



Dr. Jiss Mary Varghese

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Sharjah United Arab Emirates
MOH License No: D3641

Professional Summary

Experienced Emergency Medicine General Practitioner with an MOH License (**D73641**) in the UAE. Proficient in acute patient care, trauma management, and emergency medical procedures. Demonstrated ability to work under pressure in fast-paced environments. Strong skills in diagnosis, treatment planning, and patient communication. Committed to providing high-quality care and improving patient outcomes in emergency settings. Skilled in using advanced medical equipment and technology.

Skills

Chronic Disease Management
Clinical Diagnosis
Medical chart documentation
Treatment Planning
Cardiopulmonary Resuscitation (CPR)
Airway management
Life support
Streamlining, Registration and Multitasking
Medical writing and medical science
Emotional Intelligence and Psychology

Work History

12/2023 - Current
GENERAL PRACTITIONER
Aster Hospital, Sharjah, UAE

- Handled emergency case patients and initiated emergency procedures, as required
- Collaborated with nurses to triage and prioritize patients in high-pressure situations, making rapid and effective decisions.
- Promoted preventive healthcare measures through regular check-ups, immunization programs, and patient education on healthy lifestyle choices.
- Developed personalized treatment plans for patients, ensuring optimal health outcomes.
- Educated patients on treatment options for various illnesses, collaborating with specialists to provide thorough education.
- Improved diagnostic accuracy through diligent attention to detail when reviewing lab results and imaging studies.
- Contributed to the improvement of clinic operations by offering valuable input during team meetings and discussions about best practices.
- Guided and managed medical team and support staff in emergency patient care
- Prepared and maintained accurate and detailed summaries and other medical documentation
- Conducted training programs for medical staff, attended departmental, and team meetings
- Performed diagnostic tests and provided appropriate medicines to patients
- Prepared and maintained accurate documents and data in EMR system.
- Performed physical exams on patients, continuously communicating about patient needs and comfort levels.
- Stayed current on medical advancements through continuous professional development opportunities such as workshops, conferences, and online courses.
- Managed chronic conditions effectively by creating tailored long-term care plans for individual patients.
- Improved patient satisfaction by providing comprehensive and empathetic care during consultations.
- Coordinated closely with specialists regarding complex cases or necessary referrals, ensuring continuity of care for patients.

- Focused on early detection of potential health issues through routine screenings and assessments, resulting in timely interventions when needed.
- Consulted with patients about special needs, cares and concerns throughout treatments.

11/2022 - 05/2023

ASSOCIATE CONSULTANT EMERGENCY MEDICINE

Altius Multi-Specialty Hospital, Bangalore, India

- Practiced Emergency medicine in the Quaternary care and Trauma Level 1 facility, providing diagnosis and treatment for patients
- Reviewed patient files and records, including allergies, problems, medications and immunization status
- Provided medical care and treatment for patients presenting with Trauma, Cardio-respiratory Arrest, ACS, CVA and other life-threatening conditions, regularly performing CPR, Central lines & ICD insertion and Endotracheal Intubation procedures.
- Managed multiple projects simultaneously while maintaining attention to detail, organization, and adherence to deadlines.
- Promoted patient safety initiatives within the Emergency Department, resulting in reduced rates of medication errors and adverse events.
- Enhanced departmental collaboration with effective communication between physicians, nurses, and support staff.
- Provided expert consultation on complex cases to colleagues in other specialties, fostering a collaborative approach to patient care.
- Managed complex cases involving multiple specialists to ensure comprehensive patient care plans were developed and implemented.
- Facilitated hospital-wide disaster preparedness drills to ensure coordinated response efforts during mass casualty incidents.
- Maintained high levels of professional competence through ongoing educational pursuits, staying current with advancements in emergency medicine practices.

05/2022 - 09/2022

EMERGENCY & ICU CONSULTANT

Manipal Hospital Doddaballapur, Bangalore, India

- Assessment of patients in ER, Initial evaluation and treatment and admission under concerned consultants
- Proper MLC registration with appropriate history and documentation in MLC register
- Taking justifiable calls when to raise MLC in the ER setting
- Training and supporting new ER residents at Emergency
- Taken responsibility for the overall ER in improving quality and streamlining processes with residents and nursing
- To work alongside Physicians, Anesthetists and other consultants in managing ICU
- High risk cases counseling to attenders along with Physician teams
- Managed all basic interventions and lifesaving procedure
- Assisting in Emergency CODES.
- Recorded patient electronic record information regarding physical findings, treatment rendered, formulated plan and prognosis based on patient's condition.
- Analyzed reports and findings to assess information and diagnose patients.
- Determined and ordered tests and diagnostic images to determine patient conditions.
- Prescribed medications, recommended treatments or suggested related therapeutic procedures.

