

Bushra Anum



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SUMMARY

General Practitioner with many years in wide-ranging patient care. Accurately diagnoses and treats patients while educating on vital lifestyle changes recommended for disease prevention. Compassionate General Practitioner known for high productivity and efficient task completion. Possess specialized skills in patient diagnosis, treatment plan development, and preventive healthcare management. Excel in communication, empathy, and problem-solving and ensuring effectiveness.

PROFESSIONAL LICENSES

- PMDC- License No 63285-S
- DHA - License No 65160486
- DOH - License No-28708079
- MOH -License No 317875

EXPERIENCE

September 2021 - Current

General Practitioner IR Medicare Center | Karachi, Pakistan

- Provided diagnosis and treatment for a variety of illnesses and injuries.
- Performed physical examinations, ordered laboratory tests and prescribed medications.
- Managed acute and chronic diseases using evidence based medicine guidelines.
- Assessed patient needs by taking detailed histories and performing comprehensive physicals.
- Interpreted test results to diagnose illness or injury while considering the patient's age, gender, family history and environment.
- Responded promptly to emergency calls from patients in need of urgent care services.
- Referred patients to specialists when necessary or requested by the patient and family member.
- Prescribed appropriate medications according to established protocols while monitoring potential side effects.
- Ordered laboratory tests and imaging scans to complete further investigations.
- Diagnosed conditions accurately by combining findings from examinations and test results.
- Developed evidence-based pain management plans prescribing minimal opioid pain medications.
- Referred patients with serious medical conditions and emergencies to hospital for immediate care.
- Established and maintained relationships with specialists to provide patient referrals and holistic care.
- Educated patients on diagnoses, treatments and medications and self-management to drive recovery and outcome goals.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Achieved consistent referrals and high patient satisfaction scores by providing exceptional care and support.

November 2017 - July 2021

General Practitioner – Full-Time United Hospital

- Working in Accident and Emergency, Medicine Department, Surgery, and Pediatrics.
- Oversaw various job functions effectively
- Evaluated patient's physical condition upon arrival
- Executed patient-specific investigative procedures
- Handled acute trauma cases and accidents
- Evaluated medical tests and determined appropriate treatments
- Ensured continuous supervision for hospitalized individuals
- Ensured consistent follow-ups through regular ward visits
- Treated a wide range of injuries
- Guided clients towards healthier living choices

SKILLS

- Vitals monitoring
- Minor surgeries
- Vaccination Administration
- Physical examination
- Continuing education
- Prescription Management
- Referral Coordination
- Medical Recordkeeping
- Cultural competence
- Chronic Disease Management
- Patient Education
- Diagnoses
- Treatment Administration
- Patient Communication
- Mental Health Assessment
- Patient interviewing
- Medical chart documentation
- Treatment Planning
- Preventative Care
- Prescription writing
- Medical Research
- Immunizations
- Health Promotion

- Requested lab analyses
- Developed individualized treatment plans for chronic medical conditions such as diabetes and hypertension.
- Educated patients about their conditions, medications, treatments, and follow-up care.
- Managed acute and chronic diseases using evidence based medicine guidelines.
- Assessed patient needs by taking detailed histories and performing comprehensive physicals.
- Interpreted test results to diagnose illness or injury while considering the patient's age, gender, family history and environment.
- Responded promptly to emergency calls from patients in need of urgent care services.
- Referred patients to specialists when necessary or requested by the patient and family member.
- Scheduled regular checkups with patients to monitor progress of existing treatments or conditions.
- Prescribed appropriate medications according to established protocols while monitoring potential side effects.
- Ordered laboratory tests and imaging scans to complete further investigations.
- Diagnosed conditions accurately by combining findings from examinations and test results.

January 2015 - October 2017

Resident Medical Officer (Pediatric)–Full-Time Child Care Centre | Karachi, Pakistan

- Assessed and managed patients in the Emergency Department.
- Conducted physical examinations of patients and ordered diagnostic tests as required.
- Provided medical advice to other health professionals, such as nurses and allied health staff.
- Maintained accurate clinical documentation and patient records according to hospital protocols.
- Prescribed medications monitored their effectiveness and advised on any side effects or interactions with other drugs.
- Performed minor surgical procedures including suturing, wound debridement, incision and drainage of abscesses.
- Managed medical emergencies in the department, stabilizing patients before transfer or admission to a higher level of care if necessary.
- Responded quickly to requests for urgent assessments from nursing staff on wards or departments within the hospital complex.
- Provided education to junior doctors, interns, medical students and nursing staff about clinical management of various illnesses and conditions.
- Advised on appropriate discharge planning for patients leaving the hospital setting.
- Ensured that all relevant clinical investigations were completed prior to discharge.
- Reviewed new referrals from GPs, community services or other hospitals.
- Developed treatment plans for long-term conditions such as diabetes or asthma.
- Monitored patient progress during admissions and made changes if necessary based on observations and results of tests and investigations.

