

DR VISHNU V NAIR

General Dentist

Contact

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Location: Sharjah, UAE

Nationality: Indian

Licence

MOH Eligibility

Kerala State Dental Council

IDA member

My Expertise

Diagnosis & Treatment Planning

Patient Education

Crown and Bridge Preparation

Restoration/Bio-mimetic

Restoration

Scaling & Root Planning

Trauma Management

Rotary Endodontics

Rubber Dam Isolation

Fluoride Application

Bleaching/Teeth Whitening

Anterior teeth restoration/ CBT layering

Veneers, Onlays & Overlays

Soft Tissue Laser

Atraumatic & Minor Surgical Extractions

Professional Summary

Having over three years of experience in dentistry, I am a dedicated GP Dentist who is passionate about educating and treating patients of all ages. My focus lies in providing personalized patient care and presenting suitable treatment options. I make it a priority to stay updated on the latest dental techniques to deliver excellent care.

Experience

Harry's Dentistry Family Dental Clinic
Varkala, Trivandrum.

Nov 2023 - Jan 2024

Associate Dentist

- Managing Dental office, including a detailed history, treatment plans, treating patients, prescription of medication.
- I had the opportunity to provide care to foreign nationals.
- Performed extensive dental treatment for patients including scaling, restorative treatment, extraction, fixed and removable prosthesis, habit breakers.
- Coordinator of tobacco cessation team.

Baby Multispeciality Dental clinic
Venjaramoodu, Thiruvanthapuram.

Nov 2020 - Oct 2023

General Dentist

- Examine patients, interpret X-rays, and diagnose dental problems.
- Oral prophylaxis and teeth whitening and provide preventive dental services.
- Educate Patients and their families about dental issues, home care instructions, and prevention. Filling the cavity and restoring form and function.
- Nonsurgical tooth extractions.
- Prosthodontic rehabilitation including Removable partial dentures and complete denture fabrication.
- Assisting senior dentists in performing major dental procedures.
- Extensive knowledge of medical records and equipment.
- Rotary Endodontics.
- Anterior Esthetic procedures (Diastema closure/ composite veneering/ CBT)

A J Institute Of Dental Sciences
Mangaluru, Karnataka.

Sep 2019 - Oct 2020

Internship

Completed 1-year compulsory rotating internship from September. Conducted and participated in multiple dental awareness and treatment camps.

Education

AJ Institute of dental sciences ,
Mangalore,Karnataka ,India

Bachelor of Dentistry |

August 2015 - September 2020

Jawahar Public Senior Secondary
School, Varkala, Trivandrum.

Soft Skills

- Effective communication skill.
- Best treatment delivery.
- Highly motivated and target driven.
- Patient rapport building.

Language

- English
- Malayalam
- Hindi
- Tamil

Involved in various types of cases like:

- Conducted clinical diagnoses employing radiographic techniques, involving the exposure and development of radiographs.
- Performed oral prophylaxis and assessed gingivitis and periodontal pockets.
- Offered preventive care and guidance to enhance dental hygiene practices.
- Administered composite and amalgam restorative fillings.
- Executed extractions under local anesthesia, employing suturing techniques.
- Conducted alveoloplasty and engaged in prosthodontic rehabilitation, including the fabrication of removable partial dentures and complete dentures.
- Participated in various head and neck surgical procedures conducted under general anesthesia.
- Completed a rural posting at Wenlock District Hospital in Mangalore.

Certification and Workshops

- Participated in a workshop focusing on Biomimetic Direct Anterior and Posterior Composite Restorations, along with training in the Rubber Dam Isolation Technique.
- Engaged in a workshop course covering Laminate Veneers, Biomimetic Onlays, and Overlays using Rubber Dam Isolation.
- Completed advanced hands-on training in Soft Tissue Dental Laser methods.
- Received training in Emergency Life Support, including Cardio-Pulmonary Resuscitation techniques.
- Completed a workshop course on Rotary Endodontics, Post and Core procedures.
- Participated in a workshop and hands-on training session on Implant Dentistry organized by NOBEL BIOCare in India at YDC, Mangalore.
- Attended Continuing Dental Education (CDE) and workshops hosted by the Indian Dental Council and Dental Council of India.
- Engaged in LASER CONCLAVE 2020 organized by the Asian Academy of Laser Therapy.
- Participated in a webinar hosted by the Faculty of Dentistry at AIMST University in Malaysia.
- Attended webinars organized by CAPP (Centre for Advanced Professional Practices).
- Participated in a webinar on 'PERIOESTHETICS' organized by PMS Dental College in Trivandrum.

Declaration

I hereby declare that the information shared above is true and correct to the best of my knowledge.

Dr Vishnu V Nair
