



# DR. SNEHA JOSE

General Practitioner

## PROFILE SUMMARY

Compassionate, patient-focused, and devoted **General Practitioner** professional with over **4 and half years of experience** & proficiency in assessing patients' various health conditions, developing & implementing suitable treatment plans for patients in **Emergency Medicine, General In/Outpatient, Neurology & Surgical cases**. Committed to providing personalized patient care through quality service & treatment.

Seeking a challenging position in the sphere of medicine that would enable to utilize clinical & educational experience and expertise and experience for delivering best results.

## PROFESSIONAL EXPERIENCE

### Medical Officer at Aster Medcity:

**September 2023 – February 2024**

- Evaluate and manage patients with kidney diseases and related conditions in outpatient clinics, emergency departments and inpatient settings.
- Participate in the management of patients undergoing dialysis treatment. Monitor dialysis sessions, adjust treatment parameters as necessary, and address any complications or adverse reactions.
- Collaborate with other medical specialties, such as cardiology, endocrinology and urology to provide comprehensive patient care.
- Communicate effectively with patients and their families, providing clear explanations of diagnoses, treatment options and expected outcomes.

### In-patient Medical Officer (IP/ER MO)

**June 2022 – May 2023**

Renai Medicity, Palarivattom, Kochi.

- Analysis, examining, and evaluating patients to diagnose, synthesize information and interpret examination findings to establish a diagnosis.
- Provide emergency treatment & responded appropriately in case of emergencies.
- Consults and manages evaluations of the impact of health conditions on the Patient's physical, functional, psychosocial, and environmental needs.
- Completed daily rounds to check on patients & identify any reasons for concern.

### Medical Officer Kerala Social Security Mission

**Aug 2020 – June 2022**

(Vayomithram, Govt initiative)

### Medical Officer Renai Medicity, Palarivattom, Kochi.

**Jul 2019 – Aug 2020**

(IP & Emergency Medicine)

- Provided emergency medical care & treatment for injuries and illnesses.
- Completed daily rounds to check on patients & identify any reasons for concern.

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Dubai

## ACADEMIA

**Bachelor of Medicine & Bachelor of Surgery (MBBS) 2018**  
Jubilee Mission Medical College & Research Institute

## AREA OF EXPERTISE

- In/Outpatient Consultation
- Pain & Palliative Care
- Health Assessments & Diagnosis
- Patient Case Management
- Patient Treatment Planning
- Precautionary & Preventive Care
- Medical Recordkeeping
- Patient Counseling & Support
- Patient Services & Handling
- Emergency Care & Treatment

### DEPARTMENTS WORKED

- Gynaecology & Neurology
- In/Outpatient, Cardiology
- Emergency & Surgical Care

### CORE SOFT SKILLS

- Good patient management skills
- Excellent organization and time management skills
- Critical Thinker & Problem Solver
- Outstanding Interpersonal & Communication Skills
- Compassionate & Friendly

### INTERNSHIPS & CLINICAL TRAININGS

- Compulsory Rotatory Residential Internship (CRRI) Mar 2018 – Apr 2019
- Paduva Hospital & St. Antony's Hospital Pazhuvil. 1 Month

### MODALITIES HANDLED

- IV cannulation
- RT insertion
- Foleys Insertion
- Suturing & wound dressings
- Performing minor surgeries under supervision (Ex: Disarticulation, Carbuncle excision, Lipoma excision, Circumcision)
- Minor procedures (Ascitic fluid tapping, taking ABG, catheterization, ryles tube insertion, venous line insertion, CVC insertion)

### TRAININGS & WORKSHOPS ATTENDED

- Completed BLS and ACLS certification course by American Heart Association.
- Participated in a tribal medical camp (tribal community service programme) in the colonies of Sholayar forest area, Thrissur (14,15th february 2017)
- Done a survey on morbidity pattern and health care seeking behaviour among geriatric population in a rural area (Nadathara, Thrissur)
- A project based on survey submitted under the department of community medicine
- Participated in blood donation camp as medical officer in 2018
- Attended Thrissur surgery conference (2018)

### **References:**

1. **Dr. V. Narayanan Unni** (Senior Consultant – Nephrology), Aster Medcity.  
Ph : +91 9847049857
2. **Dr. Bipi P K** (Consultant – Nephrology), Aster Medcity.  
Ph : +91 9497483312
3. **Dr. Minu George** (Neurology consultant , [drminu@renaimedcity.org](mailto:drminu@renaimedcity.org))
4. **Dr. Lekshmy** (Senior Specialist- General Medicine) [drlekshmy@renaimedcity.org](mailto:drlekshmy@renaimedcity.org)

### PERSONAL VITAE

Date of Birth : 11/08/1994

Languages : English, Malayalam,  
Hindi, Tamil