

## DR. AMNA AKRAM

### General Practitioner- (Emergency Medicine/ Internal Medicine) MRCEM Part-1 (UK), DHA Eligibility

Designation : General Practitioner (**Emergency and Internal Medicine**)  
License : DHA, PMDC License  
Experience : **3.5 years**  
Degree : MBBS (Bachelor of Medicine, Bachelor of Surgery)  
Contact No : +971-556962178  
Address : Mankhool, Dubai  
Email address : dr.amnaakram1@gmail.com, Amna.fahad896@gmail.com  
Nationality : Pakistani  
Date of Birth : 25-Oct-1994  
Marital status : Married  
Visa Status : Spouse Residence Visa  
Availability : Available in Dubai to join immediately.

### OBJECTIVE

A dedicated and experienced healthcare professional with a passion for **Emergency medicine**, seeking a challenging role as a **GP**. With a strong background in providing comprehensive medical care in diverse settings, including resort environments and private clinics, I am committed to delivering high-quality healthcare services to patients in urgent and critical situations. My objective is to leverage my clinical expertise and procedural skills in CPR, wound management, hemorrhage control, and other emergency procedures to contribute effectively to a dynamic healthcare team and make a positive impact on patient outcomes.

### EDUCATION

- **MRCEM Part-1** 2024
- Passed DHA license exam (GP) 2023
- **MBBS** from **University of Health Sciences, Lahore** Pakistan 2019

### COURSES

- Certificate course in Functional Gastrointestinal disorders 2024
- Online inter professional certificate course on liver Disease 2024
- AHA accredited BLS course. 2023
- AHA accredited ACLS Course. 2023
- Prevention of infections in Hospital 2023
- Completed W.H.O course **Role of Primary Healthcare in context of COVID-19 pandemic** 2021
- Completed course **COVID-19 phycological first Aid** by Public Health, England. 2021
- Completed course of **Infection Prevention & Control for COVID-19** 2021

### PROFESSIONAL EXPERIENCE

#### ❖ **Marriott International Resort, Maldives**

(June 2023 - January 2023)

#### **Job description as General Practitioner (Emergency & Internal Medicine):**

- Provide **comprehensive medical care and treatment** to guests and staff at a prestigious 5-star resort in the Maldives, attending to the health needs of a population exceeding 300 tenants and managing the medical requirements of over 80 guest villas.
- Deliver prompt and efficient medical assistance during **emergencies**, ensuring the well-being and safety of all individuals on the resort premises.
- Provide immediate and effective medical care during emergencies such as **drownings, animal bites, wounds, cuts, and other injuries**, **administering proficient first aid** interventions to achieve optimal patient outcomes.
- Conduct thorough **health assessments**, **administer medications**, and devise appropriate treatment plans tailored to individual needs, ensuring the delivery of timely and effective medical interventions.

- Actively participate in training sessions and **emergency drills**, contributing to the development and refinement of effective emergency response protocols and procedures.
- Collaborate closely with resort management to uphold high **health and safety standards**, contributing to the overall guest experience and ensuring a safe and healthy environment for all resort occupants.
- Work collaboratively with other healthcare professionals, resort staff, and **external emergency services** to coordinate patient care and response efforts during emergencies.
- Maintain accurate and detailed **medical records of patient assessments, treatments, and interventions**, adhering to established documentation standards and protocols.
- Conduct risk assessments and implement appropriate risk management strategies to mitigate potential health hazards and ensure the safety and well-being of resort occupants.
- Adhere to ethical and legal standards governing medical practice, ensuring compliance with relevant regulations, policies, and guidelines at all times.

#### ❖ **Zainub Siddique Polyclinic, Lahore Pakistan**

(April, 2021 till Apr 2023)

##### **Job description as Senior Medical Officer:**

Worked for 2 years in Private sector for full time where major departments are providing care to the public.



