCISION OF GIANT CELL TUMOUR OF SPINE AND PREVENTION OF RECURRENCE. (DOACON 2018)

4) A CASE OF BILATERAL POSTERIOR MEDIAL MALLEOLUS ROOT TEAR. (MEDINSPIRE 2019)

5) 3 STITCH TECHNIQUE FOR IMIL NAILING FOR HUMERUS FRACTURE. (MEDINSPIRE 2019)

6) CLINICAL OUTCOME IN PATIENTS UNDERGOING MICROLUMBAR DISCECTOMY FOR LUMBAR DISC HERNIATION. (NAILSICON 2018)

7) RANDOMISED CONTROL STUDY COMPARING CLINICAL OUTCOMES AFTER INJECTION BOTULINIUM TOXIN TYPE A VERSUS CORTICOSTEROID IN CHRONIC PLANTAR FASCIITIS. (NAILSICON 2018)

8) A TWO YEAR FOLLOW UP STUDY OF OPERATIVE RESULTS OF FRACTURES OF ACETABULUM. (MEDINSPIRE 2019)

9) OUTCOMES OF PLATE AND INTRAMEDULLARY FIXATION OF MIDSHAFT CLAVICULAR FRACTURE. (MEDINSPIRE 2019)

10) A RARE CASE OF PRIMARY TIBIOTALOCALCANEAL NAILING FOR TALUS FRACTURE. (DOACON 2018)

ARTHROSCOPIES.

· ASSISTED IN MULTIPLE REVISION ARTHROSCOPY AND ARTHROPLASTY SURGERIES.

Languages

English

Hindi

Marathi

Arabic

Beginner (A1)

11) ADVANTAGES OF MASQUELET TECHNIQUE. (TRAUMACON 2018)

12) BLOOD LOSS IN TOTAL KNEE ARTHROPLASTY WITH AND WITHOUT TOURNIQUET (MEDINSPIRE 2019)

• Professional Development Studies:

· BOMBAY ORTHOPAEDIC SOCIETY OPERATIVE FRACTURE FIXATION COURSE. (KEM HOSPITAL)

· SHORT TRAINING IN ARTHROPLASTY AND ARTHROSCOPY FROM BOMBAY ORTHOPAEDIC SOCIETY. (SION HOSPITAL) 2021,2022

· ARTHROPLASTY WORKSHOP BY INDIAN ARTHROPLASTY ASSOCIATION AT NEEMRANA, RAJASTHAN.

· TWO DAY TRAUMA WORKSHOP AT MAHARASHTRA ORTHOPAEDIC ASSOCIATION CONFERENCE, PUNE.

· JOINTS 2018, 2022 AT NASHIK.

· OPERATIVE SPINE COURSE AT BOMBAY HOSPITAL.

· CADAVER TOTAL KNEE AND HIP REPLACEMENT TRAINING ORGANISED BY DEPUY AT D Y PATIL SCHOOL OF MEDICINE, NAVI MUMBAI

· BASIC LIFE SUPPORT TRAINING SIMULATION LAB AT DR. D Y PATIL UNIVERSITY, NAVI MUMBAI.

· KEM ORTHOPAEDICS PG TRAINING COURSE.

· LONG AND SHORT CASE PG TRAINING COURSE AT SANCHETI HOSPITAL, PUNE.

· AO BASIC TRAUMA COURSE. 2018, 2019,2021,2022

· STRYKER TOTAL KNEE ARTHROPLASTY.

· MAMC BASIC KNEE ARTHROSCOPY CADAVERIC WORKSHOP.

