

Dr. Rilsheena Thekkethil Ummer

GENERAL DENTIST (DHA Eligibility ID- 50359319)

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Mail : drilsheena@gmail.com

Location: Sharjah-UAE



EXPERIENCE

General Dentist 2020 - 2022

White Dental Care Kerala, India

- Providing professional dental services and care to patients
- Oral Examination & diagnosis
- Dealing with routine checkups
- Emergency case management
- Cavity restoration
- X-ray assessment
- Local anaesthesia administration
- All type of Extractions
- Dry socket treatment
- Alveolarplasty
- Suturing
- Post-operative care
- Pulpectomy
- Fluride application
- Scaling, root planning, polishing, Tooth whitening
- Gingival curettage
- Root Canal treatment & post
- Tooth whitening
- Veneers, bridge, crown preparations
- Tooth sensitivity treatments
- Avulsion treatment
- Splinting
- CD, FPD, RPD
- Prescribe suitable medicines
- Patient portfolio management
- Referring patients dental specialist
- Coordination with team and providing training to staffs
- Overseeing budgets and maintaining equipment stock
- Assisting major impaction surgeries, trauma surgeries, orthodontic treatments

EDUCATION

Bachelor of Dental Surgery (BDS) 2015 – 2019

Farooqia Dental College & Hospital Mysore-India
(Rajiv Gandhi University of Health & Sciences)

Compulsory Rotating Internship 2019 – 2020

Farooqia Dental College & Hospital Mysore-India

LANGUAGES

English (High Proficiency)

Malayalam (High Proficiency-native)

Hindi (Medium Proficiency)

Kannada (Medium Proficiency)

HARD SKILLS

Extraction

Restorations

Root Canal

Ultrasonic, hand, deep scaling

Gingival curettage

Thorough knowledge in orthodontic & prosthetics

SOFT SKILLS

Attention to detail

Problem solving & initiative

Collaboration & team work

Communication skills

ACHEIVEMENTS & PARTICIPATIONS

Licensed to work under KDC(Reg No:26638)

Participated Webinars under Indian Dental Association

Participated Webinars under Online Dentistry group