##### **OUTPATIENT DEPARTMENT (OPD):**

- Perform **outpatient consultations** for patients across various age groups, addressing their medical concerns and providing appropriate medical advice and treatment.
- Diagnose and manage common medical conditions such as **Diabetes, Asthma, Hypertension (HTN), Allergies, Upper Respiratory Tract Infections (URTI), and Lower Respiratory Tract Infections (LRTI)**.
- Provide medical treatment to children presenting with **common illnesses including colds, flu, conjunctivitis, URTI, LRTI, and ear infections**, ensuring their well-being and recovery.
- Conduct **gynecological consultations for conditions such as Amenorrhea, Menorrhagia, Irregular bleeding, and vaginal infections**, offering appropriate medical interventions and advice.
- Provide **obstetrics consultations** to ensure the safety and well-being of both mother and child during pregnancy and childbirth, monitoring their health status and addressing any concerns.
- Prescribe appropriate medications and treatments based on accurate diagnosis and patient assessment, ensuring optimal therapeutic outcomes and patient safety.
- Conduct regular **follow-up appointments** with patients to monitor their progress, adjust treatment plans as necessary, and address any new or ongoing health issues.

##### **MEDICAL EMERGENCIES:**

- Perform **initial assessments of patients in medical emergencies**, initiating timely and appropriate medical interventions to stabilize their condition and ensure their safety.
- Administer **life-saving interventions** as required, including cardiopulmonary resuscitation (CPR), and emergency medications, to preserve vital functions and prevent further deterioration.
- Assess and treat various types of **wounds, including lacerations, abrasions, and puncture wounds**, with meticulous attention to cleansing, debridement, and closure techniques.
- Utilize appropriate methods to **control bleeding from wounds, including direct pressure, hemostatic agents, and tourniquet application** when necessary.
- Safely and efficiently **remove foreign bodies from the skin, eyes, ears, nose**, or other anatomical sites, employing specialized techniques and equipment as needed.
- Establish **peripheral intravenous access** for the administration of fluids, medications, and blood products, ensuring proper technique and monitoring for complications.
- Provide effective **pain relief for patients experiencing acute pain or discomfort, utilizing analgesic medications, local anesthetics, and non-pharmacological interventions** as appropriate.
- Perform **gastric lavage procedures** to remove ingested toxins or foreign substances from the stomach, employing safe and appropriate techniques under urgent circumstances.
- Insert **urinary catheters for bladder drainage** in patients with urinary retention or monitoring needs, adhering to sterile technique and minimizing the risk of infection or injury.
- Conduct rapid and thorough assessments of patients presenting to the emergency department, prioritizing care based on the severity of their condition and initiating appropriate interventions.
- Collaborate effectively with interdisciplinary teams including nurses, specialists, and emergency personnel to ensure comprehensive patient care and timely interventions during medical emergencies.

## INTERNSHIP EXPERIENCE

### ❖ Allama Iqbal Teaching Memorial Hospital, Sialkot Pakistan

(Apr, 2020 till Apr, 2021)

The hospital is a state-of-the-art, multispecialty teaching facility with 400 beds, featuring advanced modern operation theaters, intensive care units (ICU), neonatal intensive care units (NICU), and labor and delivery rooms.

I have successfully completed a one-year internship program, during which I gained valuable experience working across various departments through rotational assignments. These departments include Emergency Medicine, Anesthesia/ ICU, General Surgery, and Nephrology.



#### Job description as House Officer:

##### **Emergency Medicine Experience**

- Conduct initial assessments of patients presenting to the emergency department, including obtaining medical histories, performing physical examinations, and assessing vital signs.
- Prioritize patient care based on the severity of their condition, ensuring that those with life-threatening emergencies receive immediate attention.
- Provide timely medical interventions and treatments to stabilize patients, including administering medications, initiating intravenous fluids, and performing basic life support measures as necessary.
- Order and interpret diagnostic tests such as blood work, imaging studies (e.g., **X-rays, CT scans**), and **electrocardiograms (ECGs)** to aid in the diagnosis and management of patients.
- Assist senior medical staff in performing medical procedures and interventions, such as **wound suturing, splinting, and minor surgical procedures**.
- Participate in emergency preparedness activities and drills, familiarizing oneself with emergency protocols and procedures to respond effectively to crises and mass casualty incidents.