• Conferences Attended:

· NAILSCON CORBETT 2017

· UNITED TO END TUBERCULOSIS (FEBRUARY2017)

· CME ON RHEUMATOLOGY UPDATE (AUGUST 2018)

· ASIA PACIFIC TRAUMACON (MARCH 2018)

· IOACON (2018, 2019,2022,2024)

· UA ORTHOCON (MARCH 2018)

· MOACON (2017, 2018, 2021,2022,2023,2024)

· KIDNEY TRANSPLANT UPDATE (2023)

· CRITICAL CARE AND INFECTIOUS DISEASE SYMPOSIUM (2023)

- WIROC (2018,2019,2022,2023,2024)
- DOACON (2019, 2021)

- **Sports Participation:**

- CRICKET, SHOT PUT & DISCUSS THROW- NATIONAL LEVEL
- FOOTBALL & BASKETBALL- STATE LEVEL
- BADMINTON & TABLE TENNIS- INTER SCHOOL LEVEL
- AVID READER
- WORKED FOR NGOS AND NON PROFITABLE ORGANISATIONS DURING NATURAL CALAMITIES (LIKE FLOODS, TSUNAMI), LECTURES FOR YOUNG GIRLS IN REMOTE AND TRIBAL VILLAGES IN IMPORTANCE OF PROPER SANITATION HABITS, SEX EDUCATION AND HEALTH CHECK-UPS.
- EXCELLENT COMMUNICATOR
- HONEST AND RESPONSIBLE TEAM LEADER AND TEAM

Medical Registration

MMC 2016/06/1062

Programs

CURRENTLY PURSUING SURGICAL LEADERSHIP PROGRAM, HARVARD MEDICAL COLLEGE (Boston, USA) 2024-2025

Address

Abid Patel House, Abid Patel Road, Kashimira, Mira Road East, Thane, 401107, India, Department of Ortho-Surgery, D Y Patil School of Medicine & Research Centre, Navi Mumbai, India

Extracurricular Activities

- Cricket Shot Put & Discuss Throw- NATIONAL LEVEL
- Football & Basketball- STATE LEVEL Badminton & Table Tennis- INTER SCHOOL LEVEL
- Avid Reader Worked for NGOs and Non Profitable Organisations during natural calamities (like Floods, Tsunami).
- Lectures for young girls in remote and tribal villages in Importance of Proper Sanitation Habits, Sex Education and Health Check-ups
Excellent communicator Honest and Responsible Team Leader and Team Member

Training

- NAILSCON CORBETT, Corbett
- UNITED TO END TUBERCULOSIS, 2017-02-01, 2017-02-28
- CME ON RHEUMATOLOGY UPDATE, 2018-08-01, 2018-08-31
- ASIA PACIFIC TRAUMACON, 2018-03-01, 2018-03-31
- IOACON
- UA ORTHOCON, 2018-03-01, 2018-03-31
- MOACON
- WIROC
- DOACON
- Bombay Orthopaedic Society Operative Fracture Fixation Course, KEM Hospital, Mumbai, Maharashtra
- Short training in Arthroplasty and Arthroscopy from Bombay Orthopaedic Society, 2021-01-01, 2022-12-31, Sion Hospital, Mumbai, Maharashtra
- ARTHROPLASTY workshop by Indian Arthroplasty Association, Neemrana, Rajasthan
- Two day Trauma Workshop at Maharashtra Orthopaedic Association Conference, Pune, Pune, Maharashtra
- JOINTS, Nashik, Nashik, Maharashtra
- Operative Spine Course, Bombay Hospital, Mumbai, Maharashtra

- Cadaver total KNEE and HIP replacement training, D Y Patil School of Medicine, Navi Mumbai, Navi Mumbai, Maharashtra
- Basic Life Support training simulation lab, Dr. D Y Patil University, Navi Mumbai, Navi Mumbai, Maharashtra
- KEM Orthopaedics PG training Course
- Long and Short case PG training course, Sancheti Hospital, Pune, Maharashtra
- AO Basic Trauma Course
- Stryker Total Knee Arthroplasty
- MAMC Basic Knee Arthroscopy Cadaveric Workshop

Certifications And Achievements

2024-10	SPORTS MEDICINE AND REHABILITATION THERAPY
2024-10	MANAGING HEALTH AND SAFETY IN HEALTHCARE
2023-09	BASIC LIFE SUPPORT
2021-10	IMA NATIONAL SPORTS 2021
2024-10	NEPHROCON
2019-02	MEDINSPIRE
2018-11	MOACON
2018-11	DOACON
2018-11	IAA MEET
2017-07	JOINTS PROGRAMME
2024-02	WIROC
2019	1 st Place in Physiotherapy Cricket League (Mumbai)