- Gathered patient history information, performed physical examinations, and collected vitals to gain complete picture and properly assess conditions.
- Performed routine patient care functions and provided emergency response.
- Oversaw day-to-day practice functions, patient care, medical and administrative staff and business activities.
- Kept informed of advances in medicine and computerized diagnostic and treatment equipment.
- Maintained records management system to process personnel information and produce reports.
- Assessed need for additional staff, equipment and services based on historical data and seasonal trends.

October 2013 - November 2014

Resident House Officer Jinnah Postgraduate Medical Centre |
Karachi, Pakistan

- Enhanced skill set by rotating across different departments
- Served as House Officer in Medicine Department
- (25th July 2013 – 24th October 2013)
- Provided patient care and support in Neurology Unit
- (2nd Nov 2013 – 1st Feb 2014)
- Oversaw patient care in the orthopedic unit.
- (14th Feb 2014 – 13th April 2014)
- Served as House Officer in Accident and Emergency
- (April 14, 2014 – May 13, 2014)
- Hands-on surgical practice as a House Officer
- (May 20, 2014 – August 19, 2014)

EDUCATION

January 2021

MCPS Family Medicine

College of Physicians And Surgeons Pakistan, Karachi

January 2013

Bachelor of Medicine And Bachelor Of Surgery

Liaquat University Of Medicine & Health Science, Jamshoro, Pakistan

GPA: CGPA 3.3/4

January 2007

Higher Secondary School Certificate

Government Nazareth Girls College, Hyderabad, Pakistan

GPA: 81.45% A-1 Grade

January 2005

Secondary School Certificate

The City School, Hyderabad, Sindh, Pakistan

GPA: 89.76% A-1 Grade

SYMPOSIUM, CONFERENCES & WORKSHOPS

- 12/28/13, Clinical application and interpretation in diagnostic Radiology, Liaquat University Of Medical And Health Science

- 03/28/13, 8th International symposium, Liaquat University Of Medical And Health Science
- 11/02/13, Diabetes Symposium, Jinnah Post Medical Graduate Centre
- 11/13/13, Medical Literature Search Workshop, Jinnah Post Medical Graduate Centre
- 03/25/14, 9th International Symposium, Liaquat University Of Medical And Health Science
- 12/05/14, Workshop On Neurophysiology, Liaquat University Of Medical And Health Science
- 12/05/14, Annual Symposium Of Medicine And Allied, Liaquat University Of Medical And Health Science
- 04/28/15, Workshop On Comprehensive Reading Of Chest X-Ray, Liaquat University Of Medical And Health Science
- 05/07/15, Seminar On Communication Skills, Liaquat University Of Medical And Health Science
- 12/08/18, Seminar On World Health Diabetes Day, Human and welfare organization

CERTIFICATIONCOURSES

- Coronavirus (COVID 19) – Harvard Medical School
- Coronavirus (COVID 19) – Muhammad Bin Rashid University (UAE AID)
- Basic life Support Workshop – American Health Association (BLS)
- Management Of Abnormal Uterine Bleeder – The European Academy
- Surgical Skills

RESEARCH

- Evolution of anti-inflammatory activity of Nelumbo Nucifera Fruit Ethanol Extract, Submitted
- Frequency of vitamin – D Deficiency in patient having raised Hemoglobin A1C (HBA1C) with obesity, In process

PERSONAL INFORMATION

- Passport Number: GN5461762
- CNIC Number: 41304-1271176-2
- Father's Name: Muhammad Ilyas Siddiqui
- Date of Birth: 01/23/89
- Marital Status: Married
- Religion: Muslim
- Visa Status: Visit Visa

LANGUAGES

Urdu: First Language

English:

Proficient

Hindi:

Proficient

REFERENCES

References available upon request.