##### **Surgical Experience**

- Conduct thorough preoperative assessments to evaluate patients' medical history, current health status, and surgical risks. Order and interpret diagnostic tests (e.g., blood work, imaging studies) to assess surgical candidacy and identify any underlying medical conditions.
- Monitor patients closely postoperatively to assess for complications, manage pain, and ensure proper wound healing. Administer medications, intravenous fluids, and other treatments as prescribed to promote recovery and prevent infection.
- Perform meticulous wound care, including cleaning, debridement, and dressing changes, to prevent infection and promote healing. Monitor incisions for signs of infection or other complications, and initiate appropriate interventions as needed. Manage incisional drainage effectively, ensuring proper drainage and preventing the accumulation of fluids.
- Demonstrate proficiency in various suturing techniques, including simple interrupted, continuous, and subcuticular sutures, to close surgical incisions. Apply appropriate wound dressings to protect incisions, promote healing, and prevent infection.
- Perform gastric lavage procedures when indicated, such as in cases of gastric poisoning or gastrointestinal bleeding, to remove toxic substances or blood from the stomach.
- Coordinate effectively with other members of the surgical team, including surgeons, anesthesiologists, nurses, and surgical technologists, to ensure smooth workflow and patient safety. Communicate clearly and concisely with team members regarding patient status, surgical plans, and any intraoperative concerns or changes in the surgical plan.
- Assist surgeons during surgical procedures by providing surgical instruments, maintaining a sterile field, and anticipating the needs of the surgical team. Remain attentive to the surgical field, anticipating potential complications and assisting with their resolution as needed.
- Be prepared to respond promptly to intraoperative emergencies, such as hemorrhage, cardiac arrest, or anaphylaxis, by initiating appropriate interventions and notifying the surgical team.
- Maintain accurate and thorough documentation of all perioperative care, including preoperative assessments, intraoperative events, and postoperative management, adhering to institutional protocols and standards.

##### **Anesthesia Experience**

- Administering various types of anesthesia (regional, local) for surgical procedures
- Monitoring patients' vital signs and adjusting anesthesia levels accordingly

- Providing preoperative assessment and optimization of patients
- Collaborating with surgical teams to ensure patient safety and comfort during procedures
- Administering analgesia and managing postoperative pain
- Participating in continuous education and training to stay updated on anesthesia techniques.

## **MEDICAL PROCEDURES**

- Cardio-Pulmonary Resuscitation (CPR)
- Wound Management
- Hemorrhage Control
- Foreign Body Removal
- Intravenous Access
- Pain Management
- Gastric Lavage
- Urinary Catheterization
- Rapid assessment and stabilization of critically ill patients
- IV cannulation
- NG intubation
- Ascetic Tap

## **SEMINARS AND VOLUNTEER WORKS**

- ✓ Work with Senior Doctors during COVID-19
- ✓ Attended 25 + medical relief camps in remote areas like Mansehra, Mohar
- ✓ Have been published the medical articles on health website: Healthpulls.com
- ✓ An expert freelancer since 7 years as a medical content writer
- ✓ Comparative Study of Different Lecture delivery methods among undergraduate students
- ✓ Audit: undergraduate clinical research project.

## **PROFESSIONAL & PERSONAL SKILLS**

- ✓ OPD Management.
- ✓ Communication skills
- ✓ Emergency medicine
- ✓ Pediatrics medicine
- ✓ General medicine
- ✓ Xray interpretation
- ✓ CT scan Interpretation
- ✓ Gynecology Medicine
- ✓ Obstetrics medicine
- ✓ Ultrasound Expert
- ✓ IB blood sampling
- ✓ NG intubation
- ✓ Clinical decision making
- ✓ Interdisciplinary collaboration
- ✓ Acute illness
- ✓ Chronic illness
- ✓ Flexibility

## **LANGUAGE SKILLS**

- ✓ English
- ✓ Urdu
- ✓ Hindi

## **Declaration & References**

I hereby declare that the above-mentioned particulars are true to the best of my Knowledge and verifiable from various institutions and personnel.