

# DR VISHNU V NAIR

General Dentist

## Contact

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Location: Sharjah, UAE

Nationality: Indian

## Licence

MOH Eligibility

Kerala State Dental Council

IDA member

## My Expertise

Diagnosis & Treatment Planning

Patient Education

Crown and Bridge Preparation

Restoration/Bio-mimetic

Restoration

Scaling & Root Planning

Trauma Management

Rotary Endodontics

Rubber Dam Isolation

Fluoride Application

Bleaching/Teeth Whitening

Anterior teeth restoration/ CBT layering

Veneers, Onlays & Overlays

Soft Tissue Laser

Atraumatic & Minor Surgical Extractions

## Professional Summary

Having over three years of experience in dentistry, I am a dedicated GP Dentist who is passionate about educating and treating patients of all ages. My focus lies in providing personalized patient care and presenting suitable treatment options. I make it a priority to stay updated on the latest dental techniques to deliver excellent care.

## Experience

**Harry's Dentistry Family Dental Clinic**  
**Varkala, Trivandrum.**

Nov 2023 - Jan 2024

### Associate Dentist

- Managing Dental office, including a detailed history, treatment plans, treating patients, prescription of medication.
- I had the opportunity to provide care to foreign nationals.
- Performed extensive dental treatment for patients including scaling, restorative treatment, extraction, fixed and removable prosthesis, habit breakers.
- Coordinator of tobacco cessation team.

**Baby Multispeciality Dental clinic**  
**Venjaramoodu, Thiruvanthapuram.**

Nov 2020 - Oct 2023

### General Dentist

- Examine patients, interpret X-rays, and diagnose dental problems.
- Oral prophylaxis and teeth whitening and provide preventive dental services.
- Educate Patients and their families about dental issues, home care instructions, and prevention. Filling the cavity and restoring form and function.
- Nonsurgical tooth extractions.
- Prosthodontic rehabilitation including Removable partial dentures and complete denture fabrication.
- Assisting senior dentists in performing major dental procedures.
- Extensive knowledge of medical records and equipment.
- Rotary Endodontics.
- Anterior Esthetic procedures (Diastema closure/ composite veneering/ CBT)

**A J Institute Of Dental Sciences**  
**Mangaluru, Karnataka.**

Sep 2019 - Oct 2020

### Internship

Completed 1-year compulsory rotating internship from September. Conducted and participated in multiple dental awareness and treatment camps.

## Education

AJ Institute of dental sciences ,  
Mangalore,Karnataka ,India  
Bachelor of Dentistry |  
August 2015 - September 2020

Jawahar Public Senior Secondary  
School, Varkala, Trivandrum.

## Soft Skills

- Effective communication skill.
- Best treatment delivery.
- Highly motivated and target driven.
- Patient rapport building.

## Language

- English
- Malayalam
- Hindi
- Tamil

Involved in various types of cases like:

- Conducted clinical diagnoses employing radiographic techniques, involving the exposure and development of radiographs.
- Performed oral prophylaxis and assessed gingivitis and periodontal pockets.
- Offered preventive care and guidance to enhance dental hygiene practices.
- Administered composite and amalgam restorative fillings.
- Executed extractions under local anesthesia, employing suturing techniques.
- Conducted alveoloplasty and engaged in prosthodontic rehabilitation, including the fabrication of removable partial dentures and complete dentures.
- Participated in various head and neck surgical procedures conducted under general anesthesia.
- Completed a rural posting at Wenlock District Hospital in Mangalore.

## Certification and Workshops

- Participated in a workshop focusing on Biomimetic Direct Anterior and Posterior Composite Restorations, along with training in the Rubber Dam Isolation Technique.
- Engaged in a workshop course covering Laminate Veneers, Biomimetic Onlays, and Overlays using Rubber Dam Isolation.
- Completed advanced hands-on training in Soft Tissue Dental Laser methods.
- Received training in Emergency Life Support, including Cardio-Pulmonary Resuscitation techniques.
- Completed a workshop course on Rotary Endodontics, Post and Core procedures.
- Participated in a workshop and hands-on training session on Implant Dentistry organized by NOBEL BIOCARE in India at YDC, Mangalore.
- Attended Continuing Dental Education (CDE) and workshops hosted by the Indian Dental Council and Dental Council of India.
- Engaged in LASER CONCLAVE 2020 organized by the Asian Academy of Laser Therapy.
- Participated in a webinar hosted by the Faculty of Dentistry at AIMST University in Malaysia.
- Attended webinars organized by CAPP (Centre for Advanced Professional Practices).
- Participated in a webinar on 'PERIOESTHETICS' organized by PMS Dental College in Trivandrum.

## Declaration

I hereby declare that the information shared above is true and correct to the best of my knowledge.

Dr Vishnu V Nair

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Date: 15/01/2024

التاريخ: 2024/01/15

## Evaluation Letter

خطاب تقييم

Reference Number	299611	الرقم المرجعي
Name	VISHNU VIJAYAKUMARAN NAIR	الإسم
Nationality	Indian	الجنسية
Specialty 1	General Dentist	التخصص 1
Title 1	General Dentist	المسمى 1
Privilege		الصلاحية
Validity of the letter	14/01/2029	مدة صلاحية الأشعار
Remarks		ملاحظات:
<b>Important Notes</b>		<b>ملاحظات مهمة</b>
1. This letter is not a license, and the holder should complete licensing process prior to practice in health-related field.		1. هذا الأشعار ليس ترخيصاً ولا يمكن العمل به، وعلى حامله استكمال إجراءات الترخيص
2. This letter is issued one time to obtain a license to practice the profession and does not require renewal as long as the license is valid within the UAE. As for the practice outside the country, the period must not exceed the validity of this letter.		2. يتم إصدار هذا الأشعار لمرة واحدة للحصول على ترخيص لممارسة المهنة ولا يتطلب تجديده طالما كان الترخيص سارياً داخل الدولة، أما بالنسبة للممارسة خارج الدولة فيجب أن لا تتجاوز المدة صلاحية هذا الأشعار
3. Issuance of the license will rely on the gap of practice and not the validity of this letter.		3. إصدار الترخيص منوط بمدة الانقطاع عن الممارسه وليس مده صالحيه هذه الشهادة
4. Any changes or alterations, this letter will be canceled.		4. أي تغيير أو كشط، يعتبر الأشعار لاغياً

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تم إصدار هذا الأشعار إلكترونياً ولا يحتاج لخطم أو اعتماد، للتأكد من صحه الأشعار يرجى مسح الباركود في أسفل الرسالة



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DUBAI, UNITED ARAB EMIRATES

