



# DR. JISHALAKSHMI E

DOCTOR- GENERAL PRACTITIONER

## CONTACT

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📍 CBD B03 507 INTERNATIONAL CITY DUBAI, UNITED ARAB EMIRATES

## SKILLS

Abdominal Paracentesis



Pleural Taps



Lumbar Punctures



Suturing and wound debridement's



Incision and drainage of abscesses



Nail excision/ wedge resection of nail



Nasal packing for epistaxis control



Foreign body removal; eyes/ears/nasal cavity.



Ear and Nose Piercings.



Suturing of Split earlobes (Otoplasty)



Corn and Callus excision



Sebaceous Cyst Excision



## LANGUAGES

ENGLISH



MALAYALAM



HINDI



TAMIL



ARABIC



FRENCH



## SUMMARY

- Dependable GP with 18 years working background. Expertise in the field with extensive experience.
- Cooperative team player with positive attitude.
- Loyal and approachable, with strong belief on patient focus.
- A quick learner who is passionate about helping and achieving the best quality of care!

## EXPERIENCE

**MEDICAL DIRECTOR/GENERAL PRACTITIONER** Mar 2009 - Present  
**ICARE BLUE CLINICS- EMIRATES HEALTHCARE GROUP**

- Learnt to deal with different categories of individuals , multiple races and people with different personalities.
- Learnt to assess and categorize cases according to their urgency and seriousness.
- Able to be the first point of contact to all age groups and advise as to the next steps to be taken. A friend and a confidant.
- Able to handle the psychological aspect of medicine with flair and put the patients to ease.
- To give in particular follow up care and advise to chronic case patients such as those individuals with hypertension, diabetes mellitus, bronchial asthma etc.
- Have developed management skills on handling of other paramedical staff and assist in day to day functioning of the clinic.
- Able to manage all diabetic cases with ease and competency.
- Competency in Electronic case filing and Electronic Prescription generation
- As Medical Director able to handle critical decision making in regards to the daily running and management of patients and staff.

**CASUALTY MEDICAL OFFICER** Dec 2003 - Dec 2008  
**KASRAGOD INSTITUTE OF MEDICAL SCIENCES (KERALA, INDIA)**

- I understand the concept of triage, am well versed in Cardio-pulmonary resuscitation and initial stabilization of patients.
- I can manage a wide variety of cases ranging from medical, trauma & surgical, paediatric, psychiatric and poisoning cases.
- I am able to handle any emergencies/situations which arise with inpatients on the wards.
- Follow up care for inpatients, ward rounds and basic patient care procedures (catheterization, IV cannulation etc)

## REFERENCES

**DR ULFATH ABDUL RAHIM**

ulfath601@gmail.com

GP DENTIST- 0555530362

**DR B.S RAO MD- KIMS  
KASRAGOD (INDIA)**

bayarsrao@yahoo.com

**Dr MRS OSHINYEMI (OBS  
&GYNE)**

hannah\_oshinyemi@yahoo.com.au

## PERSONAL DETAILS

DOB -24/12/1980

INDIAN

MARRIED

VISA:EMPLOYMENT

## INTERNSHIP

Jul 2002 - Jul 2003

### SACRED HEART HOSPITAL -(OGUN STATE NIGERIA)

My training rotated through Medical, Surgical, Obstetrics and Gynecology Specialties.

- Regular hard work.
- Attending consultant supervised outpatient clinics.
- Participating in teaching programs
- Attending regularly conducted clinical meetings and topic presentations .

## EDUCATION

PG DIP. DM

2012 - 2014

UNIVERSITY OF LEICESTER (UK)

PGDHSc DIABETOLOGY

2004 - 2005

ANNAMALAI UNIVERSITY,TAMIL NADU, INDIA

MBBS BACHELOR OF MEDICINE; BACHELOR OF  
SURGERY

1996 - 2002

UNIVERSITY OF LAGOS ,NIGERIA

## CERTIFICATIONS

BLS CERTIFIED

ACLS CERTIFIED

## LICENCES

- DHA 0144743
- MCI (INDIA) 29999
- TCMC (KERALA INDIA)

## PERSONAL ATTRIBUTES

- Identification of the initial problem and quick diagnosis is my strength.
- I have acquired the ability to establish good working relationship with patients, nursing staff, Para-medical staff, colleagues and consultants.
- I am systematic and organized in my approach.
- My seniors regard me as a reliable and hardworking doctor
- I believe I am a quick study and can adapt to any given situation.
- I have also developed essential managerial and organizational skills, able to handle multiple tasks both clinical and otherwise.
- I believe in staying committed at a place and anyone who employs me is guaranteed of continuous service.