06/2018 - 07/2021

EMERGENCY MEDICINE RESIDENT

Aster CMI Hospital, Bangalore, India

- Practiced Emergency medicine in the Quaternary care and Trauma Level 1 facility, providing diagnosis and treatment for patients
- Reviewed patient files and records, including allergies, problems, medications and immunization status
- Actively participated in the academics by taking classes and lectures, making assignments and thesis

- Provided medical care and treatment for patients presenting with Trauma, Cardiorespiratory Arrest, ACS, CVA and other life-threatening conditions, regularly performing CPR, Central lines & ICD insertion and Endotracheal Intubation procedures
- Handling Pediatric Emergencies, establishing airway, IV/IO access
- Difficult Endotracheal Intubation and use of other airway adjuncts such as Laryngeal Mask Airway, Surgical Airway
- Proficient in Procedural Sedation, E-FAST scan, 2D Screening Echo and Ventilator Management
- Comprehensive Trauma Life Support & Management of Critically ill patients.
- Improved patient outcomes through accurate diagnosis, effective treatment, and compassionate care.
- Utilized advanced imaging techniques to aid in accurate diagnosis of various medical conditions encountered in the emergency department setting.
- Promoted a culture of safety within the emergency department by adhering to infection control practices and reporting any potential hazards or incidents promptly.
- Mentored junior residents and medical students, providing guidance on clinical decision-making processes and procedural skills.
- Enhanced patient care by applying evidence-based medicine and optimizing treatment plans.

11/2015 - 07/2016

RESIDENT DOCTOR

Samaritan Hospital, Cochin, India






- Interviewed patients concerning physical complaints, discussed symptoms, asked questions, and suggested treatment options
- Implemented therapeutic regimens involving medications and other interventions to mitigate symptoms and prevent reoccurrence
- Teamed with other physicians, specialists and health care providers to provide well-rounded care for complex cases.
- Teamed with other physicians, specialists, and health care providers to provide well-rounded care for complex cases.
- Assisted in surgical procedures, ensuring adherence to best practices and optimal patient outcomes.
- Admitted and treated patients as part of hospital's 24-hour on-call services.
- Handled crisis situations with poise, demonstrating strong leadership skills and the ability to make informed decisions under pressure.
- Interviewed patients concerning physical complaints, discussed symptoms, asked questions, and suggested treatment options.
- Delivered high-quality care under pressure during emergency situations, stabilizing critically ill patients for further treatment.

01/2014 - 01/2015

INTERN DOCTOR

Pondicherry Institute of Medical Science, Pondicherry, India

- Diagnosing the disease as per the symptoms
- Assisting the senior doctor in checking the patients
- Learning the diagnostic methods and equipment ABG, ICD insertion, Central line placement.
- Supported senior physicians during rounds by taking notes, updating records, and facilitating communication between team members.
- Assisted in surgical procedures for better patient outcomes and a deeper understanding of medical processes.
- Took detailed notes on patient conditions and diagnoses.
- Responded promptly to emergency situations with appropriate interventions according to established protocols.
- Monitored post-operative recovery and educated patients on at-home recovery.
- Improved patient care by meticulously documenting medical histories, physical examinations, and treatment plans.
- Collaborated effectively with interdisciplinary teams for comprehensive patient management and optimal care.
- Took basic patient information and recorded vital signs pre-appointments.

Education	05/2021	Masters in Emergency Medicine, Aster CMI Hospital, George Washington University
	06/2015	Bachelor of Medicine and Bachelor of Surgery (MBBS), Pondicherry Institute of Medical Science
Certifications	<ul style="list-style-type: none"> • BLS ACLS instructor • PALS instructor • ATLS 	
Languages	Arabic	English
	 Elementary (A2)	 Bilingual or Proficient (C2)
	Tamil	Telugu
	 Advanced (C1)	 Intermediate (B1)
	Malayalam	
	 Bilingual or Proficient (C2)	